

Supplementary information

# **Efficacy of adjunctive systemic or local antibiotic therapy in peri-implantitis: a systematic review and meta-analysis of randomized controlled clinical trials**

Yifan LU, Siqi BAO, Hongke LUO, Qianming CHEN, Misi SI

*Stomatology Hospital, School of Stomatology, Zhejiang University School of Medicine, Zhejiang Provincial Clinical Research Center for Oral Diseases, Key Laboratory of Oral Biomedical Research of Zhejiang Province, Cancer Center of Zhejiang University, Engineering Research Center of Oral Biomaterials and Devices of Zhejiang Province, Hangzhou 310000, China*

**Table S1 Basic information of the included studies**

| Reference                        | Study design | Smoker                         | Diagnostic criteria  | Group evaluated | Intervention                         | Intervention frequency                                       | Number of patients/implants           | Follow-up periods | Outcomes   | Success criteria  |
|----------------------------------|--------------|--------------------------------|--|-----------------|--------------------------------------|--|---------------------------------------|-------------------|--|---|
| Nonsurgical+systemic antibiotics |              |                                |  |                 |                                      |  |                                       |                   |  |   |
| Blanco et al., 2022              | RCT          | Smokers and nonsmokers         | PPD $\geq$ 6 mm, BOP/SOP <sup>+</sup> and MBL $\geq$ 3 mm  | Test group      | NST+250 mg MTZ                       | 2 capsules TID, last for 7 days                              | 16 patients/28 implants               | 3, 6, 12 months   | Both two groups showed improvement in PPD, CAL, and BL. Antibiotics significantly reduced PPD, CAL, BL, Pg, Tf, and Cr for intergroup comparison.      | PPD was reduced to 5 mm with no BOP or to <5 mm irrespective of BOP, and no further bone loss was detected between baseline and 1 year. |
|                                  |              |                                |  | Control group   | NST+placebo                          | 2 capsules TID, last for 7 days                              | 16 patients/34 implants               |                   |  |   |
| Polymeri et al., 2022            | RCT          | Smokers and nonsmokers         | PPD $\geq$ 5 mm, BOP/SOP <sup>+</sup> and MBL $\geq$ 3 mm  | Test group      | NST+375 mg AMX and 250 mg MTZ        | 1 tablet TID, last for 7 days                                | 18 patients/18 implants               | 3 months          | Both two groups showed improvement in PPD, BOP, and SOP. Between-group comparisons were non-significant.   | PPD<5 mm, and no BOP.   |
|                                  |              |                                |  | Control group   | NST                                  | NR   | 19 patients/19 implants               |                   |  |   |
| Shibli et al., 2019              | RCT          | Nonsmokers                     | PPD > 5 mm, BOP/SOP <sup>+</sup> and MBL > 4 mm  | Test group      | NST+400 mg MTZ and 500 mg AMX        | TID, last for 14 days  | 20 patients/20 implants               | 3, 6, 12 months   | Both two groups showed improvement in PPD, CAL, and BL, but no significant differences were found between two groups at 1 year.                        | PPD<5 mm, no BOP, and no bone loss  |
|                                  |              |                                |  | Control group   | NST+placebo                          | NST+placebo  | 20 patients/20 implants               |                   |  |   |
| Nonsurgical+local antibiotics    |              |                                |  |                 |                                      |  |                                       |                   |  |   |
| Park et al., 2021                | RCT          | Smoke with <10 cigarette a day | PPD $\geq$ 5 mm, BOP/SOP <sup>+</sup> , and the presence of peri-implant bone loss in a peri-apical radiograph | Test group      | NST+201 mg MTZ and 10 mg MH ointment | Administered at 1, 2, and 3 weeks                            | 38 patients/39 implants               | 3 months          | Both two groups showed improvement in PPD and BOP. Antibiotics significantly reduced mean PPD, BOP, and red complex counts for intergroup comparison.  | The absence of BOP, SOP, and sites showing deep PPD (PPD $\geq$ 5 mm)   |
|                                  |              |                                | Control group  | NST             | One application                      | 37 patients/39 implants                                      |                                       |                   |  |   |
| Surgical+systemic antibiotics    |              |                                |  |                 |                                      |  |                                       |                   |  |   |
| Carcuac et al., 2016             | RCT          | Smokers and nonsmokers         | PPD $\geq$ 6 mm in at least 1 aspect of the implant, BOP/SOP <sup>+</sup> and MBL>3 mm                         | Test group      | ST+750 mg AMX                        | BID, commenced at 3 days before surgery and last for 10 days | 25 patients/46 implants               | 6, 12 months      | Both two groups showed improvement in PPD and BOP. Antibiotics contributed to extra bone gain and significantly reduced PPD for intergroup comparison. | PPD $\leq$ 5 mm, no BOP/SOP, and no additional bone loss  |
|                                  |              |                                |  | control group   | ST                                   | NR   | 24patients/49 implants (1 lost to FU) |                   |  |   |

| Surgical+local antibiotics |     |            |   |               |   |                           |  |              |   |  |
|----------------------------|-----|------------|---|---------------|---|---------------------------|--|--------------|---|--|
| Cha et al., 2019           | RCT | Nonsmokers | PPD>5 mm, BOP <sup>+</sup> and MBL>2 mm   | Test group    | ST+1 mg MH ointment                       | Administered at 1 and 3 M | 24 patients/24 implants (1 lost to FU) | 3, 6 months  | Both two groups showed improvement in PPD, BOP, and MBL. Antibiotics significantly reduced PPD and BL for intergroup comparison.                    | PPD<5 mm, no BOP/SOP, and no further bone loss |
|                            |     |            |   | Control group | ST+placebo                                | Administered at 1, 3 M    | 22 patients/22 implants (3 lost to FU) |              |   |  |
| Emanuel et al., 2020       | RCT | Nonsmokers | PPD 6 to 10 mm, BOP/SOP <sup>+</sup> , and radiographic evidence for bone loss > 2 mm | Test group    | ST + D-PLEX500(0.65% docycycline hyclate) | one application           | 14 patients/18 implants                | 6, 12 months | Both two groups showed improvement in PPD, BOP, and CAL. Antibiotics significantly reduced PPD, CAL, and BL at 12 months for intergroup comparison. | NR   |
|                            |     |            |   | Control group | ST  | NR                        | 13 patients/14 implants                |              |   |  |

RCT, randomized clinical trial; PPD, pocket probing depth; BOP, bleeding on probing; SOP, suppuration on probing; MBL, marginal bone loss; CAL, clinical attachment level; NST, nonsurgical treatment; ST, surgical treatment; SRP, scaling and root planning; MTZ, metronidazole; AMX, amoxicillin; MH, minocycline; BID, twice a day; TID, three times a day; NR, Not reported; Pg, Porphyromonas gingivalis; Cr, Campylobacter rectus; Tf, Tannerella forsythia; <sup>+</sup>, positive; FU, follow-up

**Table 2 Statistical data of the included studies**

| Reference                        | Group evaluated | $\Delta$ PPD (mm) |                   |                   | $\Delta$ CAL (mm) |                   |                   | $\Delta$ BOP (%) |      |                   | $\Delta$ BL (mm) |                    |                    | Success rate (%) | Microbiology results  |
|----------------------------------|-----------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|------------------|------|-------------------|------------------|--------------------|--------------------|------------------|---|
|                                  |                 | 3 M               | 6 M               | 12 M              | 3 M               | 6 M               | 12 M              | 3 M              | 6 M  | 12 M              | 3 M              | 6 M                | 12 M               |                  |   |
| Nonsurgical+systemic antibiotics |                 |                   |                   |                   |                   |                   |                   |                  |      |                   |                  |                    |                    |                  |   |
| Blanco et al., 2022              | Antibiotics     | 2.13 <sup>‡</sup> | 2.24 <sup>‡</sup> | 2.42 <sup>‡</sup> | 1.69 <sup>‡</sup> | 1.76 <sup>‡</sup> | 1.73 <sup>‡</sup> | NR               | NR   | NR                | 0.40             | 1.32               | 2.15 <sup>‡</sup>  | 57.1<br>(16/28)  | Quantitative reduction:<br><i>Porphyromonas gingivalis</i><br>(antibiotics group, 6 M),<br><i>Porphyromonas gingivalis</i> and<br><i>Tannerella forsythia</i><br>(antibiotics group, 12 M)<br>NR                                    |
|                                  | Control         | 0.59              | 0.76 <sup>‡</sup> | 0.89 <sup>‡</sup> | 0.11 <sup>‡</sup> | 0.40 <sup>‡</sup> | 0.50 <sup>‡</sup> | NR               | NR   | NR                | 0.24             | 0.81               | 0.95 <sup>‡</sup>  | 23.5<br>(8/34)   |   |
| Polymeri et al., 2022            | Antibiotics     | 2.28 <sup>†</sup> | NR                | NR                | NR                | NR                | NR                | 16               | NR   | NR                | MR               | NR                 | NR                 | 5<br>(1/18)      | NR  |
|                                  | Control         | 1.47 <sup>†</sup> | NR                | NR                | NR                | NR                | NR                | 11               | NR   | NR                | NR               | NR                 | NR                 | 5<br>(1/19)      |   |
| Shibli et al., 2019              | Antibiotics     | NR                | NR                | 3.1               | NR                | NR                | 2.6               | NR               | NR   | NR                | NR               | NR                 | 0.41               | 65<br>(13/50)    | Quantitative reduction:<br>red complex species (both<br>groups, 14 d and 3 M);<br>Quantitative regrowth: red<br>complex pathogens (both<br>groups, 3 M to 1 year)   |
|                                  | Control         | NR                | NR                | 1.8               | NR                | NR                | 1.4               | NR               | NR   | NR                | NR               | NR                 | 0.47               | 55<br>(11/50)    |   |
| Nonsurgical+local antibiotics    |                 |                   |                   |                   |                   |                   |                   |                  |      |                   |                  |                    |                    |                  |   |
| Park et al., 2021                | Antibiotics     | 1.95 <sup>‡</sup> | NR                | NR                | NR                | NR                | NR                | 51 <sup>‡</sup>  | NR   | NR                | NR               | NR                 | NR                 | 31.6<br>(12/39)  | Quantitative reduction:<br><i>P. gingivalis</i> , <i>T. forsythia</i> , <i>T. denticola</i> , <i>P. intermedia</i> , <i>C. rectus</i> , and <i>F. nucleatum</i><br>(antibiotics group, 12 W)  |
|                                  | Control         | 1.28 <sup>‡</sup> | NR                | NR                | NR                | NR                | NR                | 33 <sup>‡</sup>  | NR   | NR                | NR               | NR                 | NR                 | 20.5<br>(8/39)   |   |
| Surgical+systemic antibiotics    |                 |                   |                   |                   |                   |                   |                   |                  |      |                   |                  |                    |                    |                  |   |
| Carcuac et al., 2016             | Antibiotics     | NR                | 3.49 <sup>‡</sup> | 3.44 <sup>‡</sup> | NR                | NR                | NR                | NR               | NR   | 34.8              | NR               | NR                 | 0.51 <sup>‡</sup>  | 65.2<br>(30/46)  | Quantitative reduction:<br>total DNA probe counts (both<br>groups, during 12 M);<br>Quantitative regrowth:<br><i>Fusobacterium nucleatum</i> and<br><i>Prevotella intermedia/Prevotella nigrescens</i> (both groups, 12 M<br>after) |
|                                  | Control         | NR                | 2.18 <sup>‡</sup> | 2.16 <sup>‡</sup> | NR                | NR                | NR                | NR               | NR   | 44.4              | NR               | NR                 | -0.69 <sup>‡</sup> | 37.5<br>(18/48)  |   |
| Surgical+local antibiotics       |                 |                   |                   |                   |                   |                   |                   |                  |      |                   |                  |                    |                    |                  |   |
| Cha et al., 2019                 | Antibiotics     | NR                | 2.68 <sup>‡</sup> | NR                | NR                | NR                | NR                | NR               | 49   | NR                | NR               | 0.72 <sup>‡</sup>  | NR                 | 66.7<br>(16/24)  | Quantitative reduction:<br>red complex bacteria (both<br>groups, 6 M)   |
|                                  | Control         | NR                | 1.55 <sup>‡</sup> | NR                | NR                | NR                | NR                | NR               | 31   | NR                | NR               | 0.31 <sup>‡</sup>  | NR                 | 35.3<br>(8/22)   |   |
| Emanuel et al., 2020             | Antibiotics     | NR                | 1.59              | 2.40              | NR                | 1.59              | 2.21 <sup>‡</sup> | NR               | 19.6 | 36.3 <sup>‡</sup> | NR               | 1.08 <sup>‡</sup>  | 0.88               | NR               | NR  |
|                                  | Control         | NR                | 1.33              | 0.96              | NR                | 0.89              | 0.42 <sup>‡</sup> | NR               | 13.0 | 15.2              | NR               | -0.24 <sup>‡</sup> | -0.33              | NR               |   |

PPD, pocket probing depth; BOP, bleeding on probing; SOP, suppuration on probing; BL, bone level; CAL, clinical attachment level; NST, nonsurgical treatment; ST, surgical treatment; SRP, scaling and root planning; MTZ, metronidazole; AMX, amoxicillin; MH, minocycline; BID, twice a day; TID, three times a day; W, week; M, month; NR: not reported. <sup>‡</sup> Mean change from baseline to last follow-up; <sup>†</sup> Statistically significant compared with baseline; <sup>‡</sup> Statistically significant between groups (on superior group).

**Table 3 Detailed information about treatment of the included studies**

| Reference                        | Group evaluated | Before treatment                  | Surgical/nonsurgical treatment   | Instrument   | Implant supported restorations | After treatment  | Follow-up periods | Analyzed time point |
|----------------------------------|-----------------|-----------------------------------|--|--|--------------------------------|--|-------------------|---------------------|
| Nonsurgical+systemic antibiotics |                 |                                   |  |  |                                |  |                   |                     |
| Blanco et al., 2022              | Antibiotics     | Rinsed with 0.12% CHX digluconate | Supra- and submucosal mechanical debridement+ removing granulation tissue and minor mucosal curettage+being irrigated with 0.12% CHX digluconate | Ultrasonic stainless steel scaling inserts (EMS <sup>®</sup> , Electro Medical Systems), stainless steel Columbia 4R/4L curette (LM Instruments Oy)  | Removed if possible            | MTZ 250 mg (2 tablets TID,7D)<br>placebo pills (2 tablets TID,7D)                                  | 3, 6, 12 months   | 6 months            |
|                                  | Control         |                                   |  |  |                                |  |                   |                     |
| Polymeri et al., 2022            | Antibiotics     | NR                                | Nonsurgical debridement  | Ultrasonic devices (EMS, Electro Medical Systems, Nyon, Switzerland) with the Polyether Ether Ketone (PEEK) fiber tip (PI instrument <sup>®</sup> , EMS, Nyon, Switzerland), and carbon fiber reinforced plastic hand instruments (Universal Implant Deplaquer <sup>®</sup> ; Kerr Dental, Bioggio, Switzerland) | Not removed                    | AMX 375 mg, MTZ 250 mg (1 tablet TID, 7 d) +0.12% CHX (BID, 4 weeks)<br>0.12% CHX (BID, 4 weeks)   | 3 months          | 3 months            |
|                                  | Control         |                                   |  |  |                                |  |                   |                     |
| Shibli et al., 2019              | Antibiotics     | NR                                | Nonsurgical debridement  | Teflon curettes  | NR                             | MTZ 400 mg, AMX 500 mg (TID, 14 d)<br>placebo pills (TID, 14 d)                                    | 3, 6, 12 months   | 12 months           |
|                                  | Control         |                                   |  |  |                                |  |                   |                     |
| Nonsurgical+local antibiotics    |                 |                                   |  |  |                                |  |                   |                     |
| Park et al., 2021                | Antibiotics     | Oral hygiene                      | Nonsurgical debridement  | Ultrasonic scaler (EMS, Nyon, Switzerland)   | NR                             | MTZ 201mg+MH 10 mg ointment  | 1, 2, 3 months    | 3 months            |
|                                  | Control         |                                   |  |  |                                | NR   |                   |                     |
| Surgical+systemic antibiotics    |                 |                                   |  |  |                                |  |                   |                     |
| Carcuac et al., 2016             | Antibiotics     | Oral hygiene+ 750 mg AMX BID 3 d  | Pocket elimination+implant, decontamination with saline  | Titanium-coated curettes (Hu-Friedy)   | Removed                        | AMX 750 mg (BID, 7 d)+CHX 0.2% (BID, 14 d)   | 6, 12 months      | 6,12 months         |
|                                  | Control         | oral hygiene                      | pocket elimination+implant decontamination with 0.2%CHX  |  |                                | CHX0.2% (BID,14D)  |                   |                     |
| Surgical+local antibiotics       |                 |                                   |  |  |                                |  |                   |                     |
| Cha et al., 2019                 | Antibiotics     | NR                                | pocket elimination+implant surface clean   | titanium-coated curettes (Gracey; Hu-Friedy), a metallic copper-alloy ultrasonic scaler tip (B&L Biotech), a titanium brush (Dentium), an air-powder abrasive device (Air-Flow Master; Electronic Medical Systems)   | NR                             | MH 10mg ointment+ AMX 500mg, ibuprofen (TID,3D)<br>placebo ointment+ AMX500mg, ibuprofen (TID, 3D) | 1, 3, 6 months    | 6 months            |
|                                  | Control         |                                   |  |  |                                |  |                   |                     |
| Emanuel et al., 2020             | Antibiotics     | NR                                | Pocket elimination   | NR   | NR                             | D-PLEX500 (0.65% docycycline hyclate)  | 6, 12 months      | 6 months            |
|                                  | Control         |                                   |  |  |                                | NR   |                   |                     |

PPD, pocket probing depth; BOP, bleeding on probing; SOP, suppuration on probing; BL, bone level; CAL, clinical attachment level; NST, nonsurgical treatment; ST, surgical treatment; SRP, scaling and root planning; MTZ, metronidazole; AMX, amoxicillin; MH, minocycline; BID, twice a day; TID, three times a day; NR: not reported.

## References

Blanco C, Pico A, Dopico J, et al., 2022. Adjunctive benefits of systemic metronidazole on non-surgical treatment of peri-implantitis. A randomized placebo-controlled clinical trial. *J Clin Periodontol*, 49(1):15-27.

<https://doi.org/10.1111/jcpe.13564>

- Carcuac O, Derks J, Charalampakis G, et al., 2016. Adjunctive systemic and local antimicrobial therapy in the surgical treatment of peri-implantitis: a randomized controlled clinical trial. *J Dent Res*, 95(1):50-57.  
<https://doi.org/10.1177/0022034515601961>
- Cha JK, Lee JS, Kim CS, 2019. Surgical therapy of peri-implantitis with local minocycline: a 6-month randomized controlled clinical trial. *J Dent Res*, 98(3):288-295.  
<https://doi.org/10.1177/0022034518818479>
- Emanuel N, Machtei EE, Reichart M, et al., 2020. D-PLEX<sub>500</sub>: a local biodegradable prolonged release doxycycline-formulated bone graft for the treatment for peri-implantitis. A randomized controlled clinical study. *Quintessence Int*, 51(7):546-553.  
<https://doi.org/10.3290/j.qi.a44629>
- Park SH, Song YW, Cha JK, et al., 2021. Adjunctive use of metronidazole-minocycline ointment in the nonsurgical treatment of peri-implantitis: a multicenter randomized controlled trial. *Clin Implant Dent Relat Res*, 23(4):543-554.  
<https://doi.org/10.1111/cid.13006>
- Polymeri A, van der Horst J, Anssari Moin D, et al., 2022. Non-surgical peri-implantitis treatment with or without systemic antibiotics: a randomized controlled clinical trial. *Clin Oral Implants Res*, 33(5):548-557.  
<https://doi.org/10.1111/clr.13914>
- Shibli JA, Ferrari DS, Siroma RS, et al., 2019. Microbiological and clinical effects of adjunctive systemic metronidazole and amoxicillin in the non-surgical treatment of peri-implantitis: 1 year follow-up. *Braz Oral Res*, 33(S1):e080.  
<https://doi.org/10.1590/1807-3107bor-2019.vol33.0080>