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Prevalence and risk factors of cardiovascular diseases and psychological distress among female scientists and technicians

Key words: female scientists and technicians; depressive symptoms; anxiety; insomnia; cardiovascular diseases

Research Summary

This study aimed to explore the prevalence and risk factors of cardiovascular disease (CVD) and psychological distress among female scientists and technicians in China.



scientists and technicians

Male	prevalence	Female
34.9%	cardiovascular disease	16.6%
35.1%	depressive symptoms	21.4%
28.7%	anxiety symptoms	13.8%
22.0%	CVD combined with depressive or anxiety symptoms	9.5%



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Innovation points - Risk factors

