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Non-suicidal self-harm is linked to suicidal thoughts in Chinese adolescents with mood disorders: a cross-sectional report

Key words: Non-suicidal self-harm, Adolescent, Parent, Mood disorder

Research Summary

This study investigates the prevalence of NSSI and its associations with family, academic, emotional and suicidal factors in Chinese adolescents with mood disorders, based on a survey of both adolescents and their parents.

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Innovation points

- **This study indicates that Chinese adolescents with mood disorders have an increased risk of committing NSSI, which was positively linked to suicidal thoughts.**

- **The parents of these adolescents engaging in NSSI may underestimate the condition and should be more aware of this emergent issue.**

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Innovation points

This study provides new knowledge about the prevalence of NSSI among Chinese adolescents with mood disorders.

Table 1 | Demographics of all adolescent participants (n = 70).

Table 2 | Psychological consequences associated with NSSI in adolescents.

Table 3 | Different factors associated with NSSI in adolescents.

Table 4 | Rank correlation between different factors according to responses from adolescents.

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