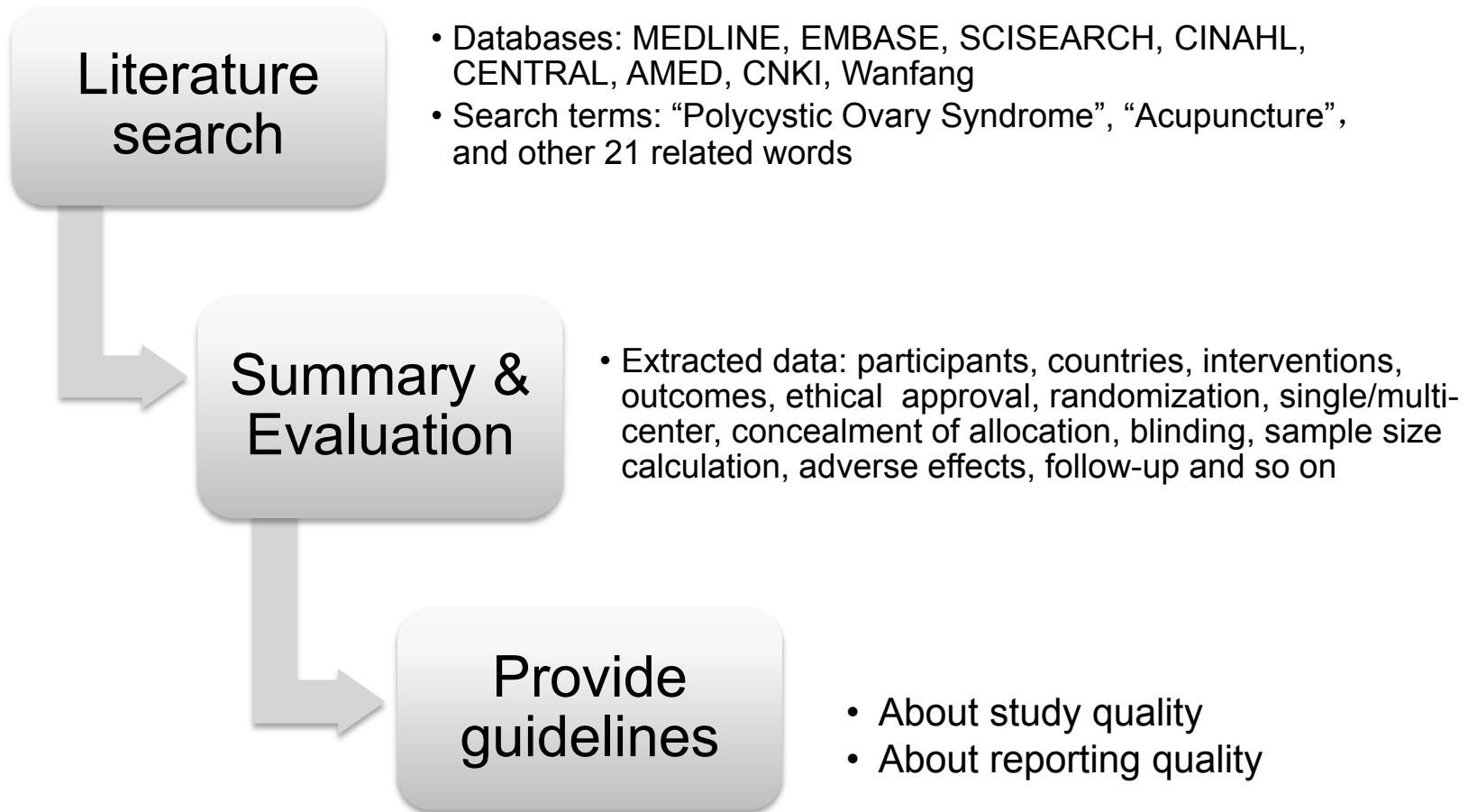


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# **Acupuncture for treating polycystic ovary syndrome: guidance for future randomized controlled trials**

**Key words:** Acupuncture, Polycystic ovary syndrome, Randomized controlled trial

# Research Summary



# ***How can future trials be improved?***

- To conduct multicenter studies.
- To use diversified outcomes measure to evaluate the effect of acupuncture on PCOS.
- To use more appropriate interventions and controls.
- To try to use blinding.
- To use appropriate placebo controls for PCOS acupuncture treatment.

# ***How can future trials be improved?***

- To provide detailed information on randomization.
- To provide detailed information of acupuncture treatment.
- To obtain ethical approval before clinical trial and describe in detail.
- To effectively calculate the adequate sample size before trials.
- To adhere to STRICTA criteria.
- To take expectation of patients with PCOS into account.
- To describe the adverse effects during the period of RCTs.
- To design an adequate follow-up period.
- TEAS may suggest a useful intervention.