



# 3D bioprinting of tumor models and potential applications

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## Abstract

Cancer is the most common cause of human mortality and has created an unbridgeable health gap due to its unrestrained aberrant proliferation, rapid growth, metastasis, and high heterogeneity. Conventional two-dimensional cell culture and animal models for tumor diagnostic and therapeutic studies have extremely low clinical translation rates due to their intrinsic limitations. Appropriate tumor models are therefore required for cancer research. Engineered human three-dimensional (3D) cancer models stand out for their ability to better replicate the spatial organization, cellular resources, and microenvironmental features (e.g., hypoxia, necrosis, and delayed proliferation) of actual human tumors. Further, the fabrication of these models can be achieved by an emerging technology known as 3D bioprinting, which allows for the fabrication of living structures by precisely regulating the spatial distribution of cells, biomolecules, and matrix components. The aim of this paper is to review the current technologies and bioinks associated with 3D bioprinted cancer models for glioma, breast, liver, intestinal, cervical, ovarian, and neuroblastoma, as well as, advances in the applications of 3D bioprinted-based tumor models in the fields of tumor microenvironment, tumor vascularization, tumor stem cells, tumor resistance and therapeutic drug screening, tumorimmunotherapy, and precision medicine.

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printing with artificial intelligence to print tissue organs [19]. Compared to conventional 2D models, 3D-based bioprinted tumor models exhibit vastly different molecular features, gene expression, and drug sensitivity, and have shown great potential for both basic and applied oncology research. This potential is demonstrated by the ability of bioprinted tumor models to better mimic complicated 3D cell–cell and cell–matrix connections that have been crucial to understanding cancer physiopathology [20].

Tumor models are important tools necessary for studying various aspects of tumorigenesis, diagnosis, and treatment [21]. The traditional use of flat dish cultured cell models and xenogeneic animal models yields inherent and unavoidable natural defects that reduce the clinical translation rate of research results [22], thereby limiting the pace of fighting tumor development. Therefore, the task of developing new and appropriate models to be applied in tumor research has become imminent. Indeed, the *in vitro* reconstruction of human tumors faces many challenges that arise from the *in vitro* construction methods, the support material systems, and the culture systems used to maintain nutrients, oxygen, and eliminate metabolic wastes. However, the *in vitro* reconstruction of 3D tumors replicating the *in vivo* tumor microenvironment has improved thanks to advancements in 3D bioprinting technology. Common methods used for the 3D bioprinting of tumor models include extrusion bioprinting [23], inkjet bioprinting [24], light-curing bioprinting [25], and laser-assisted bioprinting [26], among others. Materials used for bioprintability include synthetic and natural hydrogels such as polyethylene glycol (PEG), Planitronic F-127, sodium alginate, gelatin and its derivatives, and hyaluronic acid and its derivatives [27–29]. Applications of 3D bioprinted tumor models using bioprinted materials include research on the construction of the tumor microenvironment, tumor stem cells, tumor vascularization, tumor therapy tolerance and drug screening, tumor immunotherapy, and precision medicine. Moreover, 3D bioprinting has been used to create a variety of tumor models, including neurological tumors, breast cancer tumors, reproductive system tumors, digestive system tumors, bone tumors, and skin tumors, among others.

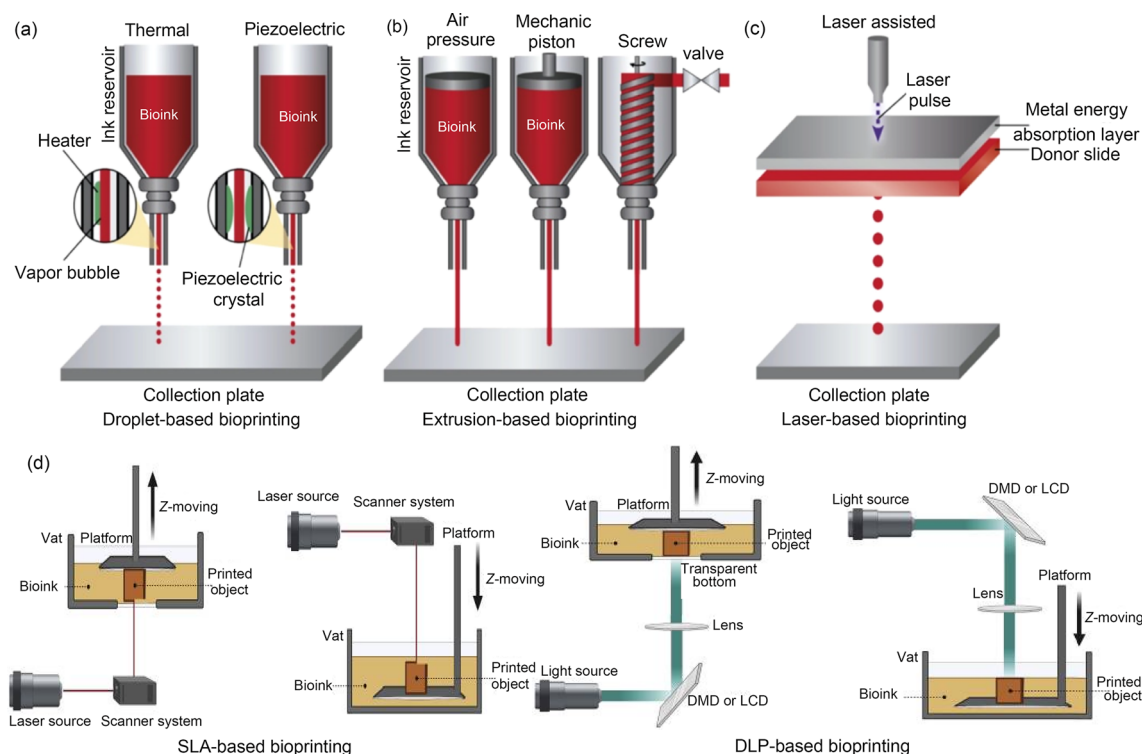
Here, the working principle of the 3D bioprinted tumor model is extensively presented, as a broad understanding of its working principle will facilitate its application to oncology. For readers interested in fundamental and translational research on 3D bioprinted tumor models, this paper also offers a critical analysis of them and a discussion of their drawbacks.

## 3D bioprinting technology

Currently, there are four main 3D bioprinting technologies for tumor models. These include droplet-based bioprinting (DBB) [30] (Fig. 1a), extrusion-based bioprinting (EBB) [23] (Fig. 1b), laser-assisted bioprinting (LAB) [31] (Fig. 1c), and stereolithography bioprinting/digital light bioprinting (SLB/DLB) [32] (Fig. 1d). Each bioprinting method has been thoroughly explained in the citations above. As a result, we will list below the benefits and drawbacks of the four bioprinting methods.

DBB [30], also known as “drop-by-drop” printing, is a non-contact printing technology that includes inkjet, piezoelectric, acoustic and microwave bioprinting techniques [35–37]. Currently, droplet bioprinting has been successfully applied to many different types of tumors, including breast, colorectal, and liver cancers [38–40]. Using this technique, comprehensively controlling the deposition pattern offers several benefits, including rapidity, flexibility, and ease of usage. Regulating the quantity of bioink deposited in a preset area makes it possible to print living cells and makes it easier to clearly localize cells [3]. Moreover, this method currently encounters difficulties such as the limited selection of bioink materials that can be used for printing, heterogeneous droplet sizes and nozzle clogging, bioprinting-induced cell death, the fact that bioprinted constructions often lack integrity and mechanical strength, and that a lack of vascularization and porousness restricts the size of printed structures [35, 41].

EBB, also known as “layer-by-layer” printing, is an extremely popular and inexpensive 3D printing method that can be used for both biological and non-biological materials. In this method, the desired 3D spatial structure is created by extruding a fluid ink from a specific inner diameter (ID) needle using layer-by-layer stacking of 2D structures by pneumatic, piston, or screw power [23, 42]. Currently, EBB has been successfully used to study a variety of tumors, including breast, liver, and colorectal cancers [43–45]. It can create tissue at extremely high cell densities while printing vertically along cell spheroids with biological inks that have hyper-viscosity like clay substrates and complicated polymers [46, 47]. However, this method can lead to cellular structure deformation and viability loss, and is therefore only ideal for printing thick liquids [46, 47]. DBB is analogous to LAB, an indirect manufacturing technology that prints using a laser-induced transfer of energy [31, 48–50]. In recent years, LAB has been used to construct a variety of tumors models for research purposes, including breast cancer, glioblastoma, and pancreatic cancer [51–53]. As a bioprinting protocol, LAB does not require a printhead, a modification that provides benefits, including high throughput, high resolution, and high speed [54, 55]. Thus, LAB avoids issues like printhead failure or clogging and also



**Fig. 1** Five methods of bioprinting: **a** droplet-based bioprinting; **b** extrusion-based bioprinting; **c** laser-based bioprinting (adapted and modified from Ref. [33], Copyright 2023, with permission from The Royal Society of Chemistry); **d** SLA/DLP-based bioprinting (adapted

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enhances the compatibility of printed materials while extending the range of viscosities that can be used for printable material applications [56]. However, during laser transfer, live cells may be subjected to high thermal and/or mechanical stresses. If these exceed cell-specific tolerances, irreparable damage to the cells may result [57–59]. SLB /DLB is a bioprinting method that utilizes micromirror arrays to photopolymerize polymer resins in the existence of cells [32]. Since it is not prone to alignment problems associated with single-nozzle extruders, it permits the rapid printing of biological cells at high resolution and without the need for additional support materials, and printed cells have shown extremely high viability (>85%) [60–62]. SLB/DLB technology has been applied in the research of multiple types of tumors, such as breast cancer, liver cancer, and glioma [63–65]. However, SLB/DLB also has numerous drawbacks, including the absence of biodegradable and biocompatible polymers, adverse impacts of harmful light-curing components on cells, the inability to completely remove the framework, and the inability to generate horizontal variations in the design [46, 66]. These problems need to be addressed during future refinement of this technique.

No single bioprinting approach has yet been able to produce synthetic tissues or organs that are perfect in all respects.

Thus, the suitable bioprinting approach used for a desired tissue should reflect considerations of the relevant guidelines, material needs, and benefits and drawbacks of each of the candidate techniques [67]. Moreover, the development of 3D bioprinting within the medical industry has had a considerable impact on both the production of medical equipment and the development of numerous therapies. Finally, we also note that these techniques can be combined to produce necessary tissues since 3D bioprinting has been divided into several categories based on its functions.

## Bioinks

Bioink is a key material for 3D bioprinting technologies, and consists of cells, matrices, and other biomaterials that are used to 3D print a variety of biological tissues characterized by complex structures and specific functions [68]. Bioinks can be categorized into natural and synthetic ones based on their source. Currently used bioinks are listed in Table 1. Since different 3D bioprinting technologies have different requirements, the selection of bioinks must take into account their characteristics such as biocompatibility, mechanical properties, hydrophilicity, porosity, acid–base neutralization,

**Table 1** The advantages and disadvantages of natural and synthetic bioinks currently in use

	Advantages	Disadvantages
<i>Natural bioinks</i>		
Agarose	Good biocompatibility; form stable gels; degradable	Lower plasticity
Alginate	Easy to prepare; chemically biocompatible; high plasticity	Fairly biocompatible; not precise enough
Dextran	Good biocompatibility; can form static gels; easy to process and modify	Not malleable; faster solidification
Hyaluronic acid	Highly cytocompatible and biocompatible; good water absorption and water retention; aid in cell migration and proliferation	Expensive; not suitable for trauma
Silk	Biological structure similar to human tissue; good biocompatibility and plasticity; can be customized via genetic engineering	Expensive; require chemical modification
Fibrin	Biocompatible; promote growth and regeneration; can form strong gels	Easily degradable; require the addition of blood during use
Collagen	Biologically similar to human tissue; promote cell attachment and growth; can be customized via genetic engineering	Easily degradable
Decellularized extracellular matrix (dECM)	Wide range of sources; natural fiber arrangement suitable for applications for muscle, bone, and other tissues	Create pollution; high production costs
Matrigel	A variety of substances such as collagen, ovalbumin and whey proteins contribute to a complex three-dimensional (3D) environment; compatible with a wide range of cell types	Significantly reduce the size of the cell patch, making it difficult to use for large tissue repairs
Cellulose	Soluble cellulose is easy to process and modify; non-toxic; biodegradable; assimilable in the human body	Low plasticity
Gelatin	Easy to handle and 3D print; good biocompatibility	Possible adverse reactions
Chitosan	Good biocompatibility and bioactivity; easy to process and modify	Fragile, breakable; slow to solidify
Natural gums	Biodegradable; can be modified to produce many different bioinks	Less precise; variable plasticity
<i>Synthetic bioinks</i>		
Polyethylene glycol	Biocompatible; form highly controllable carriers; prevent protein inactivation	Possible effect on growth factors
Poly-glycolic acid	Biodegradable; biocompatible; can form strong templates	Rapid dissolution; susceptible to heat and free acid damage during dissolution, leading to protein inactivation
Polycaprolactone	Biodegradable; good plasticity; biocompatible	Slow degradation; low expansion
Polyvinylpyrrolidone	Easy to prepare; good biocompatibility; properties can be adjusted by controlling molecular weight	Unstable and easily affected by light, heat, and other factors
Poly(L-lactic acid)	Biodegradable; good biocompatibility; good bioabsorbability	Slow degradation; potential for tissue irritation
Poly(lactic-co-glycolic acid)	Biodegradable; high strength; good biocompatibility; degradation rate can be adjusted by controlling the mixture ratio	Imprecise degradation rate; potential for tissue irritation
Pluronic acid	Easy to prepare and process; form stable gels; good biocompatibility	Low gel strength; susceptible to temperature and pH

**Table 1** (continued)

	Advantages	Disadvantages
Polydimethylsiloxane	Good plasticity; good biocompatibility	React easily with other substances and lose stability
Acrylonitrile butadiene styrene	Strong, wear-resistant; organ structures can be fabricated by 3D printing	May cause tissue irritation; not degradable
Polyether ether ketone	Excellent biocompatibility; high stability and plasticity; biodegradable	High production costs
Polyvinyl alcohol	Easy to prepare and process; good biocompatibility	Low solubility and difficult to degrade
Polyurethane	High plasticity; good biocompatibility; high strength; various organ structures can be fabricated by 3D printing	May cause tissue irritation; not degradable

and biodegradability [69–71]. In most scientific literature, many kinds of bioinks and the printing techniques that are the most appropriate have been described in depth [72, 73]. This review will focus on an overview of natural and synthetic bioinks and their applications in tumor models.

Most natural bioinks have been applied for tumor models. These include gelatin, hyaluronic acid, fibronectin, filipin, dextran, sodium alginate, chitosan, collagen, cellulose, decellularized extracellular matrix (dECM), matrix gels, junction cold gels, cellular aggregates, and konjac gum [74]. For example, Hedegaard et al. used peptide amphiphiles (PAs) to coassemble with and organize extracellular matrix (ECM) proteins, producing tunable 3D models of the tumor microenvironment [75]. In addition, Gebeyehu and colleagues created several polysaccharide-based bioinks to create durable and shape-retaining 3D-printed tumor models that imitate the tumor microenvironment (TME) for chemotherapeutic drug screening of triple-negative breast cancer and lung adenocarcinoma [76]. It is worth mentioning that the extracellular matrix microenvironment of tumors can be accurately represented by a dECM that is itself made from tissues. Thus, a variety of dECM bioinks have been employed for the 3D bioprinting of tumor models. These include glioblastoma microarray bioprinting, which uses dECM bioinks produced from healthy pig skin or brain, as well as bioprinting of hepatic cancer, which uses hepatic dECM bioinks [64, 77, 78]. Although the dECM has the benefit of closely resembling the original tumor stroma, it also lacks certain crucial elements, including glycosaminoglycans [79], and has poor mechanical properties [64]. Moreover, since the complexity of stromal gels is equivalent to the make-up of *in vivo* cells, they are frequently used as a foundation for 3D carcinoma modeling. The repeatability and precise regulation of the chemical and mechanical characteristics of organic bioinks during bioprinting, however, are sometimes hampered by batch-to-batch fluctuation in matrix gel composition and poorly specified composition

[80]. Compared to natural bioinks, synthetic bioinks are tunable, simple to prepare, have higher mechanical properties and immunogenicity, and more easily meet different printing requirements [81]. Polyethylene glycol, polycaprolactone, polyvinylpyrrolidone, poly(L-lactic) acid, and poly(lactico-glycolic) acid are a few examples of synthetic bioinks that are often used [82]. For example, Anseth et al. [83] used a multi-arm PEG system to model the interaction between stromal cells and melanoma cells [84, 85]. Shi et al. [86] used poly(lactic-co-glycolic acid) (PLGA) hydrogels to print drug-loaded scaffolds, and their study showed that doing so dramatically reduced breast cancer development and recurrence. However, synthetic bioinks continue to face difficulties such as the use of harmful or radiotoxic solvents that induces cellular damage and the limited cell compatibility of the synthetic bioinks including the lack of adhesion sites for embedding in the cells [82]. These issues [82], have limited their use in some tumor models.

To guarantee that bioprinted tissues and organs operate properly, it is vital to use bioinks that have the required arbitrary, rheological, and physiological features of specific tissues [87]. Therefore, there is an urgent need for standardized bioink formulations that can be used for different bioprinting applications.

### 3D bioprinting tumor models

Due to ethical and safety constraints and limitations, research on tumors and antitumor drugs cannot be directly studied in the clinic. Given this limitation, and relative to 2D models and animal xenograft tumor models, 3D tumor models have become the most promising tumor models for their ability to better simulate the microenvironment of human tumor tissues [88, 89]. Various cell types embedded in hydrogel materials through precise colonization can be used to simulate the tumor microenvironment, which can be used to

study the characteristics of tumorigenesis, tumor heterogeneity, invasion and migration, and anticancer drug sensitivity [90]. Currently, 3D bioprinting has been carried out in a variety of tumors, including glioma, breast cancer, hepatocellular carcinoma, colorectal cancer, cervical cancer, ovarian cancer, pancreatic cancer, intestinal cancer, pituitary tumor, neuroblastoma, and lung cancer. These studies lay the foundation for the practical use of bioprinted tumor models for precision medicine [11, 22, 91–93].

## Glioma

Glioma remains the greatest prevalent carcinomas located in the adolescent nerve system, and shows a high degree of malignancy, extremely high rates of recurrence and mortality, an average prognosis period of even less than one year, and a very low five-year survival rate. Since there are currently very few effective treatments for glioma, it is urgently necessary to develop new medications and therapies for clinical use [94–97]. The biological tumor model serves as a useful tool for researching carcinogenesis and evaluating the impact of radiation treatment. It is hypothesized that the creation of 3D glioma models that capable of simulating the in vivo milieu would present an opportunity to explore the process of glioma genesis, thereby improving the sensitivity and prognosis of glioma radiotherapy. Overall, it is still the absence of appropriate tumor models that has impeded research into brain malignant glioma.

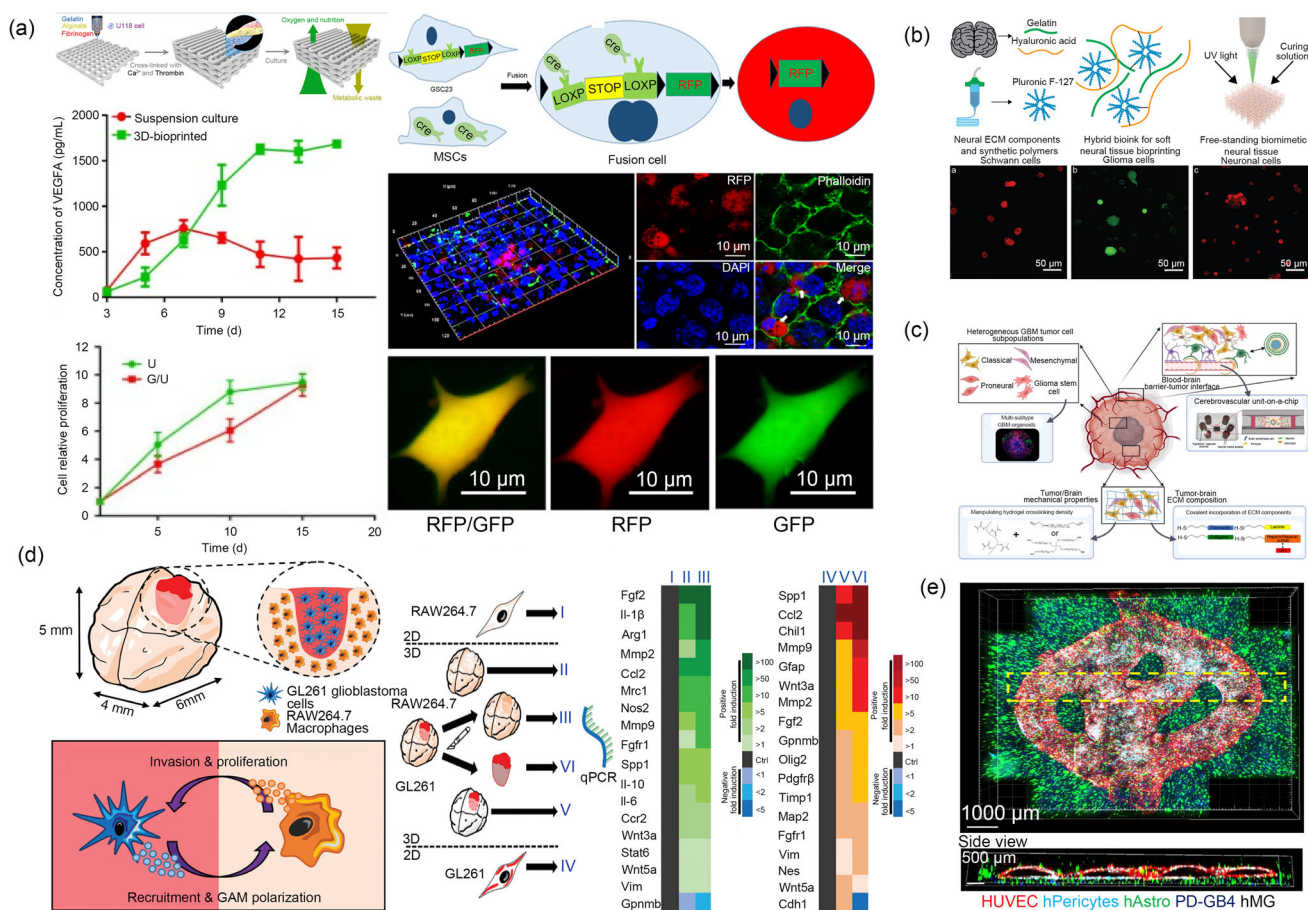
Our team created an in vitro 3D model of glioma using 3D bioprinting to overcome the obstacles arising from the lack of suitable tumor models. In doing so, we uncovered a glioma stem cell enrichment effect and transdifferentiated vascular endothelial potential [98–100], as well as fusion phenomenon between glioma stem cells and bone marrow mesenchymal stem cells [101, 102]. All these findings confirmed that the 3D glioma model had stronger invasive and temozolomide-resistant characteristics [103] (Fig. 2a). Furthermore, studies have demonstrated that 3D bioprinted glioma models can more faithfully replicate the human tumor microenvironment [65, 104]. For example, Haring et al. proposed a biomimetic hydrogel with Herschel–Bulkley fluid rheological properties for the biomufacturing of micro-physiological brain structures that could be used in pharmaceutical evaluation and disease simulation [105] (Fig. 2b). With the in-depth study of glioblastoma (GBM), DePalma et al. offered a method for creating complex, multicomponent in vitro cancer models, which promises to create more accurate tumor models that more closely resemble the in vivo tumor microenvironment [106] (Fig. 2c). On the other hand, Tang et al. proposed a bioprinting strategy to address the difficulty of crossing the blood–brain barrier for most chemotherapeutic drugs, which mimics relevant biomaterials in natural tissues to create models for more reliable mechanistic studies and preclinical

drug screening that may ultimately accelerate drug development for GBM [107]. In addition, Heinrich et al. used 3D bioprinted glioblastoma models in which a macrophage component was added to study the interaction between macrophages and GBM [108] (Fig. 2d). They found that glioblastoma cells actively recruit macrophages and polarize them into a glioblastoma-associated macrophage (GAM)-specific phenotype. Further, macrophages were found to play a role in inducing the development and intrusiveness of brain tumors. In addition to the above valuable findings that tumor models have brought to the study of glioblastoma, another study reported that patient-derived tumor stereo models more accurately capture the biological, biochemical, and bodily characteristics associated with them in real tumors [109], and that the discovery of these features may improve cancer treatment plan effectiveness. Moreover, by simultaneously generating perfused arteries using sacrificial biomaterials consisting of pericytes and endothelial cells, it is possible to demonstrate parallels between gene expression in cells cultivated in vivo and those produced by 3D bioprinting systems [110] (Fig. 2e). Furthermore, to study interactions between cancer stem cells (CSCs) in proliferation and hypoxia conditions, a new ex vivo model called patient-derived glioblastoma-like organs has been developed [111]. In future, these organs have the potential to be used for many applications, including individualized drug screening.

The 3D bioprinting of glioma models is an exciting field and holds tremendous potential for the advancement of glioma research and treatment. Yet, some challenges need to be overcome. For instance, the complexity and cost of bioprinting tumor models may limit their widespread clinical application. In addition, the biological similarity and sustainability of the models still require further improvement to better reflect the characteristics of real tumors. However, through continued research and technological advancement, these models can be further developed to improve glioma research and treatment, ultimately providing effective personalized medicine for patients.

## Breast cancer

The latest statistics from the World Health Organization show that for the first time, breast cancer cases surpassed lung cancer as the most threatening cancer to human health [112]. One of the best ways to systemically treat clinical malignancies is chemotherapy, since there are too few bionic tumor models for drug testing. These treatments have rarely received Food and Drug Administration approval for clinical trials [113, 114]. As we know, in addition to the large number of cancer cells that make-up breast tumors, cellular activity is involved in the process of breast cancer development and progression, and the extracellular matrix (ECM) is able to regulate the microenvironment of malignant tumors thus becoming a



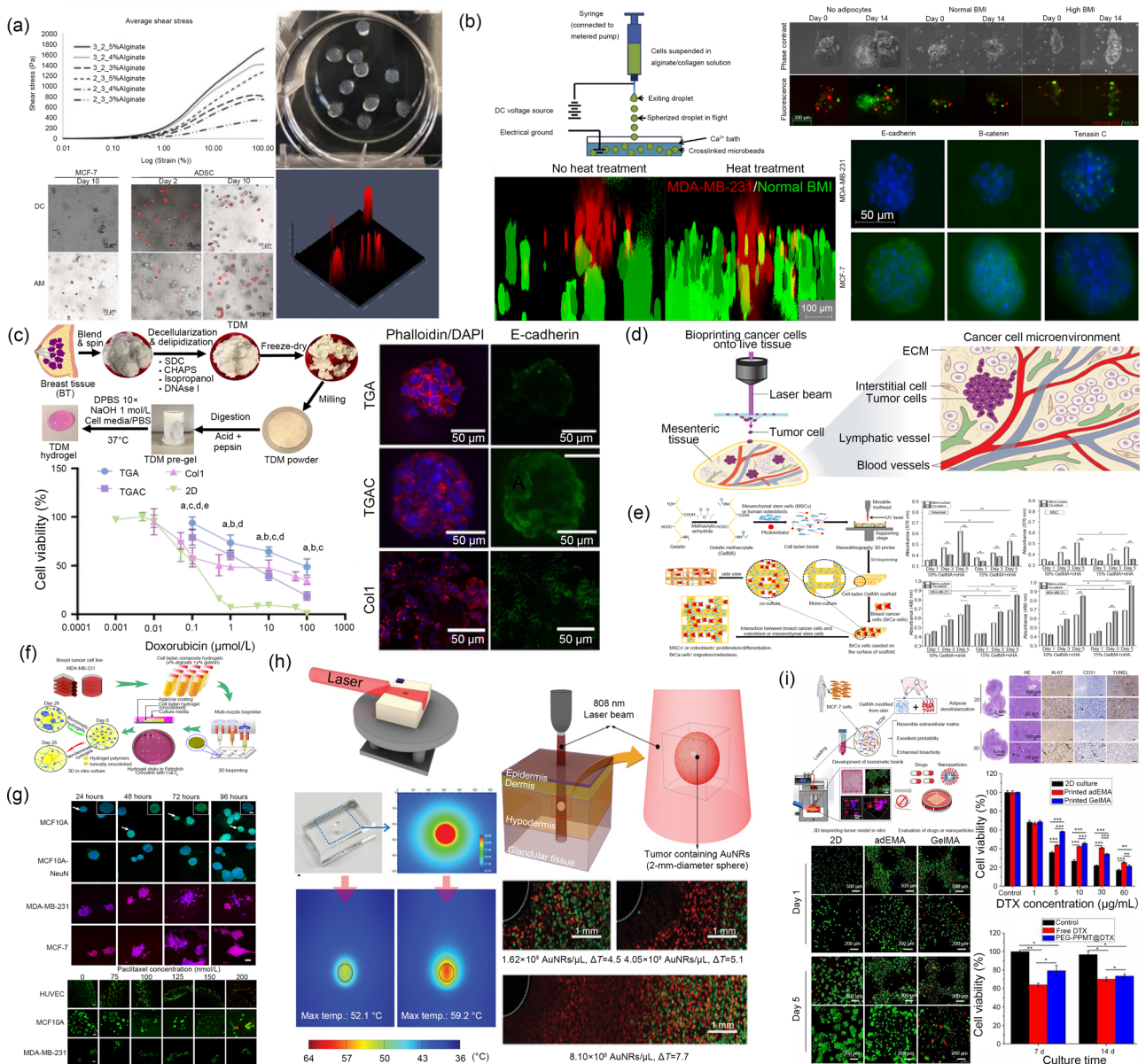
**Fig. 2** 3D bioprinting of brain glioma models. **a** 3D bioprinting technology to create in vitro 3D models of gliomas and to study glioma stem cell properties and medical applications (adapted and modified from Ref. [98], Copyright 2018, with permission from Elsevier B.V.; adapted and modified from Ref. [99], Copyright 2018, with permission from Wiley Periodicals, Inc.; adapted and modified from Ref. [101], Copyright 2017, with permission from the authors, licensed under CC BY 4.0; adapted and modified from Ref. [102], Copyright 2022, with permission from the American Chemical Society; adapted and modified from Ref. [103], Copyright 2018, with permission from Elsevier B.V.). **b** A biomimetic hydrogel bioprinted glioma model with Herschel–Bulkley fluid rheological properties (adapted and modified from

Ref. [105], Copyright 2019, with permission from IOP Publishing Ltd). **c** A strategy for developing complex multicomponent in vitro glioma models (adapted and modified from Ref. [106], Copyright 2021, with permission from Elsevier B.V.). **d** Macrophage–GBM interactions in a 3D bioprinted glioblastoma model (adapted and modified from Ref. [108], Copyright 2019, with permission from WILEY–VCH Verlag GmbH & Co. KGaA, Weinheim). **e** Creating perfusable blood vessels using sacrificial bioinks containing pericytes and endothelial cells to study differences in cellular gene expression (adapted and modified from Ref. [110], Copyright 2021, with permission from the authors, licensed under CC BY-NC 4.0). GBM: glioblastoma

key factor influencing cellular activity [115–117]. Therefore, efforts are being made to add tumor stromal components to biomaterials to improve their biocompatibility and heterogeneity to better mimic the tumor matrix environment [118].

Epithelial–adipose interactions are a critical step in the development of the lethal metastasis of breast cancer cells. In one study, Chaji et al. [119] investigated adipocyte–breast cancer cell interactions by using 3D bioprinted breast cancer tumor models to simulate breast cancer tumors (Fig. 3a). In addition, Vinson et al. [120] used laser direct-write bioprinting to load a hydrogel matrix containing differentiated adipocytes with breast cancer cells into a breast cancer model, which was biologically fabricated from microbeads to mimic

the phenomenon of breast cancer cell invasion into adipose tissues and specifically the model allowed tracking of MCF-7 and MDA-MB-231 breast cancer cell invasion for more than two weeks in an optically transparent hydrogel scaffold (Fig. 3b). In addition, Blanco-Fernandez et al. [121] (Fig. 3c) developed a decellularized tissue- and organ-derived matrices (TDM) bioink based on decellularized porcine breast tissue combined with type I collagen. This bioink is a good biomaterial for creating breast cancer models, which not only allowed for the tight reconstruction of breast tumors in vitro, but also promoted the proliferation of breast cancer cells in order to form cell clusters and spheroids, and increased the resistance of the model. Alternatively, decellularized human



**Fig. 3** 3D bioprinting of breast cancer tumor models. **a** 3D bioprinted breast cancer tumor model for the study of adipocyte-breast cancer cell interactions (adapted and modified from Ref. [119], Copyright 2020, with permission from the authors, licensed under CC BY 4.0). **b** Laser direct writing bioprinted breast cancer models to study tumor invasiveness and drug resistance (adapted and modified from Ref. [120], Copyright 2017, with permission from IOP Publishing Ltd). **c** Development of a TDM bioink based on decellularized porcine udder tissue combined with type I collagen and a corresponding cell viability study (adapted and modified from Ref. [121], Copyright 2022, with permission from the authors, licensed under CC BY 4.0). **d** Bioprinting cancer cells onto live tissue to create an ex vivo model for the study of cell migration (adapted and modified from Ref. [127], Copyright 2016, with permission from Wiley Periodicals, Inc.). **e** Schematic diagram of a direct, 3D bioprinted, cell-laden bone matrix as a biomimetic model for a breast cancer metastasis study (adapted and modified from Ref. [128], Copyright 2016, with permission from the American Chemical Society). **f** Schematic depicting the generation of composite gels,

the bioprinting process, and the subsequent generation of MCTS of breast cancer cells in bioprinted alginate/gelatin hydrogels (adapted and modified from Ref. [130], Copyright 2019, with permission from IOP Publishing Ltd). **g** Bioprinted 3D breast epithelial spheroids maintained a typical spheroid morphology for 96 h in a collagen/alginate bioink and representative live/dead images from co-culture experiments showing HUVEC, MCF10A, or MDA-MB-231 bioprinted grid areas (adapted and modified from Ref. [131], Copyright 2019, with permission from IOP Publishing Ltd). **h** Quantitative photothermal characterization using bioprinted 3D tissue constructs using gold nanorods for early-stage breast cancer therapy (adapted and modified from Ref. [133], Copyright 2021, with permission from the authors, licensed under CC BY-NC-ND). **i** 3D bioprinted tumor model using extracellular matrix enhanced bioinks for nanoparticle evaluation (adapted and modified from Ref. [134], Copyright 2022, with permission from IOP Publishing Ltd). TDM: tissue- and organ-derived matrix; MCTS: multicellular tumor spheroid; HUVEC: human umbilical vein endothelial cell

or rat mammary tissues can also be used to construct hydrogels [122]. These ECM hydrogels are able to retain their unique structures and signaling profiles to construct breast cancer-like organs with tissue-specific matrices. In addition, researchers have created hydrogel-based models, including the shell and core structures of hydrogel-encapsulated breast cancer printed by laser direct writing [123], scaffold-free 3D breast cancer tumor structure [124], as well as models filled with breast cancer cells in 3D vascularized breast cancer structures and mimicked breast duct-like structures [125, 126]. It has been shown that 3D tumor models are important for studying cancer treatment as well as the interactions between tissue-specific ECMs and cancer cells. For example, Burks et al. used laser direct-write bioprinting of breast cancer cells onto *ex vivo* microvascular networks containing vasculature, lymphatic vessels, and mesenchymal cell populations to quantify cancer cell migration and the effects of the migration on angiogenesis and lymphangiogenesis in an intact network that should resemble the full complexity of the tumor microenvironment [127] (Fig. 3d).

Breast cancer metastasis can lead to fatal consequences, and the currently existing 3D bionic models are insufficient to similarize this procedure *in vitro*. Thus, to study the interactions among breast cancer (BrCa) cells and bone tissue cells, Zhou et al. [128] developed a hydrogel with a bionic bone matrix using stereolithography 3D bioprinting (Fig. 3e). They discovered that BrCa cells had been boosted in the presence of bone marrow and mesenchymal stem cells (MSCs), while bone marrow and MSC proliferation were blocked in the existing of BrCa cells. 3D bioprinted BrCa cells and bone stromal metastatic cancer models provide an opportunity to study the mechanisms of bone metastases in breast cancer and the oncogenesis of MSCs. Further, it was discovered that the presence of osteoblasts and MSCs promoted the growth of BrCa cells while inhibiting their proliferation. All in all, a useful technique for researching the mechanisms involved in breast cancer bone metastasis and developing targeted treatments is the 3D bioprinting of BrCa cells and skeletal tissue metastatic cancer models.

The real tumor milieu *in vivo* is more closely resembled by 3D cancer models than by traditional 2D cultures, and 3D bioprinting-based cancer models enable rapid replication of the cancer microenvironment, which can allow high-throughput screening of drugs [129]. For example, during the creation of an *in vitro* breast tumor model, Jiang et al. [130] reported using an engineered composite hydrogel made of gelatin and alginate components to create multicellular tumor spheroids from 3D bioprinted breast cancer cells (Fig. 3f). Further, to produce tumor tissue models that are able to be employed immediately, Swaminathan et al. [131] proposed a method for bioprinting pre-formed 3D spheres of breast cancer directly using alginate-based bioinks. Specifically individual breast epithelial cell lineages have been

bioprinted as single cells or spheres that had already been produced and retained their viability, structure, and function (Fig. 3g). Yet another study has shown that the antitumor medications camptothecin and paclitaxel did not have the same effect on independently printed breast cells as they did on the bioprinted breast spheroids [132]. In addition, Nam et al. [133] built 3D complex tissue structures by bioprinting, using processed gels obtained from porcine skin and human decellularized adipose tissue. Based on this model, they utilized plasma photothermal therapy (PPTT) with gold nanoparticles (AuNPs), demonstrating its potential for treating breast tumors (Fig. 3h). In recent years, there has been a general upsurge in nanomedicine research for tumor therapy. However, the conventional methods for evaluating nanoparticles (NPs) have mainly relied on two-dimensional cell culture and animal models, which generally do not comprehensively explore the complicated movement of NPs and have difficulty adequately simulating the human tumor microenvironment; therefore, this evaluating method restricts the application of nanomedicine formulations in clinical research. Consequently, Chen et al. [134] used fat-ECM-enhanced hybrid bioinks to fabricate tumor models via 3D bioprinting. These not only more closely resembled real tumors in terms of tumor proteins, gene expression, and tumorigenicity, thereby demonstrating ECM reconstruction and transition from epithelial to mesenchymal features, but also exhibited greater resistance to nanomedicines. Taken together, this model is expected to provide greater precision platforms for pharmaceutical development and design prior to entry into animal and clinical trials (Fig. 3i).

Consequently, the 3D bioprinting of breast cancer models is an important technology in the field of breast cancer research and treatment. By using more realistic, comparable, and user-friendly breast cancer models, we can better understand the mechanisms involved in breast cancer development, better evaluate the effectiveness of different treatment strategies, and conduct better drug screenings. However, some challenges must still be overcome. For instance, bioprinting breast cancer models require high-precision techniques and complex equipment, and this can be costly and time-consuming. Furthermore, there is still room for improvement in terms of the biological similarity and reproducibility of bioprinted models, particularly in simulating the interactions between cancerous and normal cells in a 3D environment. Although the 3D bioprinting technology for breast cancer models has the abovementioned challenges, it still has a bright future. Through continuous improvement of the technology and in-depth research, we can enhance the clinical application of bioprinted models and provide better medical services to patients.

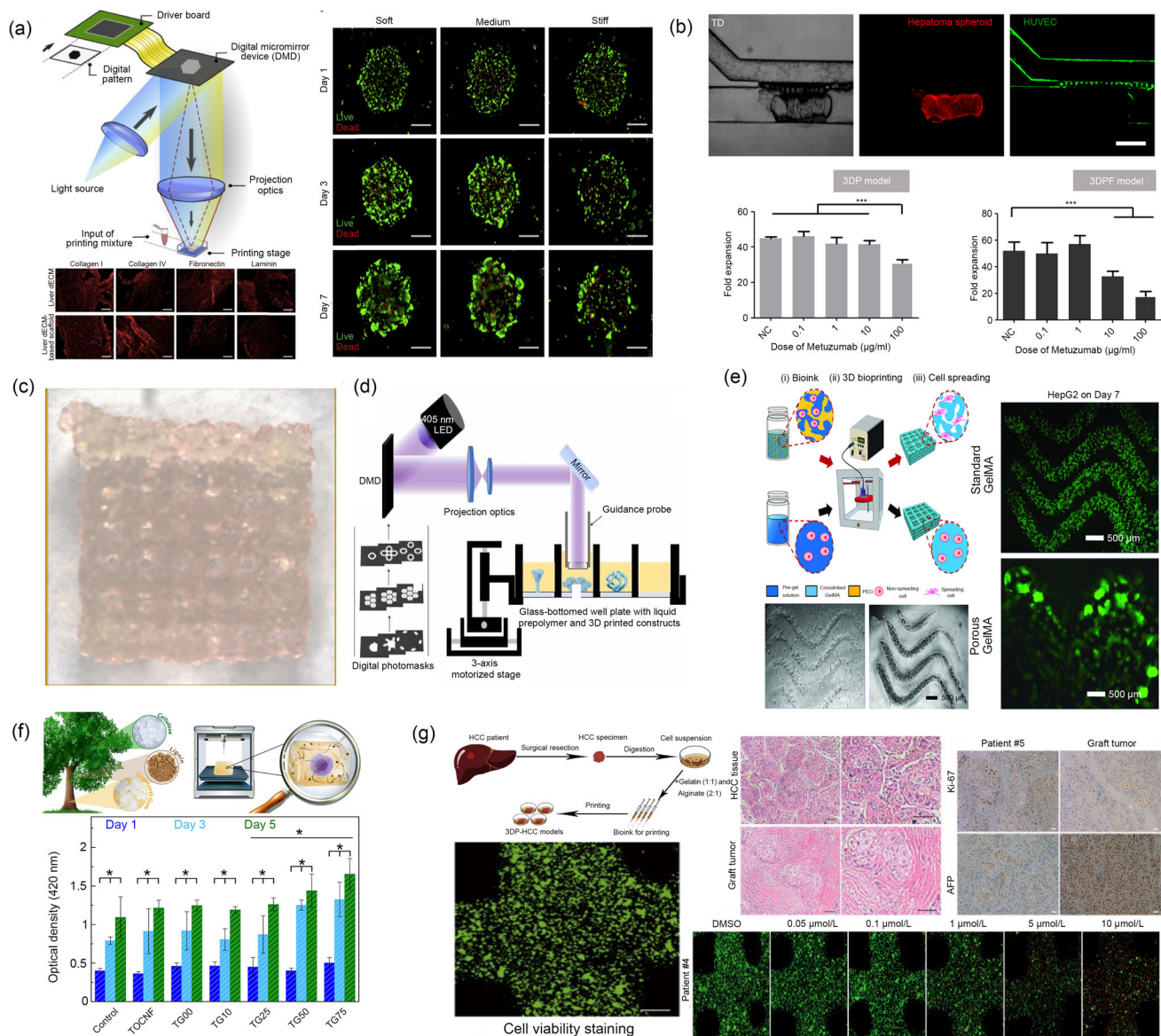
## Hepatocellular carcinoma

Hepatocellular carcinoma (HCC) is now the fifth most common cancer worldwide and the second leading cause of cancer-related deaths [135]. The stiffness of the hepatic extracellular matrix has a significant impact on the onset and progression of HCC, and the development of HCC is associated with greater stiffness values of the background liver parenchyma [136, 137]. In addition, HCC progression includes the invasion of the fibrous septum by tumor tissue [138]. The traditional approach to studying HCC progression involves simply adjusting the stiffness of the 2D substrate. However, this model does not accurately represent the 3D mechanical environment seen in the natural liver, which may cause results to differ from those obtained using 3D methods [139–142].

Ma et al. [64] developed a photocrosslinkable liver dECM and a quick 3D bioprinting process based on light curing and used it as a platform for the study of the progression of HCC (Fig. 4a). Cirrhotic liver tissue might be securely encapsulated in 3D bioprinted liver dECM scaffolds, and its mechanical properties are also preserved by encapsulation. HepG2 cells showed decreased proliferation and an increase in invasive markers when enclosed in dECM scaffolds with cirrhotic stiffness as opposed to unaffected controls. Moreover, Li et al. [143] integrated 3D bioprinting, co-culture, and microfluidics to build a 3D co-culture microfluidic model of a controllable hepatoma cluster size. They then applied this model to perform a pharmacodynamic test of a novel anti-CD147 monoclonal antibody, Metuzumab, and found that hepatocellular carcinoma cells proliferated faster in the new model, which had less impact on the migratory properties and proliferation of hepatocellular carcinoma cells, compared to a common in vitro 3D model made only by cell printing (Fig. 4b). The findings are in line with those of comparable animal studies and anti-CD147 clinical trials, and offer an invaluable frame of reference for the investigation of intricate in vitro liver cancer models. On the other hand, Sun et al. [44] created 3D models with HepG2 cells using extruded 3D bioprinting, revealing dramatic differences in gene transcription between 3D and 2D cell cultures, especially in mutations associated with hepatocyte function. They also compared antitumor drug sensitivity, and hypothesized that this difference may lead to differences in drug pharmacodynamics (Fig. 4c). Hwang et al. [144] first proposed an integrated digital light processing based (DLP-based) 3D bioprinting platform that enables the printing of liver cancer cell models on conventional porous cell culture plates, leading to the rapid generation of in vitro 3D tissue models for high-throughput preclinical drug screening and disease modeling (Fig. 4d). It is important to mention that the choice of bioink is as important as the printing technique. Ying et al. [145] developed a novel

bioink formulation based on a two-phase aqueous emulsion of gelatin methacryloyl (GelMA) solution and polyethylene oxide (PEO) solution, through the use of which printed tumor cells showed enhanced cell viability, spreading, and proliferation (Fig. 4e). Moreover, Polez et al. [146] first proposed the printing hepatocellular carcinoma tumor models by using a plant-derived hydrogel as a bioink, and the results of subsequent in vitro cell viability testing (Fig. 4f) showed that the scaffolds printed with this bioink were able to promote the proliferation of hepatocellular carcinoma HepG2 cells. Xie et al. [147] constructed a hydrogel consisting of 2,2,6,6-tetramethylpiperidine 1-aryloxy oxidized cellulose nanofibers (TOCNFs) and chitosan nanofibers (CsNFs), into which cells were able to be injected to better mimic the cellular microenvironment and to show the potential of biologically adaptive 3D cell cultures for biomedical applications (Fig. 4g). In another study, Mao et al. [148] bioprinted intrahepatic cholangiocarcinoma cells isolated from patients into pre-designed hydrogel grid structures using a gelatin–alginate–Matrigel™ composite hydrogel system. Subsequently, it was observed that intrahepatic cholangiocarcinoma cells were characterized by high viability and the cells were also more capable of forming active proliferative colonies. The tumor microenvironment of the aggressive and metastatic phenotype of intrahepatic cholangiocarcinoma cells was confirmed by assessments of the expression levels of tumor markers, cancer stem cell markers, matrix metalloproteinase proteins, the tumor fibrosis index, the liver function index, and the epithelial-mesenchymal transition regulatory protein levels recorded in the 3D prints. Furthermore, the team also used clinical specimens from hepatocellular carcinoma patients for bioprinting to successfully construct 3D models of patient-derived hepatocellular carcinoma tissues and achieve longer-term in vitro cultures. These retained the characteristics of parental hepatocellular carcinomas, including stable biomarker expression, tumor-specific genetic alterations, and the stable maintenance of expression profiles, and are expected to be able to predict patient-specific medications for the development of personalized therapies [147].

Overall, the 3D bioprinting of liver cancer models is an important technology in the field of liver cancer research and treatment. However, similar to breast cancer models, 3D bioprinting of liver cancer models faces some challenges. For example, this technique still requires high-precision printing techniques and complex equipment, and there is room for improvement in terms of the biological similarity and reproducibility of the models. In addition, the liver is structurally and functionally complex, and the completeness and authenticity of the models for this feature are crucial factors to consider. In conclusion, we believe that 3D bioprinting of liver cancer models is a promising field that can bring significant advancements to liver cancer research and treatment.



**Fig. 4** 3D bioprinting of HCC tumor models. **a** Schematic diagram showing the bioprinting of dECM-based hexagonal scaffolds and the characterization of HCC growth and invasion potential in dECM-based scaffolds with varied stiffness (adapted and modified from Ref. [64], Copyright 2018, with permission from Elsevier Ltd). **b** 3D bioprinting of HCC cells and microfluidic applications involved in the pharmacodynamic testing of Metuzumab (adapted and modified from Ref. [143], Copyright 2019, with permission from IOP Publishing Ltd). **c** 3D bioprinting of HCC cell models in antitumor drug research (adapted and modified from Ref. [44], Copyright 2020, with permission from the authors, licensed under CC BY). **d** DLP-based integrated 3D bioprinting platform prints of liver cancer cell models for high-throughput preclinical drug screening and disease modeling (adapted and modified from

Ref. [144], Copyright 2021, with permission from IOP Publishing Ltd). **e** Novel bioink formulation based on gelatin methacryloyl and polyethylene oxide solutions for the printing of tumor cells, to study their cell viability, spreading, and proliferative capacity (adapted and modified from Ref. [145], Copyright 2018, with permission from WILEY-VCH Verlag GmbH & Co. KGaA, Weinheim). **f** Printing of HCC tumor models using plant-derived hydrogels (adapted and modified from Ref. [146], Copyright 2022, with permission from the authors, licensed under CC BY 4.0). **g** Patient-derived 3D bioprinted HCC (3DP-HCC) model and a study of its characteristics (adapted and modified from Ref. [147], Copyright 2020, with permission from Elsevier Ltd). HCC: hepatocellular carcinoma; dECM: decellularized extracellular matrix; DLP: digital light processing

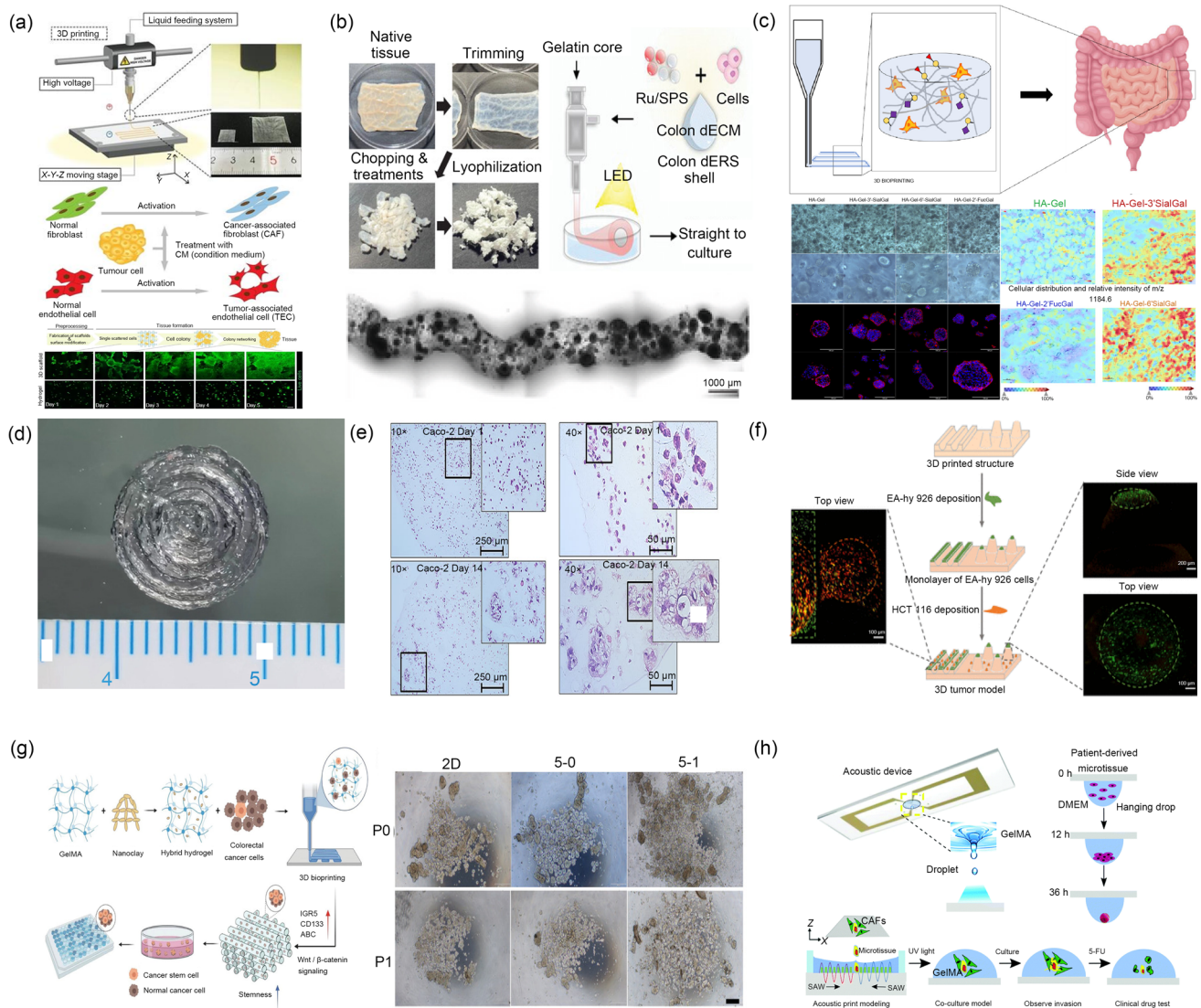
By continuously improving the technology and conducting further research, we can enhance the clinical applications of liver cancer models and provide better treatment options for liver cancer patients.

## Colorectal cancer

Currently, colorectal cancer is recognized as a serious disease that may affect human beings [112, 149]. Fibroblasts and endothelial cells enlisted from neighboring tissues comprise a complicated mesenchymal extracellular matrix that makes up the solid tumor microenvironment [150–152]. Tumor-associated endothelial cells are associated with tumor malignancy and metastasis [153], and in addition, tumor-associated endothelial cells (TECs) influence not only tumor metabolism [154] but also their tumor drug resistance [155]. Therefore, co-culturing of cancerous cells with TME-related cells is a unique method for analyzing different TME characteristics. TME-associated cells produced from normal cells can evolve into tumor-specific stromal cells under the control of tumor signaling. Due to their innate flexibility, TME-associated cells can be used to create *in vitro* 3D tumor models. For example, Chen et al. [156] developed a method for obtaining tumor-associated stromal cells and constructed a reproducible 3D colon cancer tissue model (3DT) using 3D printing, which constructed a scaffold that accommodated the three cellular components and allowed for straightforward direct cell-to-cell interactions and the formation of tissue network structures (Fig. 5a). Similar results were obtained using a coaxial bioprinted intestinal-like tissue body constructed by Han et al. [157] (Fig. 5b). In another study, Cadamuro et al. developed a protocol for the 3D bioprinting of colorectal cancer (CRC) models based on hyaluronic acid and signaling glycans, and demonstrated that these glycosylated hydrogels showed good 3D printability, biocompatibility, and long-term stability [158] (Fig. 5c). Furthermore, a 3D multicellular model consisting of SW480 cells, tumor-associated macrophages, and endothelial cells was constructed by 3D bioprinting, and biological activity was evaluated by immunofluorescence, hematoxylin and eosin staining of frozen pathological sections, and transcriptome sequencing, followed by the further application of the model to antitumor drug screening experiments based on the above results. It was found that the 3D printed-M group was significantly more resistant to chemotherapy as compared with the 3D printed-S group [159] (Fig. 5d). In another example, Sbirkov et al. constructed an affordable, flexible, and highly replicable 3D bioprinted CRC model that can be used for disease modeling and drug testing and in their work, this experimental platform was tested with three of the most commonly used chemotherapeutic drugs (i.e., 5-fluorouracil, oxaliplatin, and irinotecan), and the results suggested that it could provide innovative opportunities for

personalized treatment screening [45] (Fig. 5e). The 3D tumor model exhibited a physiological state similar to that *in vivo*, in addition to being highly degree of drug resistance, enabling continuous long-term culture for monitoring and functional assessment. Burkholder-Wenger et al. [160] used hybrid nano-inks composed of alginate, GelMA, and cellulose nanocrystals (CNCs) which were thought to possess superior rheological and mechanical properties applied to fabricate complex multicellular *in vitro* intestinal cancer tumor models (Fig. 5f). Bowel CSCs are the root cause of tumor recurrence and metastasis, so therapies targeting tumor stem cells are the highest priority of treating related cancers. However, *in vitro* expansion and stemness maintenance of bowel CSCs remain relatively limited. To address this issue, Zhang et al. [161] found that hydrogels based on GelMA-nanoclay hybrid were capable of inducing and enriching colorectal CSCs in 3D bioprintable materials (Fig. 5g). However, it is still believed that the *in vitro* rebuilding of organoids from patient-derived tumor tissues may be the most effective method for simulating the genuine tumor microenvironment. With this in mind, Chen et al. [39] precisely aligned patient-derived colorectal tumors and healthy organoids via acoustic bioprinting methods and re-encapsulated the structure of primary tissues (Fig. 5h). These tumor-like organs can be generated efficiently and can present histological, genomic, and phenotypic primary tumor features, allowing physiologically relevant *in vitro* drug (5-fluorouracil) screening and thus prediction of response to patient-matched chemotherapy. These results illustrate the potential for precision and personalized medicine through the creation of 3D bioprinted bowel cancer tumor models of colorectal cancer. Briefly, this study created models using patient-derived colorectal cancer tumors via acoustic bioprinting, which enabled accurate reconstruction of the primary tumor microenvironment, and could therefore serve as an adjunctive diagnostic tool to guide clinical practice.

The 3D bioprinting of colorectal cancer models, as an important technology in the field of colorectal cancer research and treatment, can provide more realistic and accurate environments for colorectal cancer cells, thereby helping us to better understand the mechanisms of the disease and to evaluate the effectiveness of different treatment strategies. However, this technology also faces several challenges. First, producing colorectal cancer models requires high-precision printing techniques and sophisticated equipment. Second, further improvements in printing materials and processes are needed to improve the biological similarity and reproducibility of these models. In addition, the heterogeneity and individual differences of colorectal cancer increase the complexity of model design. Despite these challenges, 3D bioprinting of colorectal cancer models still holds tremendous potential. Through continuous research and technological advancement, we can use 3D bioprinting



**Fig. 5** 3D bioprinting of colorectal cancer tumor models. **a** Flowchart of 3D printed colon cancer models and mechanisms of promoting cell function network formation (adapted and modified from Ref. [156], Copyright 2020, with permission from the authors, licensed under CC BY 4.0). **b** Bioprinted tubular bowel model using colon-specific extracellular matrix bioinks (adapted and modified from Ref. [157], Copyright 2021, with permission from Wiley–VCH GmbH). **c** 3D bioprinted colorectal cancer model based on hyaluronic acid and signaling glycans (adapted and modified from Ref. [158], Copyright 2022, with permission from the authors, licensed under CC BY-NC-ND 4.0). **d** Experimental results of antitumor drug screening using a 3D multicellular model (adapted and modified from Ref. [159], Copyright 2023, with permission from the authors, licensed under CC BY 4.0). **e** Drug

testing results of a 3D printed CRC model using three of the most commonly used chemotherapeutic drugs (adapted and modified from Ref. [45], Copyright 2021, with permission from the authors, licensed under CC BY). **f** An illustration of hybrid nano-inks for multi-nozzle micro-extrusion 3D printing of tumor models (adapted and modified from Ref. [160], Copyright 2022, with permission from the American Chemical Society). **g** GelMA-nanoclay hybridized hydrogels induce and enrich colorectal CSCs (adapted and modified from Ref. [161], Copyright 2022, with permission from Wiley–VCH GmbH). **h** Acoustic bioprinting of patient-derived colorectal tumors and healthy organoids (adapted and modified from Ref. [39], Copyright 2022, with permission from The Royal Society of Chemistry). CRC: colorectal cancer; GelMA: gelatin methacryloyl; CSCs: cancer stem cells

of colorectal cancer models to gain a better understanding of the development process of colorectal cancer and provide more accurate and personalized treatment plans. This will lead to improved treatment outcomes and survival rates for patients with colorectal cancer.

### Cervical cancer

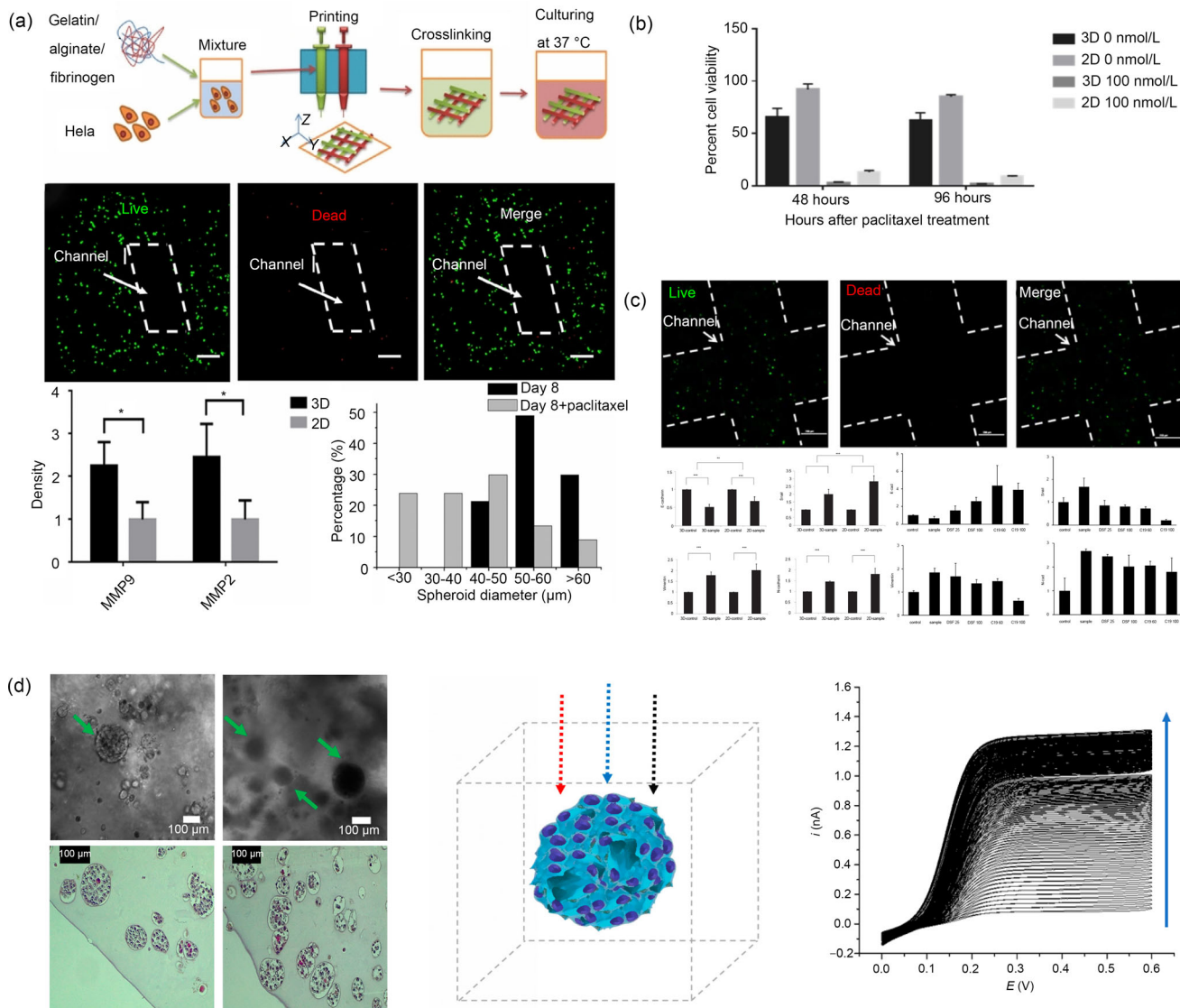
The 3D bioprinted cervical cancer model is one of the earlier 3D bioprinted tumor models that have been investigated. In 2014, Sun's team at Tsinghua University [162] reported an extruded 3D bioprinting to construct an in vitro model of cervical cancer, which used HeLa cells and a gelatin/alginate/fibrinogen hydrogel. The results showed that the cell viability was up to 90%, and the cells maintained a high proliferative activity with a tendency to form cell spheroids. The results also showed a significant increase in the secretion of matrix metalloproteinase (MMP)-2 and MMP-9 matrix metalloproteinases, which are associated with tumor invasive migration, compared to the 2D model (Fig. 6a). In addition, after treatment with the chemotherapeutic drug, a large number of apoptotic cells, irregular cell morphology, a loose cytoskeletal pattern, a significant decrease in the average diameter of cell spheroids, and significantly lower metabolic activity than that of the 2D control group could be observed in the 3D tumor model. This result was then validated by Gospodinova et al., who showed that HeLa cells biofabricated by extruded 3D bioprinting of highly viscous and thixotropic hydroxyethyl cellulose-based hydrogel mixed with sodium alginate [163] performed similarly (Fig. 6b). In 2018, Sun's team [164] again reported a 3D bioprinted tumor sphere model based on gelatin, sodium alginate, matrix gel, and cervical cancer cells, which successfully induced the epithelial-mesenchymal transition (EMT) process in HeLa cells via transforming growth factor  $\beta$  (TGF- $\beta$ ) (Fig. 6c). Moreover, they found that Smad2/3 was activated by the TGF- $\beta$  treatment pathway and promoted the expression of the transcription factor Snail, which inhibits the expression of E-cadherin but induces the expression of vimentin and N-cadherin. In contrast, the use of disulfiram (DSF) and the EMT pathway inhibitor C19, which encloses TGF- $\beta$ , can successfully inhibit the EMT of 3D bioprinted cervical cancer cells. Moreover, the EMT outcomes of 2D cultivated cells have been shown to differ from those of 3D bioprinting-based cervical cancer models, which are a novel model for assessing the efficacy of chemotherapeutic drugs used to treat cervical cancer. Recently, Becconi et al. [165] used platinum nano-electrodes and scanning electrochemical microscopy at high spatial resolution to characterize oxygen concentration in a tumor model, a crucial aspect of the cellular microenvironment (Fig. 6d). They also quantitatively measured drug molecule diffusion over time in a tumor

model, which can be used in the future to evaluate the penetration and distribution of drugs in the body.

The 3D bioprinting of cervical cancer models also holds great potential in terms of application. Compared to traditional 2D cell culture models, 3D bioprinted models can better simulate the three-dimensional morphology and microenvironment of tumors, and therefore present more realistic biological characteristics. As a result, they can more effectively evaluate the efficacy of different treatment strategies. Similar to 3D bioprinting of colorectal cancer models, creating 3D bioprinted cervical cancer models requires high-precision printing techniques and complex equipment. Suitable printing materials and processes are necessary to simulate the in vivo environment of cervical cancer cells, which enhances the biological similarity and reproducibility of the models. Additionally, cervical cancer exhibits heterogeneity and individual differences, and this requires more detailed and personalized model designs. Overall, the research and application of 3D bioprinted cervical cancer models have broad prospects. They can help us better understand the mechanisms behind disease development and can help us to evaluate the effectiveness of different treatment strategies, ultimately providing more accurate and personalized treatment plans for patients.

### Ovarian cancer

High-throughput automated 3D ovarian cancer model production is made possible by combining extracellular matrix and ovarian cancer cells using 3D bioprinting. Interestingly, the biofabrication of ovarian cancer models has been accomplished using droplet bioprinting techniques. For example, Xu et al. [166] used a droplet-based system to print OVCAR-5 (an epithelial human ovarian cancer cell line) ovarian cancer cells and MRC-5 (a normal human fibroblast cell line) normal fibroblasts in a controlled spatial distribution on Matrigel gel scaffolds to construct ovarian cancer microtissue organoid in order to study the feedback mechanisms between tumor and stromal cells and to provide a high-throughput drug screening tool (Fig. 7a). Wu et al. [167] used an extrusion bioprinting platform to biofabricate 3D ovaries (Fig. 7b). While the focus of that study was on isolated oocyte maturation, ovarian cancer cell lines were used in the process of optimizing the biocompatibility of the bioinks, and they showed high cell viability both during and after the extrusion process. In another study, Baka et al. optimized the bioinks while investigating a variety of biological characterizations of ovarian cancer, including viability and proliferation assays, histology, and immunological staining, which laid the groundwork for studies such as drug screening [168] (Fig. 7c). Lucà et al. [169] used extrusion bioprinting to demonstrate that murine double minute 4 (MDM4) was able to reduce the ability of ovarian cancer cells to migrate and disseminate, as



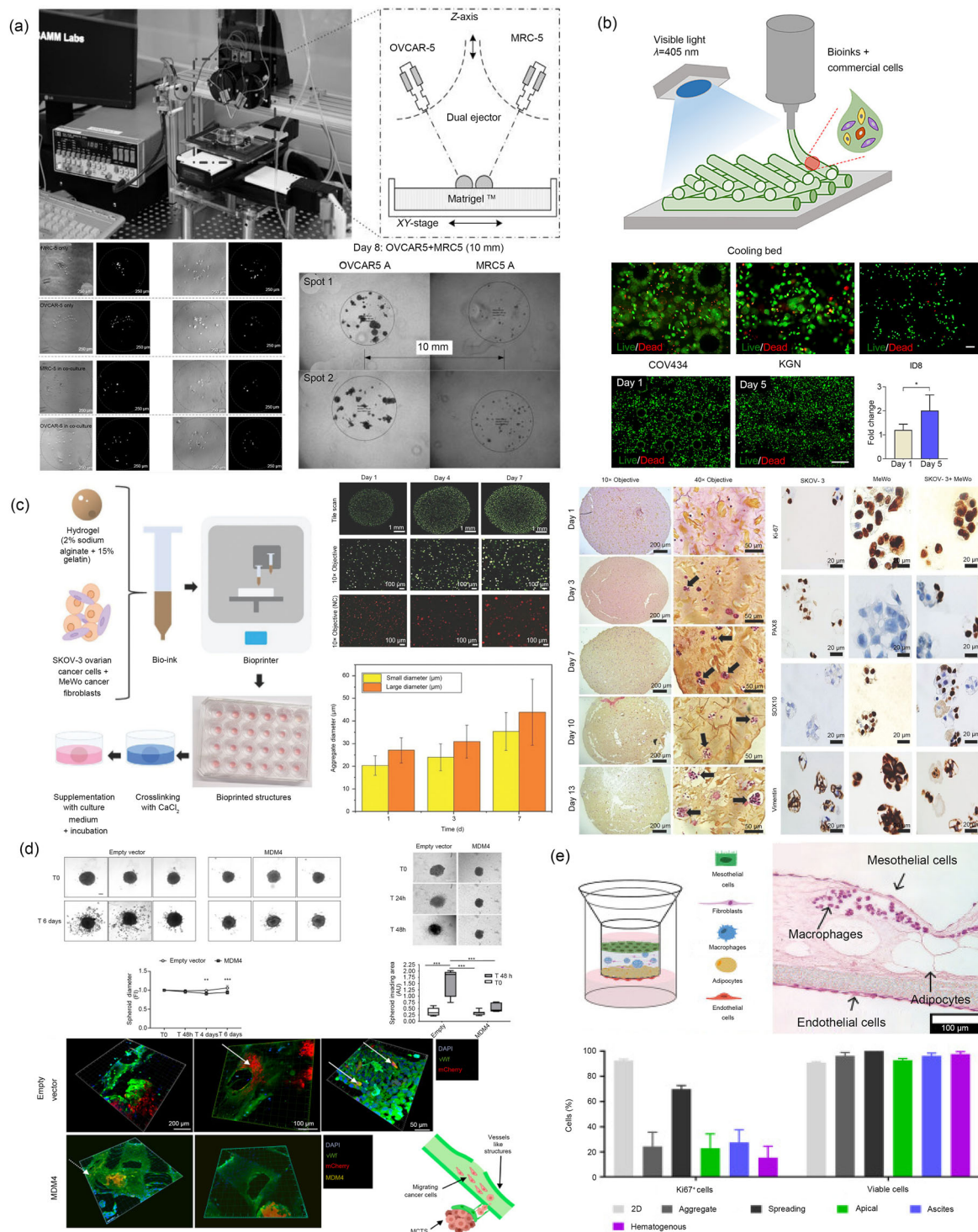
**Fig. 6** A study of 3D bioprinted cervical cancer models. **a** 3D printing of HeLa cells and gelatin/sodium alginate/fibrinogen hydrogels to construct an in vitro cervical cancer tumor model to study cell proliferation, MMP expression, and chemotherapy resistance (adapted and modified from Ref. [162], Copyright 2014, with permission from IOP Publishing Ltd). **b** Cell viability as determined 48 and 96 h after paclitaxel treatment (adapted and modified from Ref. [163], Copyright 2021, with permission from Elsevier Ltd). **c** 3D bioprinted in vitro model of

cervical cancer used for the study of the EMT during cervical cancer metastasis (adapted and modified from Ref. [164], Copyright 2018, with permission from IOP Publishing Ltd). **d** Determination of the oxygen concentration in HeLa spheres using micron spatially resolved scanning electrochemical microscopy for the construction of a drug diffusion model (adapted and modified from Ref. [165], Copyright 2023, with permission from the authors, licensed under CC BY 4.0). MMP: matrix metalloproteinase protein; EMT: epithelial-mesenchymal transition

well as that this impaired intravascular infiltration (Fig. 7d). Recently, Estermann et al. have proposed the creation of a 3D multicellular tissue model that offers a cutting-edge platform for researching how ovarian cancer cells spread and that may be crucial to the precise management of malignancies [170] (Fig. 7e). As an emerging biofabrication technology, 3D bioprinting in ovarian cancer models has been investigated less frequently. Although ovarian cancer cells have not

been investigated using techniques including inkjet bioprinting, LAB, or stereolithography to date, these are promising techniques that, in combination with synthetic bioinks with improved printability properties, may permit the creation of high-throughput 3D cancerous ovarian cell models and facilitate high-throughput drug screening [171, 172].

Compared to traditional 2D cell culture models, 3D bioprinted ovarian cancer models have the advantage of better



**Fig. 7** A study of 3D bioprinted ovarian cancer models. **a** 3D printing of an in vitro co-culture model of ovarian cancer based on high-throughput cellular patterning, designed to study the feedback mechanism between tumor and stromal cells (adapted and modified from Ref. [166], Copyright 2011, with permission from Wiley–VCH Verlag GmbH). **b** Validation of GelMA-sodium alginate printing suitability by the shape and integrity of gel fibers printed with bioinks (adapted and modified from Ref. [167], Copyright 2021, with permission from the authors, licensed under CC BY-NC-ND 4.0). **c** 3D bioprinted ovarian cancer model to study tumor viability and proliferation as well as

histological and immunological staining (adapted and modified from Ref. [168], Copyright 2023, with permission from Wiley–VCH GmbH). **d** Extruded bioprinted tumor model confirms the ability of MDM4 to reduce ovarian cancer cell migration and propagation (adapted and modified from Ref. [169], Copyright 2021, with permission from the authors, licensed under CC BY 4.0). **e** A 3D multicellular tissue model (adapted and modified from Ref. [170], Copyright 2023, with permission from the authors, licensed under CC BY 4.0). GelMA: gelatin methacryloyl; MDM4: murine double minute 4

simulating the three-dimensional morphology and microenvironment of tumors, presenting more realistic biological characteristics, and thus can better evaluate the effectiveness of different treatment strategies. However, when creating a 3D bioprinted ovarian cancer model, it is necessary to carefully select appropriate printing materials, processes, and equipment to simulate the complex biological environment of ovarian cancer cells within the body. In addition, ovarian cancer exhibits heterogeneity and individual differences, therefore requiring more detailed and personalized designs to create accurate models. To address these issues, researchers need to continuously explore and improve the technology to enhance the biological similarity and repeatability of 3D bioprinted ovarian cancer models. Further research on 3D bioprinted ovarian cancer models can provide more accurate and reliable models for the early detection of ovarian cancer, the formulation of treatment plans, and the development of new drugs. However, further exploration and improvement in technology and research are still needed in order to fully realize the potential of 3D bioprinting and bring greater benefits to patients.

## Neuroblastoma

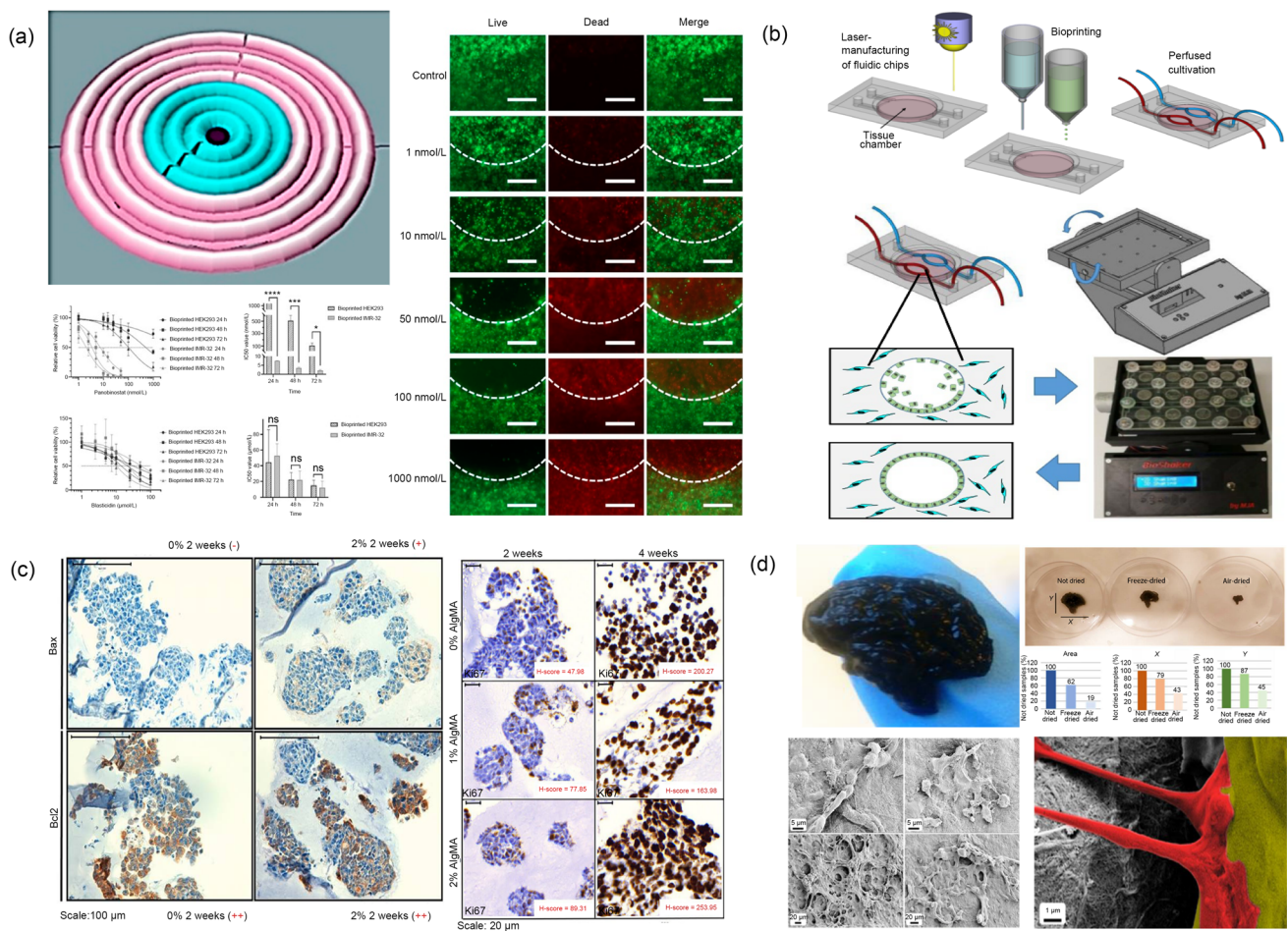
Early childhood neuroblastoma is an extracranial solid tumor with a poor prognosis. Finding patient-specific medication responses in tissue models that replicate the interaction between patient cancer cells and the tumor environment is one method for increasing cure rates. For example, Wu et al. [173] demonstrated the value of using 3D tumor models in humans for the study of anticancer drugs by using pneumatic extrusion bioprinting to fabricate a renal neuroblastoma model and evaluate the efficacy of two chemotherapeutic drugs (Fig. 8a). In another study, Nothdurfter et al. [174] developed a perfused and microvascularized tumor microenvironment model that could be directly bioprinted into a microfluidic fluidic chip, thus constructing a bioprinted microvascularized neuroblastoma-tumor-environment model, providing a novel medium-throughput biofabrication platform for future precision medicine research on cancer angiogenesis and migration (Fig. 8b). In another study, Monferrer et al. [175] used methacrylated alginate to study the relationship between the physicochemical signals of SK-N-BE (2) neuroblastoma cells and the hardness of the printable hydrogel, and used the model to extrapolate the potential of how the spatial hardness of the hydrogel could drive aspects of clinical behavior relevant to neuroblastoma patients (Fig. 8c). Similarly, López-Carrasco et al. investigated the effect of extracellular matrix stiffness on the genomic heterogeneity of neuroblastoma cells [176]. Bordoni et al. [177] prepared bioinks based on cellulose nanofibers (CNFs), alginate, and single-walled

carbon nanotubes (SWCNTs) for the 3D bioprinting of conductive scaffolds in freeform reversible embedding hydrogels (FRESH) (Fig. 8d). These findings show that conductivity, with or without differentiation stimulation, enhances the division of human neuroblastoma carcinoma cells, as evidenced by the SH-SY5Y cell line. Taken in context, this study improves our understanding of the pathogenic processes behind neurodegenerative illnesses and offers a novel method for building simulated 3D brain models *in vitro*.

The 3D bioprinting of neuroblastoma models is a highly promising research field. Creating a 3D bioprinted neuroblastoma model requires careful selection of suitable printing materials, processes, and equipment to accurately simulate the tissue structure and cellular interactions of neuroblastoma. In addition, the heterogeneity and individual differences involved in particular neuroblastoma cases must be considered during model design to ensure that they are both representative and reliable. Although research on 3D bioprinted neuroblastoma models remains at an early stage, its prospects are promising. This technology has the potential to provide more accurate and reliable models, thereby aiding in developing a deep understanding of neuroblastomas and more effective treatment methods. However, continuous exploration and improvement in both technology and research are required to overcome current challenges and further advance this technology. In brief, 3D bioprinting of neuroblastoma models is an exciting field with tremendous potential. Through ongoing research and innovation, we hope to pave new pathways for the understanding and treatment of neuroblastoma, ultimately benefiting patients.

## Other tumor models

In addition to the types listed above, 3D bioprinted tumor models have been developed to study other human tumors, including those for pancreatic cancer, lung cancer, kidney cancer, bone cancer, osteosarcoma, skin cancer, pituitary tumors, and leukemia. The most frequent malignant pancreatic tumor is pancreatic ductal adenocarcinoma (PDAC). Due to the inability of existing 2D cell culture models to mimic the three-dimensional complexity of pancreatic tissues, Hakobyan et al. [178] created arrays of 3D pancreatic cell spheroids using laser-assisted bioprinting and characterized their phenotypic evolution over time through image analysis and phenotypic characterization (Fig. 9a). Moreover, the data showed that the bioprinted spheres made of follicular and ductal cells were found to be able to mimic the early phases of PDAC development. This model could therefore offer a fresh perspective for potential PDAC therapeutic interventions. In another study, Wang et al. [179] used cryo-molded 3D bioprinting to construct a 3D tumor model of pulmonary carcinoma that could maintain activity for up to 28 days *in vitro* and confirmed at the molecular level that

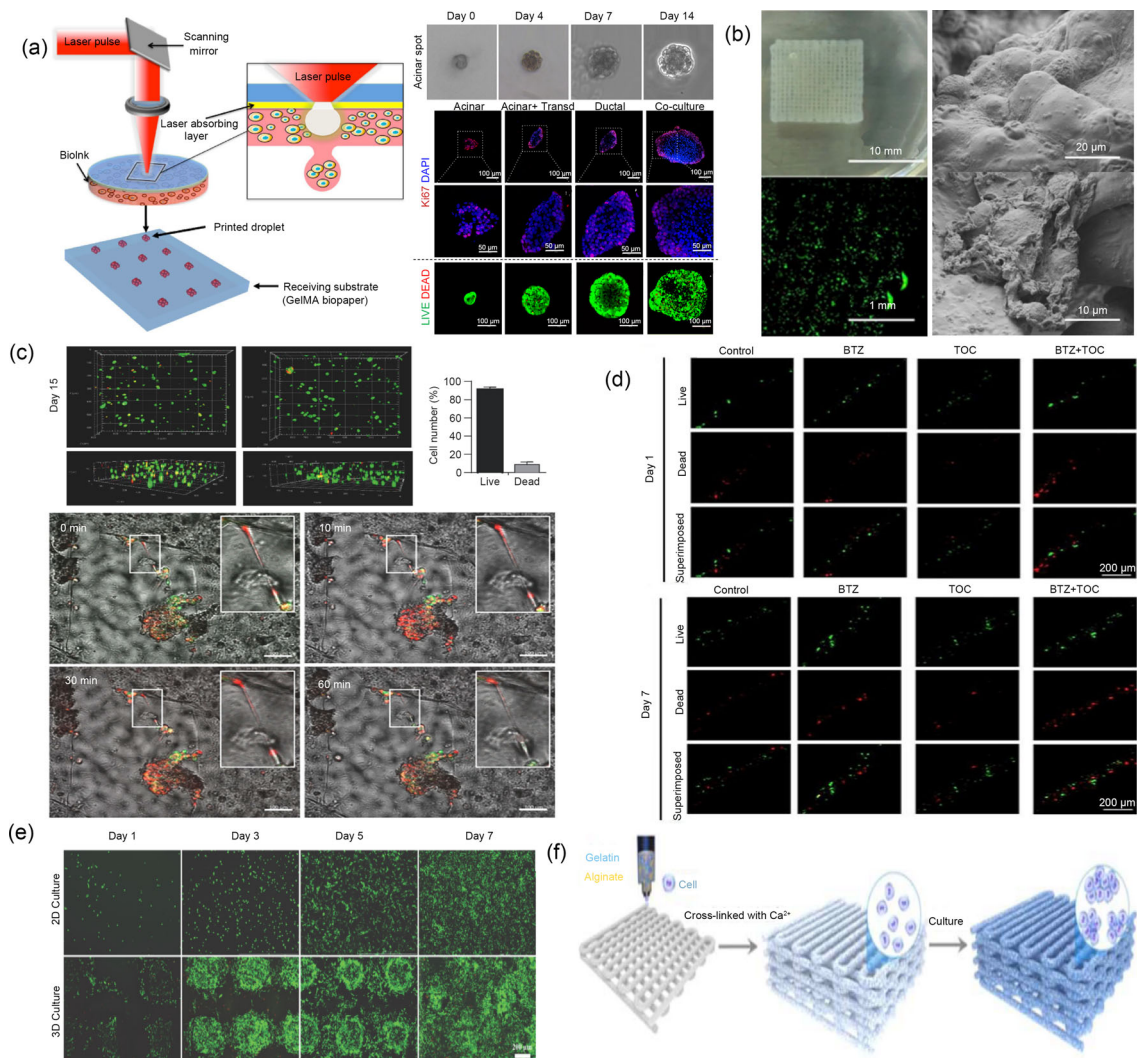


**Fig. 8** A study of 3D bioprinted neuroblastoma models. **a** A renal neuroblastoma model created by pneumatic extrusion bioprinting to assess the effects of two chemotherapeutic agents (adapted and modified from Ref. [173], Copyright 2021, with permission from the authors, licensed under CC BY 4.0). **b** A tumor microenvironment model for perfusion and microvascularization (adapted and modified from Ref. [174], Copyright 2022, with permission from the authors, licensed under CC BY 4.0). **c** 3D bioprinted model to assess the effect of hydrogel hardness on

neuroblastoma cell cluster dynamics and behavior (adapted and modified from Ref. [175], Copyright 2020, with permission from the authors, licensed under CC BY 4.0). **d** Freeform reversible embedding hydrogels (FRESH) 3D bioprinted conductive scaffolds based on CNF, alginate, and SWCNT (adapted and modified from Ref. [177], Copyright 2020, with permission from the authors, licensed under CC BY 4.0). CNF: cellulose nanofiber; SWCNT: single-walled carbon nanotube

lung cancer cells demonstrated enhanced invasiveness and migration (Fig. 9b). Herrada-Manchón et al. used a similar approach to bioprint a 3D model of renal cancer that survived for at least 15 days in vitro and self-assembled within hydrogels to build similar functionalized tunneling nanotube-like structures [180] (Fig. 9c). Another study showed that for alginate/hydrogel, the addition of bioglass increased the proliferation and mineralization of bioprinted SaOS-2 cells [181], but these osteoblast-like cells, when cultured in vitro, could be directly transformed into osteosarcoma-like models [182]. In addition, many bone microenvironment-based models of metastatic cancer have been reported; these include breast cancer bone metastasis models [183, 184] and prostate cancer bone metastasis models [185, 186]. In another study, Wu et al. used coaxial bioprinting to construct a 3D model

of multiple myeloma in vitro that can release interleukin 6 (IL-6). The authors then used trials to explore related targeted sensitizing drugs [187] (Fig. 9d). In order to create an in vitro melanoma micro-model, Duan et al. [188] used 3D printing to create GelMA/polyethylene (glycol) diacrylate (PEGDA) scaffolds made of composites, which resembled the environmental conditions associated with human malignancy in melanoma cell (A375) growth (Fig. 9e). Based on this model, it was discovered that lignocaine’s effects on melanoma cells were time- and dose-dependent and that tumor cells in the 3D culture system became increasingly insensitive toward the drug. Diao et al. [189] constructed a growth hormone pituitary adenoma model using extrusion bioprinting. Subsequent comparisons revealed that pituitary adenoma cells in the 3D environment exhibited more active



**Fig. 9** 3D bioprinting of multiple cellular tumor models. **a** LAB for fabricating 3D pancreatic cell sphere arrays (adapted and modified from Ref. [178], Copyright 2020, with permission from IOP Publishing Ltd). **b** Cryoprinting for constructing 3D tumor models of lung cancer to study the invasiveness and migration of lung cancer cells (adapted and modified from Ref. [179], Copyright 2018, with permission from Springer-Verlag GmbH Germany, part of Springer Nature). **c** 3D bioprinting for constructing kidney cancer models that self-assemble within hydrogels to build functionalized tunneling nanotube-like structures (adapted and modified from Ref. [180], Copyright 2021, with permission from Elsevier B.V.). **d** Coaxial bioprinting for constructing 3D

models of multiple myeloma in vitro and exploring targeted sensitizing drug trials (adapted and modified from Ref. [187], Copyright 2021, with permission from Wiley–VCH GmbH). **e** In vitro construction of a melanoma micromodel used to study drug resistance (adapted and modified from Ref. [188], Copyright 2022, with permission from the authors, licensed under CC BY). **f** Extrusion bioprinting for constructing a growth hormone pituitary adenoma model to study its intrinsic characteristics (adapted and modified from Ref. [189], Copyright 2019, with permission from IOP Publishing Ltd). LAB: laser-assisted bioprinting

cell cycle progression, secretion, proliferation, invasion, and tumorigenesis. These findings may help future studies of the etiology and treatment of pituitary adenomas (Fig. 9f). In addition, by combining hydrogel with leukemia cells to create cell-containing scaffolds, Sbrana et al. [190] were able to 3D bioprint tumor model containing leukemia cells effectively, improve their in vitro viability, which could be maintained for up to 28 days, and create reproducible models

of long-term 3D culture. The overall results were an effective in vitro model of chronic lymphocytic leukemia. Further RNA sequencing (RNAseq) analyses revealed changes in gene expression patterns between 2D and 3D samples, thereby demonstrating that cells behave differently in two distinct culture settings. This will make it possible to conduct more reliable investigations of the molecular and cellular interactions that take place in vivo under both benign and malignant leukemia conditions. Finally, this model may also

be applied clinically to assess how different individuals react to medications.

The development of 3D bioprinting of tumor models has been widely regarded as a significant advancement in medical research. By creating more realistic and reliable tumor models, researchers can better understand the biological characteristics, progressions, and treatment responses of tumors. This will help accelerate drug screening and development, and improve the personalization and precision of various treatments. On the other hand, concerns have been raised regarding the ethical and legal issues that may arise from the 3D bioprinting of tumor models. Furthermore, the development of 3D tumor model bioprinting faces substantial technical challenges and cost issues. The current technology remains at an early stage and requires constant improvement and innovation to enhance model accuracy and reliability. Overall, 3D bioprinting of tumor models remains a promising research field and offers better tools for the study of tumors. More importantly, it also lays the foundation for the future development of personalized treatments.

## Applied research using 3D bioprinted tumor models

### Construction of the tumor microenvironment

The milieu in which tumor cells thrive is known as the tumor microenvironment; it is closely related to carcinogenesis, tumor development, invasion, and metastasis (Fig. 10). It typically consists of tumor cells, malignant vessels, stromal parts, and host immune cells. Constructing simulated 3D tumor microenvironments can facilitate improvements in basic tumor research and anticancer drug screening. Conventional 2D models are unable to accurately simulate the tumor microenvironment, especially regarding oxygen and nutrient availability, and are therefore strongly restricted in their capacity to act as effective models for fundamental tumor biology research or during the evaluation of anticancer drugs [194, 195]. In a computer-controlled layer-by-layer printing process, 3D bioprinting enables the precise localization of cells and biomaterials and preserves cell viability [3]. As a result, it is viewed as a viable route for developing tissue architectures that capture the complicated nature of the tumor microenvironmental compositions and geometries [196]. For instance, in less than five days of culture, multicellular spheroids were developed in hydrogel grids that were uniformly loaded with Hela cells, a cervical cancer cell line, and the tumor cells in this 3D environment were more resistant to the antitumor chemotherapeutic drug paclitaxel than in a 2D environment [162]. In addition, 3D bioprinted microarray tumor models have replicated the specificity and diversity of patient responses to radiation in clinical settings

and have described the biochemical and biophysical features of glioblastomas [78]. Using 3D printing, breast cancer cells, peripheral blood mononuclear cells, and fibroblasts were created in the same hydrogel milieu to study the self-assembly and co-culture of various cell types [197]. Although no existing model tissues can exactly duplicate every aspect of the tumor microenvironment, the majority of them offer insightful information about tumor biology.

### Tumor vascularization

Compared to traditional methods for studying tumor angiogenesis (including 2D culture and animal models), 3D culture-based approaches provide tumor cells with the geometry and microenvironment required for cell growth *in vivo*, promote cell–cell and cell–ECM interactions, and are overall closer to *in vivo* tissues in terms of cell proliferation, migration, invasion, cell signaling, and gene expression, which lays the foundation for studying the mechanisms of tumor angiogenesis and development in Fig. 10 [107, 198–201].

Numerous 3D models have been created recently by researchers to explore malignant angiogenesis. Wang et al. [202] developed a 3D hydrogel co-culture model containing glioma cells and endothelial cells. The use of a porogenic agent caused endothelial cells to form vascular-like structures in the 3D hydrogel. The findings demonstrated that the 3D model dramatically boosted glioma cell proliferation while considerably reducing the expression of endothelial cell adhesion proteins. In another study, Meng et al. [203] constructed a 3D model containing tumor cells, human umbilical vein endothelial cells (HUVECs), and fibroblasts using gelatin-methacrylic acid bioinks. They then studied tumor vascularization via laser-induced loading of vascular endothelial growth factor (VEGF)/EGF capsules, which facilitated the slow release of vascular growth factors to form a chemical concentration gradient. Understanding endothelial cell vascularization in the constructed 3D tumor angiogenesis model requires better utilization of the biological functions of tumor cells in the co-culture system. This is because tumor cells can participate in tumor angiogenesis by means other than direct transdifferentiation into endothelial cells [204]. Furthermore, by secreting vascular growth factors on their own, tumor cells can attract and persuade peripheral endothelial cells to take part in tumor neovascularization [205]. Hence, the key to understanding tumor angiogenesis is to build a model that optimizes the fundamental biological characteristics of tumor cells. Chen's [206] model of a perfusable vascular network was created using a 3D bioprinting platform. In the research, mouse fibroblasts and HUVECs were co-cultured, and both single and multicellular sprouts were shown to move from the created vascular network into the matrix gel. Sousa et al.



genes related to tumor angiogenesis, and in vitro vascularization [98]. In addition, current research indicates that 3D bioprinted glioma cells may be able to transdifferentiate into endothelial cells [208].

### Tumor stem cells

The capacity to renew themselves and create diverse tumor cells is possessed by tumor stem cells, which are crucial for the survival, growth, metastasis, and recurrence of cancers (Fig. 10) [209]. When researching the biological activity of tumor stem cells, having an accurate 3D model of tumor stem cells is crucial. Investigations have demonstrated that 3D bioprinted glioma stem cells showed more stable proliferation than typical suspension cultured glioma stem cells, presumably because 3D bioprinted cells have more numerous mitochondria and rough endoplasmic reticulum in their stem cells as well as a significant number of long microvilli on their cell surface. In addition, in vitro 3D bioprinted glioma stem cells have been found to have higher cell stemness, higher expression of tumor angiogenesis-related genes, and greater angiogenic potential than those developed under suspension culture conditions [98]. Using a 3D printing platform, Herreros-Pomares et al. [210] created a non-small cell carcinoma model of lung cancer and discovered that the proliferation profile of tumor stem cells was enhanced on rigid scaffolds compared to culture on hydrogel scaffolds or tumor spheroids. However, tumor stem cells grew better in hydrogel scaffold or tumorsphere culture. Further gene expression analysis showed that the majority of the stemness and invasion promoters evaluated were more strongly expressed by tumor stem cells in 3D hydrogel scaffolds compared to control cells in 2D culture, according to gene expression analyses. Taken together, these findings demonstrate that, relative to in vivo 2D culture models, 3D printed hydrogel scaffolds may more accurately replicate the complexity of tumors and may more accurately control the biological activities of tumor stem cells. Wang et al. constructed a glioma model by 3D bioprinting using gelatin/sodium alginate/fibrinogen as biomaterials to enrich glioma stem cell-like cells. Compared with the traditional 2D culture model, the proportion of stem cell-like cells, the expression of stem cell biomarkers, and the expression of epithelial-mesenchymal transition-related genes in glioma cells cultured in 3D bioprinted hydrogel scaffolds were all significantly increased. Moreover, glioma cells produced on 3D bioprinted scaffolds made of hydrogel exhibited increased tumorigenicity and stronger treatment resistance in vitro. The hypoxic environment and the activation of EMT together promoted the enrichment of glioma stem cell-like cells. Finally, it was shown that the hydrogel microenvironment constructed using 3D bioprinting provides a promising new platform for glioma stem cell enrichment studies [99].

### Tumor therapy tolerance and drug screening

Surgical excision along with radiation, chemotherapy, and additional complete therapies is the primary form of treatment for the majority of cancers. Nevertheless, some malignant tumors, such as glioblastoma, are not ideally treated with post-surgical radiotherapy, and the recurrence of malignant tumors is mostly due to the resistance of tumor cells to chemotherapeutic treatments. Since the 2D culture model of traditional methods for studying tumors has many defects, the creation of an optimal in vitro model is required to investigate the drug resistance and invasiveness of tumor cells.

Compared to traditional 2D cell culture techniques, 3D tumor models are better able to realistically emulate the tumor microenvironment, which can help to further elucidate the basic mechanisms of tumorigenesis and development, better study the behavior of tumor cells, more efficiently screen drugs, and develop more effective clinical treatments (Fig. 10). Basic research on 3D bioprinted tumor models is expected to be a bridge to actual clinical diagnosis and treatment. In the future, we may create customized tumor models for patients using 3D bioprinting technology, evaluate the effects of drug therapy in vitro, offer details on the best medication kind and dose, and create customized tumor therapies for patients. By reproducibly producing 3D cell-hydrogel structures, bioprinting technology has been able to address these criteria and produce intricate, high-throughput disease models. These models incorporate extracellular stressors and component regulation, pharmacological therapy, and studies of illness development, all of which might be helpful in better comprehending and eventually treating disease. A high-throughput bioprinted spherical system for disease modeling has been developed by Nano3D Biosciences. Its commercial equipment uses magnetic 3D bioprinting to create spheres for up to 384-well plates. Publications based on its 3D bioprinting system technology include, among other things, cancer disease models and toxicity screening. Another private firm, Organovo, is a publicly traded company in the pharmaceutical industry which produces a wide variety of tissue-engineered, bioprinted high-throughput models for drug screening. Moreover, it creates cancer disease and screening models that use a variety of cell types and associated ECM components to bioprint tumor models and form microcapillaries. These are then subjected to chemotherapy testing and high-throughput drug screening.

### Tumor immunotherapy

One of the characteristics of cancer and a frequent occurrence in the tumor microenvironment is tumor immune escape [211]. Therefore, targeted therapy focusing on immune cells has become the most promising antitumor therapy

(Fig. 10) [212]. Compared with traditional cell culture technology, the 3D bioprinting platform technology can achieve the model construction of the multicellular complex tumor immune microenvironment, so its use for *in vitro* immune-targeted therapy for tumor research and development is highly expected.

The most promising treatment option for autoimmune disorders, cancer, and infections is now T-cell immunotherapy. T-cell therapies cannot, however, be widely used due to ineffective growth, functional flaws of isolated cells, and high cost of these treatments. Given these limitations, the development of an affordable, easily expandable, and accessible method for maintaining a population of T cells so that immune cells maintain good cancer-targeting function remains an important priority. In one study, Delalat et al. [213] used 3D-printed highly-organized micrometer lattice structures functionalized by plasma polymerization to bind monoclonal antibodies that cause cell proliferation to facilitate the expansion of therapeutic human T cell subsets, including regulatory, effector, and cytotoxic T cells, while maintaining the correct phenotype. The cell expansion platform is easy to use, accelerates cell recovery and expansion, and promises to be an ideal way to move T-cell therapies from the laboratory to the clinic. Chimeric antigen receptor (CAR) T cells are the current hotspot for tumor immunotherapy, but CAR-T therapy also faces the validity of 2D cell therapy *in vitro*, while animal and clinical trials are often unsatisfactory, and the validity of CAR-T therapy in 3D solid tumors is only more convincing. For example, a 3D neuroblastoma tumor model was created via bioprinting by Grunewald et al. [192] for the preclinical validation of CAR-T cell effector function targeting L1 cell adhesion molecule (L1CAM). According to these findings, the 3D model exhibited greater activation of L1CAM-specific CAR-T cells by neuroblastoma cells than the 2D co-culture did. Bioprinted 3D neuroblastoma models are a superior *in vitro* analytical tool for preclinical CAR-T cell characterization and may be even better at selecting CAR-T cells capable of exerting their effects *in vivo* than in 2D culture. They are suitable for detecting and quantifying CAR-T cells infiltrating in tumors, and can speed up preclinical testing, reduce costs, and minimize animal use.

Kim et al. [214] developed a bladder cancer microarray including tumor cells, vascular endothelial cells, and immune cells to mimic the tumor microenvironment using 3D bioprinting and microfluidics. They then assessed the immune response of this tumor model to different concentrations of Bacillus Calmette-Guérin (BCG) vaccine by THP-1 monocyte migration and determined the concentrations of various growth factors and cytokines. Briefly, the use of 3D bioprinted bladder cancer for BCG immunotherapy applications is expected to be an effective tool for analyzing drug responses, opening up new directions for the development

of precision medicine for tumor immunotherapy as well as for the utilization of patient-derived cancer cells for tailored therapeutic applications.

## Tumor precision medicine

Precision medicine in oncology is a therapeutic approach based on genetic information that is tightly linked to the tumor disease's pathogenesis (Fig. 10). In general, it is a tool that clinicians can use to determine the most appropriate treatment of a patient's tumor. For instance, there may be specific mutations directly associated with tumorigenesis that should inform treatment. However, not all mutations are therapeutically relevant, but they can provide information on disease characterization since they are major drivers of pathology. In this context, the use of *in vitro* simulated 3D tumor culture models allows tumor tissue to be extracted from patients for culture and extended to *in vitro* 3D tumor models for study, while still maintaining parental genotype characteristics *in vivo* [172, 215]. Moreover, a variety of patient-specific tumor disease models may be produced using 3D bioprinting and human-derived tumor tissue or cells. These models can be used independently or in conjunction with clinical trials through precision medicine initiatives. Precision medicine not only helps patients in the short term, but also collects large amounts of data for long-term studies of disease progression and responses to drug therapy. Thus, precision medicine, which is defined as individualized diagnosis and treatment using strategies that target patient- or disease-specific genetic, proteomic, and phenotypic traits [216], is critical for the success of patient-directed diagnosis and treatment. The behavior, progression, and response to pharmacological therapy of patient cell populations have all been better understood using 3D cell culture models than using alternatives. For example, these models can be used to predict how primary cultured cells and patients will respond to treatment since they use fewer cells to replicate the *in vivo* milieu. In addition, patient cells can be used to make customized models that are better suited to a patient's particular tumor than commercial cell lines, mostly because each patient has a unique set of one or more mutations. These mutations offer insight into genetic variants, cell type mixtures, and patient-specific variants. This allows investigators and patients alike to have additional personalized knowledge of the state of their specific illness.

At present, the adoption of 3D bioprinted tumor models by precision medicine protocols remains in its early stages [217]. *In vitro* 3D cell cultures involve the isolation of tissue directly from the patient, followed by further single-cell isolation and ECM reconstruction. Moreover, to obtain whole lineage cell types and ECM components from patient-diseased tissue or biopsies, cells can be isolated and expanded

in 2D culture. In addition, patient cell expansion is necessary for high-throughput 3D bioprinting precision medicine applications since this enables the simultaneous fabrication of numerous replicable 3D culture systems [193]. However, it is difficult to expand patient cells from tissues, particularly when dealing with large cell numbers, the tumor microenvironment, whole cell lineages, and stromal components. Culture expansion using human induced pluripotent stem cells (hiPSCs) before differentiation to produce millions of cells that differentiate into the desired diseased cell type may be a useful alternative. Although current methods have limitations, since expansion takes time and may produce tumor models that lose important parental characteristics, it remains the best option. Precision medicine is an emerging field of great interest to clinicians, patients, and researchers. In the future, many clinical oncology patients may receive precision medicine therapies thanks to the application of 3D bioprinting in tumor disease prediction models and high-throughput drug screening [22, 218].

## Challenges and perspectives

Early bioprinted tumor models were relatively simple, and typically involved the arrangement and assembly of tumor cells or other relevant cell types using bioprinting technology to form a basic tumor structure. However, these models lacked the complex reconstruction of the tumor microenvironment. In contrast, current 3D bioprinted tumors offer several advantages in terms of complexity, biological similarity, controllability, and suitability for application in clinical settings. They can more accurately simulate the tumor microenvironment by adjusting printing parameters and cell assembly, thereby achieving consistent and comparable tumor models. To date, bioprinted tumors have been widely used in areas such as drug screening, personalized medicine, and surgical simulation, where they play a crucial role in advancing tumor research and treatment. Therefore, further research of bioprinted tumor models and their potential clinical applications are imperative.

Precision therapy helps physicians make more informed medical decisions while providing customized treatments for patients and improving the service level of personalized care. In the future, 3D bioprinting for precision therapy can be implemented by first obtaining tumor cells from a patient's body to build an *in vitro* tumor model for screening out sensitive chemotherapeutic drugs. Next, the same technique can be used for printing normal tissues in the residual cavity of the patient's resected tumor after obtaining estimates of the patient's normal cell expansion combined with the identification of sensitive chemotherapeutic drugs and their incorporation into a bioink designed to promote

tissue repair and regeneration and to prevent tumor recurrence. Given the complexity involved in designing precisely tailored tumor models and products, their production and delivery remain challenging. Therefore, in-depth knowledge and detailed research are required for the future development of unique state-of-the-art models that will ultimately lead to precision therapies.

The development of 3D bioprinted replicas of tumors may significantly alter how healthcare professionals approach cancer prevention, diagnosis, and therapy. Future 3D bioprinting technology, which may be combined with gene editing, artificial intelligence, and biochip technologies, can establish more accurate tumor model prediction models and achieve high-throughput tumor drug screening. This can in turn improve screening efficiency, reduce the cost of tumor drug development, and further promote the development of precision treatments for tumors. Combined with *in vitro* organ culture and tissue engineering technologies, 3D bioprinted cancer models can accurately simulate the environment of real human organs, allowing us to better evaluate the safety and effectiveness of tumor therapy drugs. In conclusion, in the future, 3D bioprinting technology can be combined with a variety of new technologies to continuously advance the development of tumor models and provide more accurate, rapid, and safe solutions for precision tumor therapies.

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## Declarations

**Conflict of interest** The authors declare that they have no conflict of interest.

**Ethical approval** This study does not contain any studies with human or animal subjects performed by any of the authors.

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