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Non-suicidal self-harm is linked to suicidal thoughts in Chinese adolescents with mood disorders: a cross-sectional report

Key words: Non-suicidal self-harm, Adolescent, Parent, Mood disorder

Research Summary

This study investigates the prevalence of NSSI and its associations with family, academic, emotional and suicidal factors in Chinese adolescents with mood disorders, based on a survey of both adolescents and their parents.

Innovation points

- This study indicates that Chinese adolescents with mood disorders have an increased risk of committing NSSI, which was positively linked to suicidal thoughts.
- The parents of these adolescents engaging in NSSI may underestimate the condition and should be more aware of this emergent issue.

Innovation points

This study provides new knowledge about the prevalence of NSSI among Chinese adolescents with mood disorders.

Table 1 | Demographics of all adolescent participants (n = 70).

Table 2 | Psychological consequences associated with NSSI in adolescents.

Table 3 | Different factors associated with NSSI in adolescents.

Table 4 | Rank correlation between different factors according to responses from adolescents.