



## Effects of sevoflurane preconditioning and postconditioning on rat myocardial stunning in ischemic reperfusion injury\*

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**Abstract:** Ischemic preconditioning and postconditioning distinctly attenuate ventricular arrhythmia after ischemia without affecting the severity of myocardial stunning. Therefore, we report the effects of sevoflurane preconditioning and postconditioning on stunned myocardium in isolated rat hearts. Isolated rat hearts were underwent 20 min of global ischemia and 40 min of reperfusion. After an equilibration period (20 min), the hearts in the preconditioning group were exposed to sevoflurane for 5 min and next washout for 5 min before ischemia. Hearts in the sevoflurane postconditioning group underwent equilibration and ischemia, followed immediately by sevoflurane exposure for the first 5 min of reperfusion. The control group received no treatment before and after ischemia. Left ventricular pressure, heart rate, coronary flow, electrocardiogram, and tissue histology were measured as variables of ventricular function and cellular injury, respectively. There was no significant difference in the duration of reperfusion ventricular arrhythmias between control and sevoflurane preconditioning group ( $P=0.195$ ). The duration of reperfusion ventricular arrhythmias in the sevoflurane postconditioning group was significantly shorter than that in the other two groups ( $P<0.05$ ).  $\pm(dP/dt)_{\max}$  in the sevoflurane preconditioning group at 5, 10, 15, 20, and 30 min after reperfusion was significantly higher than that in the control group ( $P<0.05$ ), and there were no significant differences at 40 min after reperfusion among the three groups ( $P>0.05$ ). As expected, for a 20-min general ischemia, infarct size in heart slices determined by 2,3,5-triphenyltetrazolium chloride staining among the groups was not obvious. Sevoflurane postconditioning reduces reperfusion arrhythmias without affecting the severity of myocardial stunning. In contrast, sevoflurane preconditioning has no beneficial effects on reperfusion arrhythmias, but it is in favor of improving ventricular function and recovering myocardial stunning. Sevoflurane preconditioning and postconditioning may be useful for correcting the stunned myocardium.

**Key words:** Inhalation anesthetics, Sevoflurane, Postconditioning, Preconditioning, Ischemia-reperfusion injury, Myocardial stunning

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### 1 Introduction

Anesthetic preconditioning or postconditioning

whereby the heart is exposed to a volatile anesthetic before or after prolonged ischemia, exerts a cardio-protective effect (Obal *et al.*, 2005; Feng *et al.*, 2008; Weber and Schlack, 2008), which has triggered an increasing interest in both basic science and clinical research and may ultimately cause an impact on anesthesia practice in patients of cardiac risk. Up to now, most studies have demonstrated similar efficacies on anesthetic postconditioning and ischemic postconditioning in protecting the myocardium (Wang *et al.*,

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2006; Tsutsumi *et al.*, 2007) and on anesthetic preconditioning (Riess *et al.*, 2002; Weber and Schlack, 2008) just against prolonged ischemia containing obviously measured infarct size.

Postischemia, a reversible contractile dysfunction termed as myocardial stunning, is a significant phenomenon after cardiac surgery. Transient myocardial ischemia followed by reperfusion may lead to myocardial stunning. As for the stunned myocardium independent of myocardial infarction, it has been reported that ischemic preconditioning (Hagar *et al.*, 1991) and ischemic postconditioning (Kloner *et al.*, 2006; Sasaki *et al.*, 2007; Dow *et al.*, 2008; 2009) markedly attenuate ventricular arrhythmia after ischemia and prevent the recurrence of arrhythmia, and may be useful for correcting the stunned myocardium. Furthermore, the antiarrhythmic protection conferred by ischemic postconditioning is also present in old rats (Dow *et al.*, 2008). The mechanisms have not been studied extensively. One study showed that this protective effect of ischemic preconditioning was not likely to be related to alterations in high-energy phosphate compounds (Hagar *et al.*, 1991). In addition, the mechanism by which ischemic postconditioning reduced reperfusion-induced ventricular arrhythmias in the stunned myocardium was independent of known pathways including adenosine, mitochondrial  $K_{ATP}$  channel, mitochondrial permeability transition pore, and PI3K pathways (Dow *et al.*, 2009). However, the effects of anesthetic preconditioning or postconditioning on myocardial stunning remain unclear.

With these issues in mind, we investigated the effects of sevoflurane preconditioning and postconditioning on myocardial stunning in isolated rat hearts independent of myocardial infarction.

## 2 Materials and methods

Male Sprague-Dawley rats (200–250 g) were obtained from the Animal Center of Zhejiang University, Hangzhou, Zhejiang, China. Animals were handled in accordance with the principles of laboratory animal care and all experimental procedures were approved by the Research Commission for the Care and Use of Laboratory Animals of Zhejiang University.

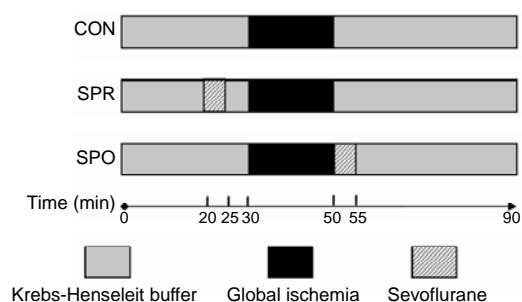
### 2.1 Perfusion of isolated rat hearts

Rats were anaesthetized (pentobarbital sodium, 60 mg/kg, i.p.) and the hearts were excised rapidly, placed in ice-cold Krebs-Henseleit (K-H) buffer, mounted on a Langendorff apparatus, and perfused at 37 °C with K-H buffer (Stehr *et al.*, 2007). Perfusion pressure was constant at 75 mmHg. The buffer containing (mmol/L) NaCl 118.0, KCl 4.7,  $CaCl_2$  1.25,  $KH_2PO_4$  1.2,  $MgSO_4$  1.2,  $NaHCO_3$  25.0, and glucose 11.0 was equilibrated with 95%  $O_2$ /5%  $CO_2$  (pH 7.39±0.1). Hearts were subjected to global ischemia by stopping the K-H buffer perfusion, while reperfusion was achieved by restarting the perfusion.

Sevoflurane (Abbott Laboratories, Chuoku, Osaka, Japan) was bubbled into the perfusate using an agent specific vaporizer (Vapor 2000; Dräger Medizintechnik GmbH, Lübeck, Germany) placed in the  $O_2$ - $CO_2$  gas mixture line at a concentration of (1.2±0.02) mmol/L (8%, v/v) measured in the liquid phase by gas chromatography (Agilent Laboratories, Santa Clara, CA, USA). These concentrations, which are too high to maintain general anesthesia but may be used temporarily during mask induction (Epstein *et al.*, 1998; Walpole and Logan, 1999), were chosen to induce sevoflurane preconditioning and postconditioning, as previously described (He *et al.*, 2008; Yan *et al.*, 2008; Zhang *et al.*, 2009).

### 2.2 Experimental protocol

The rats were randomly divided into 3 groups (8 hearts each), 2 for treatment and 1 as control (Fig. 1). The timing of the preconditioning or postconditioning therapy was based on previous reports in necrosis models. Rat hearts in the treatment groups were exposed to sevoflurane. After a 20-min equilibration period, hearts in the sevoflurane preconditioning group (SPR) were exposed to sevoflurane for 5 min, followed by a 5-min washout period before a 20-min global ischemia and a 40-min reperfusion. Hearts in the sevoflurane postconditioning group (SPO) underwent equilibration, then 20 min of global ischemia, followed immediately by sevoflurane exposure in the first 5 min of the 40-min reperfusion period. The control group (CON) received no treatment before the 20-min global ischemia and during the 40 min-reperfusion period.



**Fig. 1 Experimental protocols used in this study**  
CON: control group; SPR: sevoflurane preconditioning group; SPO: sevoflurane postconditioning group

### 2.3 Assessment of cardiac function

A fluid-filled latex balloon was introduced into the left ventricle through the left atrial appendage and the balloon catheter was linked to a pressure transducer connected to a data-acquisition system (RM6240, Chengdu, China) to measure contractile function. The left ventricular end diastolic pressure (LVEDP) was adjusted to between 4 and 8 mmHg. The cardiac parameters of heart rate (HR), left ventricular-developed pressure (LVDP) (difference between left ventricular end systolic pressure and end diastolic pressure), and maximal rise/fall rate of left ventricular pressure [ $\pm(dP/dt)_{\max}$ ] were monitored continuously. Electrocardiograms were recorded with carbon leads directly attached to the perfused heart surface. Analysis of arrhythmia incidence was carried out in accordance with the Lambeth Conventions (Walker *et al.*, 1988). Total coronary flow (CF) was measured by timed collection of perfusate dripping from the right heart into a graduated cylinder.

### 2.4 Tissue histology

At the end of the 40-min reperfusion, the left ventricle was sliced transversely from apex to base into 7 slices. Four hearts in each group were used to determine infarct size by 1% (w/v) 2,3,5-triphenyl-tetrazolium chloride (TTC) staining, as previously described (Riess *et al.*, 2004; Deyhimi *et al.*, 2007). Slices of the remaining hearts in each group were fixed with 10% (v/v) formalin, embedded in paraffin, and processed for histologic analysis. The slices for histologic analysis were stained with hematoxylin and eosin.

### 2.5 Statistical analysis

SPSS 10.0 was used for statistical analysis. Data

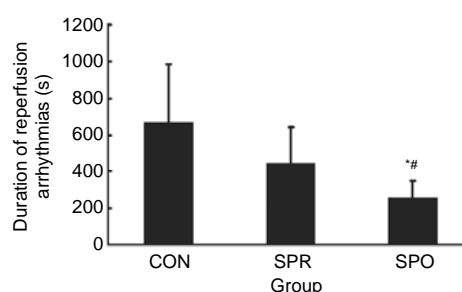
were presented as mean $\pm$ standard deviation (SD). Differences in functional data at each time point were evaluated using one-way analysis of variance (ANOVA) followed by post hoc analysis with Student-Newman-Keuls for multiple comparisons. The same analysis was used for detection of differences in duration of reperfusion arrhythmias. If variances are not homogeneous, nonparametric tests (Kruskal-Wallis *H* test) were used to compare the three groups by post hoc analysis with Mann-Whitney *U* test for multiple comparisons. A value of  $P < 0.05$  was considered significant.

## 3 Results

Twenty-eight rats were instrumented. Three rats were excluded because of severe hypotension during the baseline time (1 CON, 1 SPR, and 1 SPO) and one rat was excluded because of persistent ventricular fibrillation during reperfusion. There were eight successful rats in each group.

### 3.1 Duration of reperfusion arrhythmias

The incidence of reperfusion ventricular arrhythmia was 100% in all three groups. Results of duration of reperfusion arrhythmias are shown in Fig. 2. The variances of duration of reperfusion arrhythmias were not homogeneous, so nonparametric tests were used to compare two or three groups. There was no significant difference in the duration of reperfusion ventricular arrhythmias between the CON group and SPR group ( $P = 0.195$ ). The duration of reperfusion ventricular arrhythmias in the SPO group was markedly less than that in other two groups (SPO



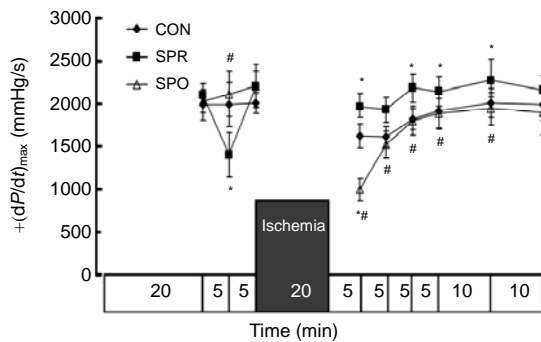
**Fig. 2 Duration of reperfusion arrhythmias**

Data are mean $\pm$ SD,  $n = 8$  in each groups; \* $P < 0.05$  vs. CON; #  $P < 0.05$  vs. SPR. CON: control group; SPR: sevoflurane preconditioning group; SPO: sevoflurane postconditioning group

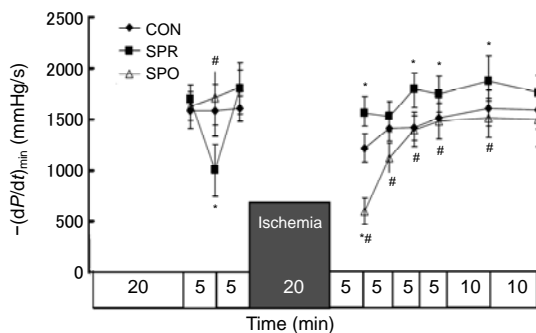
vs. CON,  $P=0.010$ ; SPO vs. SPR,  $P=0.028$ ). In addition, no ventricular arrhythmia was observed after administration of sevoflurane in the SPR group.

### 3.2 Hemodynamic function

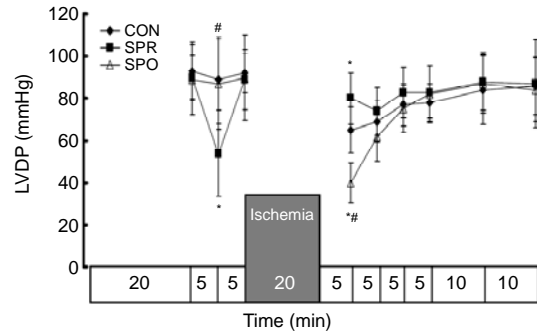
Systemic hemodynamics during baseline was not significantly different among groups (Figs. 3–7).  $\pm dP/dt$  and LVDP after a 5-min administration of sevoflurane in the SPR were significantly lower than those in the CON and SPO groups, which were recovered 5 min later, i.e., at the moment before the global ischemia (Figs. 3–5). After 20 min of global ischemia, sevoflurane postconditioning, in which hearts were exposed to sevoflurane for 5 min at the onset of reperfusion, significantly inhibited functional recovery when compared with the CON and SPR groups ( $P<0.05$ , Figs. 3–5 and 7), and increased the CF at 5 min after reperfusion (Fig. 6). As shown in



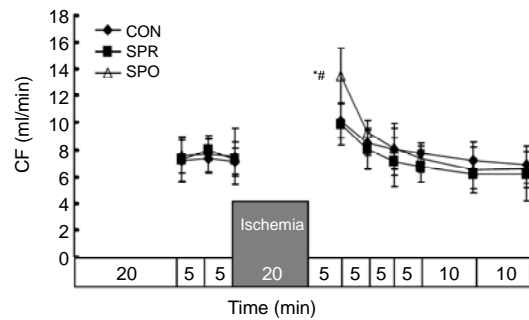
**Fig. 3 Maximal rise/fall rate of left ventricular pressure  $[(dP/dt)_{max}]$**   
Data are mean $\pm$ SD,  $n=8$  in each groups; \*  $P<0.05$  vs. CON; #  $P<0.05$  vs. SPR. CON: control group; SPR: sevoflurane preconditioning group; SPO: sevoflurane postconditioning group



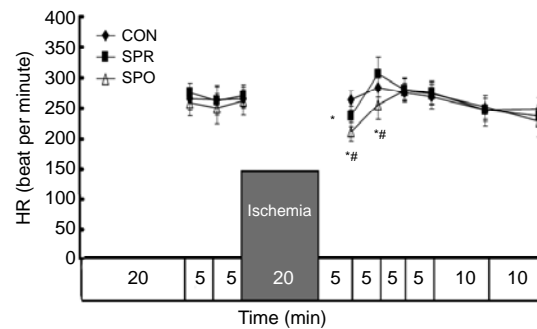
**Fig. 4 Minimal rise/fall rate of left ventricular pressure  $[-(dP/dt)_{min}]$**   
Data are mean $\pm$ SD,  $n=8$  in each groups; \*  $P<0.05$  vs. CON; #  $P<0.05$  vs. SPR. CON: control group; SPR: sevoflurane preconditioning group; SPO: sevoflurane postconditioning group



**Fig. 5 Left ventricular developed pressure (LVDP)**  
Data are mean $\pm$ SD,  $n=8$  in each groups; \*  $P<0.05$  vs. CON; #  $P<0.05$  vs. SPR. CON: control group; SPR: sevoflurane preconditioning group; SPO: sevoflurane postconditioning group



**Fig. 6 Coronary flow (CF)**  
Data are mean $\pm$ SD,  $n=8$  in each groups; \*  $P<0.05$  vs. CON; #  $P<0.05$  vs. SPR. CON: control group; SPR: sevoflurane preconditioning group; SPO: sevoflurane postconditioning group



**Fig. 7 Heart rate (HR)**  
Data are mean $\pm$ SD,  $n=8$  in each groups; \*  $P<0.05$  vs. CON; #  $P<0.05$  vs. SPR. CON: control group; SPR: sevoflurane preconditioning group; SPO: sevoflurane postconditioning group

Figs. 3 and 4,  $\pm dP/dt$  in the SPR group at 5, 10, 15, 20, and 30 min after reperfusion was significantly higher than that in the CON group ( $P<0.05$ ). There were no significant differences in  $\pm dP/dt$  at 40 min after reperfusion between SPR and CON groups

[(2164±165) mmHg/s vs. (1993±183) mmHg/s,  $P>0.05$ ].  $\pm dP/dt$ , LVDP, CF, and HR were similar among the three groups at the end of the experiment ( $P>0.05$ , Figs. 3–7).

### 3.3 Infarct size and histologic analysis

As expected, for a 20-min general ischemia, infarct size in heart slices by TTC staining among the groups was not obvious. Histologic analysis revealed intact architecture of the cardiomyocytes. Specifically, contraction band necrosis or sarcolemmal blebs were not observed. Occasionally, cells showed mild edema and waviness.

## 4 Discussion

In this study, we investigated the effects of sevoflurane preconditioning and postconditioning on myocardial stunning using isolated rat hearts as the ischemia reperfusion model. We found that sevoflurane postconditioning reduces reperfusion arrhythmias without affecting the severity of myocardial stunning. In contrast, sevoflurane preconditioning has no beneficial effects on reperfusion arrhythmias, but it is in favor of improving ventricular function and recovering myocardial stunning.

Myocardial stunning, whose diagnosis is based on experimental findings, is defined as a reversible contractile dysfunction during reperfusion after brief ischemia, and it happens in absence of necrosis (Braunwald and Kloner, 1982). In isolated perfused heart preparations, myocardial stunning can be generated after 20–25 min of global no-flow ischemia followed by reperfusion (Palmer *et al.*, 2004; Chow *et al.*, 2007; Tiwari *et al.*, 2008). If the period of ischemia extends to 30 min, irreversible functional impairment occurs as cells undergo necrosis, i.e., infarction (Hansen, 1995; Kloner *et al.*, 1998; Bolli and Marban, 1999; Park and Lucchesi, 1999; Palmer *et al.*, 2004; Grund *et al.*, 2006; Chow *et al.*, 2007). All hearts in the experiments underwent 20 min of ischemia and 40 min of reperfusion, and absence of infarction was confirmed by TTC staining. Therefore, the experimental model used can also be considered as an experimental model of the stunned myocardium. There are, to our knowledge, no published data examining the effects of sevoflurane preconditioning

and postconditioning on the stunned myocardium.

Arrhythmias developed by reperfusion after ischemia are also a type of ischemia reperfusion injury. The mechanisms of reperfusion arrhythmias are complex and are incompletely understood. Reperfusion arrhythmias occur due to heterogeneous recovery of conduction and the refractory period caused by incomplete reperfusion, reentry, abnormal automaticities, and activities triggered by  $Ca^{2+}$  overload (Dennis *et al.*, 1990). Another common reperfusion arrhythmia mechanism is formation of free radicals and accentuation of preexisting heterogeneity of refractoriness occurring during reperfusion (Wit and Janse, 2001).

This study demonstrates that sevoflurane postconditioning markedly reduces duration of reperfusion arrhythmias. The degree of reduction of arrhythmia by sevoflurane postconditioning has been little investigated, but in the present study it was found quite striking. As for ischemic postconditioning, some studies (Kloner *et al.*, 2006; Sasaki *et al.*, 2007; Dow *et al.*, 2008; 2009) reported that ischemia postconditioning markedly attenuates ventricular arrhythmias after ischemia-reperfusion in the necrosis-free model. Ischemic postconditioning's benefit on reperfusion ventricular arrhythmias was also maintained in the senescent heart (Dow *et al.*, 2008). In addition, the mechanism by which ischemic postconditioning-reduced reperfusion induced ventricular arrhythmias was independent of known pathways including adenosine, mitochondrial  $K_{ATP}$  channel, mitochondrial permeability transition pore, and PI3K pathways (Dow *et al.*, 2009). The proposed mechanism for anesthetic postconditioning's cardioprotection includes many of the same pathways proposed for postconditioning's benefits, including adenosine (Wehrauch *et al.*, 2005), opening of the mitochondrial  $K_{ATP}$  channel (Obal *et al.*, 2005), nitric oxide (Krolikowski *et al.*, 2006), closing of the mitochondrial permeability transition pore (He *et al.*, 2008), and intracellular survival pathways such as ERK1/2 and PI3K/Akt (Chiari *et al.*, 2005; Feng *et al.*, 2006; Krolikowski *et al.*, 2006). In addition, administration of sevoflurane may make the myocardium more electrically homogenous and, therefore, affect such a mechanism of arrhythmia as reentrant circuits. However, exact mechanisms underlying the described effect remain to be investigated, especially in the

stunned myocardium. The mechanism of anesthetic postconditioning's ability to reduce arrhythmias was not the focus of the present study; further studies are needed in the future.

On the other hand, sevoflurane preconditioning performed until 5 min before the 20-min ischemia did not affect the duration of reperfusion arrhythmias in this study. As for ischemia preconditioning, Hagar *et al.* (1991) reported that ischemic preconditioning of hearts could reduce the incidence of reperfusion arrhythmias, but another study (Sasaki *et al.*, 2007) suggested that ischemic preconditioning had no effects on reperfusion arrhythmias. The effect of preconditioning on reperfusion arrhythmias has not been studied extensively. No matter what the effect of sevoflurane preconditioning on arrhythmias is like, sevoflurane preconditioning improved ventricular function in the early reperfusion 20 min after ischemia, which may be also useful for correcting the stunned myocardium. Although the pathogenesis of myocardial stunning has not been definitively established, the two major hypotheses can be that it is caused by the generation of oxygen-derived free radicals (oxyradical hypothesis) or that by a transient calcium overload (calcium hypothesis) on reperfusion (Bolli and Marban, 1999). In the necrosis model, sevoflurane preconditioning could reduce formation of oxygen-derived free radicals during reperfusion (Novalija *et al.*, 2002; 2003; Kevin *et al.*, 2003) and enhance  $\text{Ca}^{2+}$  handling and mechanical and metabolic functions elicited by  $\text{Na}^+$ - $\text{Ca}^{2+}$  exchange inhibition (An *et al.*, 2006; Bouwman *et al.*, 2006). However, there are no published data examining these events in the stunned myocardium.

Limitation of the present study is that only one dose and single time points of administration of sevoflurane preconditioning or postconditioning were used. In addition, we have not tested the potential mechanisms, which, indeed, could be an important approach to further explore. The implementation of the isolated rat heart system of ischemia-reperfusion injury has been considered necessary for the intrada for future in vivo studies. However, the ex vivo system of ischemia-reperfusion injury has several significant limitations such as its dependence on a physiological (non-blood based) buffer for perfusion purposes.

In summary, we were able to characterize an

ischemia reperfusion-induced myocardial stunning in a rat model. Sevoflurane postconditioning reduces reperfusion arrhythmias without affecting the severity of myocardial stunning. In contrast, sevoflurane preconditioning has no beneficial effects on reperfusion arrhythmias, but it is in favor of improving ventricular function and recovering myocardial stunning. Therefore, this study helps broaden the understanding of effects of sevoflurane preconditioning and postconditioning on the stunned myocardium. Sevoflurane preconditioning and postconditioning may be useful for correcting the stunned myocardium.

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