



## Research Article

<https://doi.org/10.1631/jzus.B2500142>



# Momordicine I induces ER stress and inhibits OSCC by targeting ribosomal proteins

Jianlu KONG<sup>1\*</sup>, Ziyu ZHU<sup>1\*</sup>, Yijie HU<sup>1</sup>, Siyi ZHOU<sup>1</sup>, Tianyi GU<sup>1</sup>, Xiao SHEN<sup>2</sup>, Huiming WANG<sup>1✉</sup>, Mengfei YU<sup>1</sup>, Yu LIU<sup>1✉</sup>

<sup>1</sup>Stomatology Hospital, School of Stomatology, Zhejiang University School of Medicine, Zhejiang Provincial Clinical Research Center for Oral Diseases, Key Laboratory of Oral Biomedical Research of Zhejiang Province, Cancer Center of Zhejiang University, Hangzhou 310006, China

<sup>2</sup>The Second School of Clinical Medicine, Zhejiang Chinese Medical University, Hangzhou 310053, China

**Abstract:** Oral squamous cell carcinoma (OSCC) is one of the most common malignant tumors worldwide. This necessitates the development of innovative drugs with high efficiency, low toxicity, and good tolerance. Bitter melon extract has been reported to have potent anticancer activity against OSCC. We evaluated the effects of nine triterpenoids from bitter melon extract on OSCC using cell counting kit-8 (CCK-8) proliferation and Transwell migration assays. Among the nine triterpenoids, momordicine I (MI) exhibited the strongest anticancer activity against OSCC. Animal experiments also showed that MI inhibited OSCC cell growth in vivo. Additionally, MI decreased the mitochondrial membrane potential and promoted apoptosis in OSCC. RNA-sequencing (RNA-seq) analysis revealed that MI induced an unfolded protein response (UPR) and endoplasmic reticulum (ER) stress, which was confirmed by western blotting and reverse transcription-quantitative polymerase chain reaction (RT-qPCR). Cellular thermal shift assay (CETSA) and mass spectrometry (MS) analysis, combined with molecular docking, identified ribosomal proteins (ribosomal protein L7 (RPL7), RPL11, RPL12, RPL18, RPL30, RPL38, RPS13, and RPS25) as MI targets. By targeting ribosomal proteins, MI likely disrupts ribosome-mediated protein folding, leading to the UPR and ER stress. In summary, MI targets ribosomal proteins to induce ER stress and inhibit OSCC, highlighting its therapeutic potential.

**Key words:** Oral squamous cell carcinoma (OSCC); Momordicine I (MI); Endoplasmic reticulum (ER) stress; Ribosomal protein

## 1 Introduction

Oral cancer is a malignant tumor with the highest incidence rate among tumors worldwide, with an annual incidence of 354 864 and a mortality of 177 384 (Bray et al., 2018). Approximately 90% of these cancers are oral squamous cell carcinomas (OSCCs) (Feller et al., 2013; Dai et al., 2023). The most common risk factors for OSCC are tobacco and alcohol use (Blot et al., 1988), betel nut chewing (Chen et al., 2008), and human papilloma virus (HPV) infection (Hennessey

et al., 2009). Although standard treatment is a combination of surgery, radiation, and chemotherapy, the five-year survival rate of patients with OSCC is only approximately 50% (Bray et al., 2018; Chen SW et al., 2018). New drugs with high efficiency, low toxicity, and good tolerance are urgently needed to improve treatment outcomes and reduce costs. Treatment with natural phytochemical compounds is an emerging strategy to prevent, impede, or cure cancer (Wang et al., 2012; Gao et al., 2023). Bitter melon is rich in bioactive chemical components such as cucurbitane-type tetracyclic triterpenoids, triterpenoid glycosides, phenolic acid flavones, essential oils, saponins, fatty acids, and proteins (Chen et al., 2021). In recent years, studies have suggested the potent antitumor properties of bitter melon extract in OSCC (Sur and Ray, 2021; Yang et al., 2021). However, the detailed mechanism by which bitter melon extract inhibits OSCC has not been fully elucidated. Triterpenoids from bitter melon extract have shown anti-cancer activity in breast cancer cells (Bai et al., 2016),

✉ Yu LIU, 7514061@zju.edu.cn

Huiming WANG, whmwhm@zju.edu.cn

\* The two authors contributed equally to this work

Yu LIU, <https://orcid.org/0000-0003-3699-4759>

Huiming WANG, <https://orcid.org/0000-0002-1131-7455>

Jianlu KONG, <https://orcid.org/0000-0002-9264-2929>

Ziyu ZHU, <https://orcid.org/0000-0001-7680-5292>

Received Mar. 25, 2025; Revision accepted Sept. 10, 2025;  
Crosschecked Dec. 17, 2025; Published online Dec. 22, 2025

© Zhejiang University Press 2025

prostate cancer cells (Pitchakarn et al., 2012), ovarian cancer cells (Pitchakarn et al., 2017), and hepatoma cells (Yue et al., 2019).

Momordicine I (MI), a triterpenoid monomer compound from bitter melon extract, has recently been reported to have an anticancer effect on OSCC and head and neck cancer (HNC) (Sur et al., 2021). The study showed that MI displayed antitumor activity in HNC, possibly through the c-Met pathway. The bioactive metabolite from bitter melon extract was identified and MI was found to be a potent anticancer component of bitter melon extract. However, the study did not compare the anticancer effect of MI with that of other bitter melon triterpenoid monomer compounds that might also play an anticancer role in HNC. Sur et al. (2024) revealed that MI suppressed HNC growth by reprogramming the immunosuppressive effects of tumor-infiltrating macrophages and B lymphocytes. Lee et al. (2022) used ultrasound- and microwave-assisted methods to extract triterpenoids from bitter melon extract and found MI to be one of the most abundant triterpenoid compounds. Lee et al. (2022) also showed that MI had a better proliferation-inhibitory effect on OSCC cells than other bitter melon triterpenoid monomers, such as 3 $\beta$ ,7 $\beta$ ,25-trihydroxycucurbita-5,23(E)-dien-19-al. A recent study showed that MI suppressed glioma growth by promoting apoptosis and impairing mitochondrial oxidative phosphorylation (Kao et al., 2023). However, these studies did not fully elucidate the molecular mechanisms underlying the anticancer role of MI. Specifically, the direct targets of MI remain unidentified, and the transcriptomic impact of MI has not been analyzed. Our research addressed these gaps by identifying ribosomal proteins as direct targets of MI and showing that MI induces endoplasmic reticulum (ER) stress to inhibit OSCC.

## 2 Materials and methods

### 2.1 Cells

The OSCC cell lines CAL27 and HN4 (RRID: CVCL\_IS30) were used in this study. The cells were cultured in Dulbecco's modified Eagle's medium (DMEM; SH30243.01, HyClone, USA) supplemented with 10% (volume fraction) fetal bovine serum (FBS; Life Technologies, Gibco, USA) and 1% (volume fraction) penicillin/streptomycin solution (10378016, Gibco). The cultures were maintained at 37 °C in a 5% CO<sub>2</sub>

incubator and observed daily using an inverted microscope (CKX41SF, Olympus, Japan). Subculturing was performed using 0.25% (2.5 g/L) trypsin-ethylenediaminetetraacetic acid (EDTA) when the cells reached 70%–80% confluency.

### 2.2 Monomer compounds from bitter melon and ER stress inhibitor

MI (ChemFaces, Wuhan, China, CFN92076) was dissolved in dimethyl sulfoxide (DMSO; MedChemExpress, Shanghai, China, HY-Y0320) at 50 mmol/L. In most experiments in this study, MI was used at 25  $\mu$ mol/L to treat OSCC cells. Typically, 1  $\mu$ L of MI (50 mmol/L) was added to 2 mL of culture medium to achieve a final concentration of 25  $\mu$ mol/L, whereas 1  $\mu$ L of DMSO was added to 2 mL of culture medium for the control group. Additionally, other compounds such as momordicine II (MII; ChemFaces, CFN95167), momordicine V (MV; ChemFaces, CFN95164), momordicoside L (MSL; ChemFaces, CFN92307), momordicoside X (MSX; ChemFaces, CFN95170), momordicoside K (MSK; ChemFaces, CFN92305), Kuguacin J (KJ; ChemFaces, CFN92073), Kuguacin N (KN; ChemFaces, CFN92074), and Kuguaglicoside C (KSC; ChemFaces, CFN92309) were prepared in DMSO at 50 mmol/L. The ER stress inhibitor tauroursodeoxycholic acid (TUDCA; MedChemExpress, HY-19696) was prepared in DMSO at 200 mmol/L.

### 2.3 Cell proliferation and migration assays

CAL27 and HN4 cells were seeded in 96-well plates at 2000 cells per well. After 24 h of incubation, the medium was replaced with a cell counting kit-8 (CCK-8) mixture (1:10 volume ratio of the CCK-8 reagent to medium; Beyotime Biotechnology, Shanghai, China). The absorbance at 490 nm was measured using a microplate reader (Synergy H1, BioTek, USA) at 24, 48, and 72 h.

Cell migration was assessed using a Transwell system (140644, Thermo Scientific, USA). A total of 1 $\times$ 10<sup>5</sup> cells were seeded in the upper chamber with serum-free medium, while the lower chamber contained 10% FBS as a chemoattractant. After 24 h at 37 °C, non-migrated cells on the upper surface were removed, and migrated cells on the lower surface were fixed with 4% (0.04 g/mL) paraformaldehyde and stained with 0.1% (0.001 g/mL) crystal violet. Images were captured at 4 $\times$  magnification using an optical microscope (Olympus, Tokyo, Japan). The crystal violet was dissolved in 33%

(volume fraction) acetic acid, and the absorbance was measured at 570 nm using a microplate reader (Synergy H1, BioTek).

## 2.4 Spheroid culture experiments

CAL27 cells were inoculated into 96-well microplates (Corning, USA) at a density of 10 000 cells per well to form spheroids. After 24 h of incubation, a photo of the spheroids was taken under a microscope and recorded at time 0. The 96 wells were divided into two groups: DMSO and MI. The MI group was treated with 100  $\mu\text{mol/L}$  MI. The DMSO group was treated with an equal amount of DMSO to form a control group. Images were taken under a microscope (CKX41SF, Olympus, Japan) 48 h later.

## 2.5 RT-qPCR

Total RNA from cultured cells was isolated using TRIzol (Invitrogen, Carlsbad, CA, USA), and reverse transcription-quantitative polymerase chain reaction (RT-qPCR) experiments were conducted with TaKaRa (Dalian, China) reagents (RR047A and DRR820A) according to the manufacturer's instructions. RT-qPCR reactions were performed using the Bio-Rad CFX384™ Real Time System (Bio-Rad CFX Maestro, USA). The sequences of the primers used are listed in Table S1. The housekeeping gene glyceraldehyde-3-phosphate dehydrogenase (*GAPDH*) was used as a standard reference gene to analyze the expression levels of the target genes.

## 2.6 Western blots

The cells were lysed in radioimmunoprecipitation assay (RIPA) buffer (Applygen, Beijing, China) supplemented with 1% (volume fraction) protease inhibitor and 1% (volume fraction) phosphatase inhibitor to isolate the total protein. The primary antibodies used were B-cell lymphoma-2 (Bcl-2)-binding component 3 (BBC3), also known as p53-upregulated modulator of apoptosis (PUMA) (1:1000 volume ratio (the same below), ab9645, Abcam, USA; RRID: AB\_1151444),  $\beta$ -actin (1:1000, GB15003, Servicebio, China), glucose-regulated protein 78 (GRP78) (1:1000, ab21685, Abcam), and eukaryotic translation initiation factor 2  $\alpha$  kinase 3 (EIF2AK3) (1:1000, 205364-T38, Sino Biological, Beijing, China). Each blot was reprobated with an anti-rabbit antibody (1:3000, Dawen Biotec, Hangzhou, China). Immunoreactive proteins were detected using the Pierce ECL Western Blot Substrate Kit (Thermo

Fisher Scientific, USA) and band intensities were quantified using Image Lab software (Bio-Rad, USA).

## 2.7 Immunofluorescence

Paraformaldehyde (4%) was used to immobilize CAL27 cells in a 6-well plate for 15 min. Subsequently, 0.5% (volume fraction) Triton X-100 (Sigma Aldrich) prepared with phosphate-buffered saline (PBS; Sigma Aldrich) was used to treat the samples at room temperature (RT) for 15 min to permeabilize the cell membrane. After the samples were blocked with 5% (0.05 g/mL) bovine serum albumin (BSA; Sigma Aldrich) prepared with PBS for 30 min, primary antibodies were added and the samples were incubated at 4 °C overnight. The fluorescent secondary antibodies were incubated in the dark for 30 min. Finally, the nucleus was stained with an antifade mounting solution containing 4',6-diamidino-2-phenylindole (DAPI) (C1211; Applygen). Between steps involving different reagents, the cells on the slides were washed three times in PBS for 5 min each, with 500  $\mu\text{L}$  of each reagent used per well. After mounting, the slides were observed under a confocal laser scanning microscope (Leica TCS SP8). Antibodies against GRP78 (1:200, ab21685, Abcam) and  $\alpha$ -tubulin (1:200, F2168, Cell Signaling Technology, USA) were used.

## 2.8 RNA-sequencing analysis

OSCC CAL27 cells treated with MI and DMSO were designated the MI group (experimental group) and the DMSO group (control group), respectively. In the MI group, OSCC cells were treated with 25  $\mu\text{mol/L}$  MI for 48 h. In the DMSO group, the cells were treated with DMSO for 48 h. To achieve a 25  $\mu\text{mol/L}$  concentration in the MI group, 1  $\mu\text{L}$  of MI (50 mmol/L in DMSO) was added to 2 mL of culture medium, and in the control group, 1  $\mu\text{L}$  of DMSO was added to 2 mL of culture medium. The MI and DMSO groups were cultured in a 6-well plate with three replicate wells.

## 2.9 Cellular thermal shift assay

OSCC CAL27 cells were cultured in 10-cm dishes and reached over 95% confluence with a cell number of approximately  $2 \times 10^7$ . In the MI group, MI was added to a final concentration of 25  $\mu\text{mol/L}$  and incubated for 80 min at 37 °C with 5%  $\text{CO}_2$ . In the DMSO group, the cells were treated with the same amount of DMSO. After that, the cells were collected and resuspended at

$3 \times 10^4$  cells/ $\mu\text{L}$  in PBS supplemented with protease complete (Roche) and phosphatase PhosSTOP inhibitors (Roche). The cell suspension was then aliquoted into 200- $\mu\text{L}$  tubes, with 100  $\mu\text{L}$  in each sample. In our cellular thermal shift assay (CETSA) experiment, the samples were heated to 50 °C or temperature gradients (40, 45, 50, 55, or 60 °C) in a Life Touch thermal cycler (Bioer Technology, Hangzhou, China) for 3 min, cooled for 3 min at RT, and then lysed by three freeze-thaw cycles using liquid nitrogen. Finally, the samples were centrifuged at 15 000g for 45 min at 4 °C. The supernatant was then transferred to a new tube for further mass spectrometry (MS) assays or western blotting (WB).

### 2.10 Molecular docking

The compound structure of MI was retrieved from the PubChem database (<https://pubchem.ncbi.nlm.nih.gov>) and the crystal structures of the target proteins were downloaded from the Protein Data Bank (PDB) (<https://www.rcsb.org>). They were ribosomal protein L7 (RPL7) (PDB ID: 8GLP), RPL11 (PDB ID: 4XXB), RPL12 (PDB ID: 8FKV), RPS13 (PDB ID: 8GLP), RPL18 (PDB ID: 8GLP), RPS25 (PDB ID: 8GLP), RPL30 (PDB ID: 3VI6), and RPL38 (PDB ID: 8GLP). The processing and optimization of the molecular docking data were accomplished using the Glide module in Schrödinger Maestro software. Protein processing was performed using the Protein Preparation Wizard module, and molecular docking was performed using the Standard Precision Glide Docking method.

### 2.11 Animal experiments

Ten male BALB/c nude mice, aged six weeks (Charles River, China), were divided into two groups with five animals in each group. The mice were reared under specific pathogen-free (SPF) conditions throughout the entire process. A total of  $5 \times 10^6$  cells were injected subcutaneously into the mice. Two days after cell injection, MI (ChemFaces, CFN92076) was intraperitoneally injected into the experimental group (MI group) every other day at a dose of 30 mg/kg. The control group (DMSO group) received intraperitoneal injection of an equal volume of solvent containing an equivalent amount of DMSO. Tumor fluorescence was observed weekly using the IVIS Lumina III system (PerkinElmer, USA) after the intraperitoneal injection

of D-luciferin sodium salt (GM-040611; Genomeditech, China; 15 mg/mL, 200  $\mu\text{L}$  per animal). Fluorescence was quantified using Living Image Analysis software (PerkinElmer). After four weeks of continuous monitoring, the animals were euthanized and the tumor tissues were harvested for photographic documentation and weight measurement.

### 2.12 Surface plasmon resonance

Surface plasmon resonance (SPR) experiments were performed at 25 °C using a Biacore 8K (Cytiva, USA). The running buffer consisted of 10 mmol/L PBS, pH 7.4, 150 mmol/L NaCl, 5% (volume fraction) DMSO, and 0.05% (volume fraction) Tween 20. Biacore Insight evaluation software 5.0 (Cytiva) was used for data analysis. All sensorgrams were reference and blank-subtracted. Running buffer was used for blank injections, and bulk effects were corrected using solvent correction. Proteins RPL11 (FineTest, Wuhan, China, P2767), RPL12 (FineTest, P5056), RPL38 (FineTest, P1082), and RPS13 (FineTest, P5493) were immobilized on a CM5 sensor chip using standard amine coupling. For the interaction studies, the small-molecule MI was dissolved in running buffer and injected in a 2-fold dilution concentration series ranging from 0.19 to 12.5  $\mu\text{mol/L}$ . The association was followed for 100 s and the dissociation for 150 s. Before and after every concentration series, a blank was injected. The steady-state values were calculated from the sensorgrams and plotted against the concentration. The data were fitted to a single-site binding model to calculate the dissociation constant ( $K_D$ ).

### 2.13 RPL7 and RPL11 knockdown by siRNAs

Three small interfering RNAs (siRNAs) targeting *RPL7* and three targeting *RPL11* were purchased from Tsingke Biotechnology, China. The detailed sequences are shown in Table S2. The siRNAs were transfected using the GenMute™ siRNA Transfection Reagent from SignaGen Laboratories. Transfection efficiency was assessed after 48 h, and the siRNA with the highest interference efficiency for *RPL7* (*RPL7sil*) and the siRNA with the highest interference efficiency for *RPL11* (*RPL11sil*) were selected for downstream experiments. MI treatment was added 24 h post-transfection for subsequent detection of internal and external markers and cell proliferation assays.

## 2.14 Statistical analysis

The results are presented as mean±standard deviation (SD). The Student's *t*-test (two groups: unpaired; tails: two-tailed) was used to calculate the *P*-values of the results. All groups ( $n \geq 3$ ) were tested for normality using Shapiro-Wilk tests and for homoscedasticity using *F*-tests (for two-group comparisons) or Brown-Forsythe tests (for multi-group comparisons) (Table S3). For data meeting both assumptions, we applied Student's *t*-test for two-group comparisons; for unequal variances, logarithmic transformation was performed, followed by retesting. If variances remained unequal, Welch's corrected *t*-test was used. For two-factor analyses, we assessed normality with Shapiro-Wilk tests and homoscedasticity with Brown-Forsythe tests, and then performed two-way analysis of variance (ANOVA). All experiments were carried out at least three times or performed in triplicate, and representative data are shown. All *P*-values are two-tailed, and *P*-values less than 0.05 are considered statistically significant.

## 3 Results

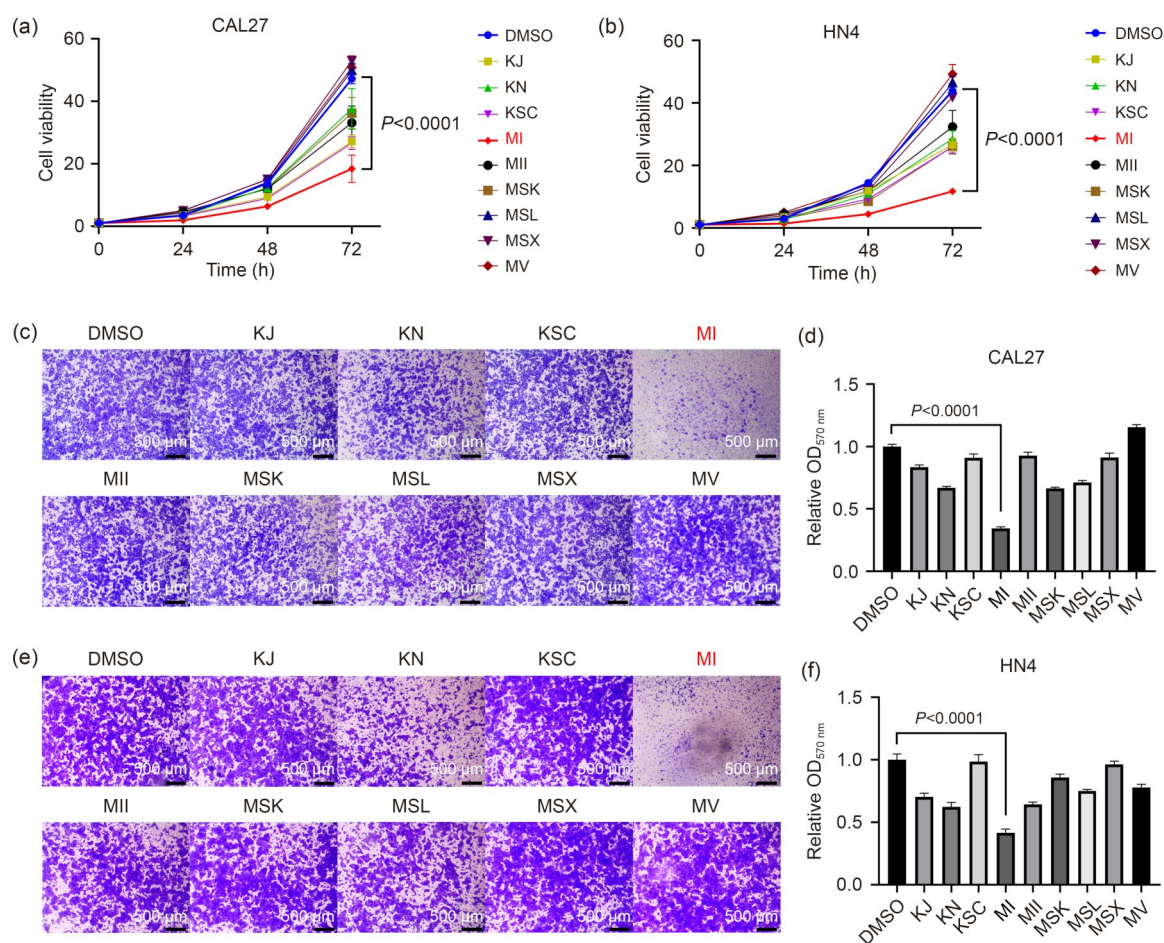
### 3.1 Inhibition of OSCC cell proliferation and migration by MI

Bitter melon extract has been reported to have an obvious antitumor effect on OSCC. Tetracyclic triterpenoids are a class of compounds known for their anticancer effects. Unlike previous studies on the role of MI in OSCC, our study identified the key triterpenoid monomer compound that inhibits OSCC. We compared the effects of nine commercially available bitter melon triterpenoid monomer compounds: MI, MII, MV, MSL, MSX, MSK, KJ, KN, and KSC. We used CCK-8 and Transwell migration assays to identify the most potent anticancer monomer compound among the nine common tetracyclic triterpenoids in the extract. The half maximal inhibitory concentration ( $IC_{50}$ ) of MI against CAL27 cells after 48-h treatment was approximately 25  $\mu\text{mol/L}$  (Fig. S1). Therefore, 25  $\mu\text{mol/L}$  was used as the sole treatment concentration in most experiments. To ensure comparable results, tetracyclic triterpenoids were tested at a uniform concentration of 25  $\mu\text{mol/L}$ . The CCK-8 assay revealed that MI had the strongest inhibitory effect on the proliferation of the OSCC cell lines CAL27 and HN4 among the nine tetracyclic

triterpenoids from the bitter melon extract (Figs. 1a and 1b). The Transwell migration assay also indicated that MI had the strongest inhibitory effect on the migration of the OSCC cell lines CAL27 and HN4 among the nine tetracyclic triterpenoids from the bitter melon extract (Figs. 1c–1f).

### 3.2 Inhibition of OSCC cell growth in vivo and promotion of apoptosis by MI

Similar to earlier studies, we elucidated the inhibitory effect of MI on OSCC both in vitro and in vivo. In vitro experiments, including CCK-8 and Transwell migration assays, showed that MI significantly inhibited the proliferation and migration of OSCC cells among the nine tetracyclic triterpenoids derived from bitter melon extract. We then used a subcutaneous tumor formation model in nude mice to confirm the anticancer effects of MI on OSCC in vivo. Approximately four days after OSCC cells were injected into nude mice for subcutaneous tumorigenesis, a visible tumor mass was formed. Ten mice were randomly divided into two groups. In the experimental group, we administered MI (30 mg/kg per mouse) via intraperitoneal injection into nude mice once daily. We referred to the dosage of MI in mice in another article (Sur et al., 2021). In the control group, an equal volume of solvent containing an equivalent amount of DMSO was injected daily. When we first injected the cells into nude mice, we used a small-animal imaging system to detect tumor fluorescence signals in advance (Fig. 2a). We then detected the tumor fluorescence signals weekly using a small-animal imaging system. After four weeks of MI treatment, the mice were imaged, revealing that the fluorescence signal of the tumors in the MI group was significantly lower than that in the control group (Figs. 2b and 2c). Following four weeks of MI treatment and fluorescence signal detection, the mice were euthanized. The weights of the xenograft tumors in the MI-treated experimental group were significantly lower than those in the control group (Figs. 2d and 2e). These data indicate that MI significantly inhibited the growth of OSCC cells in vivo, demonstrating its potent anticancer effect on OSCC. During the animal experiment, we also measured changes in the body weights of the mice. No significant changes in body weight were observed in the mice after MI treatment (Fig. S2a). To further detect the in vivo toxicity of MI, we administered the same dosage as in the original experiment to both the

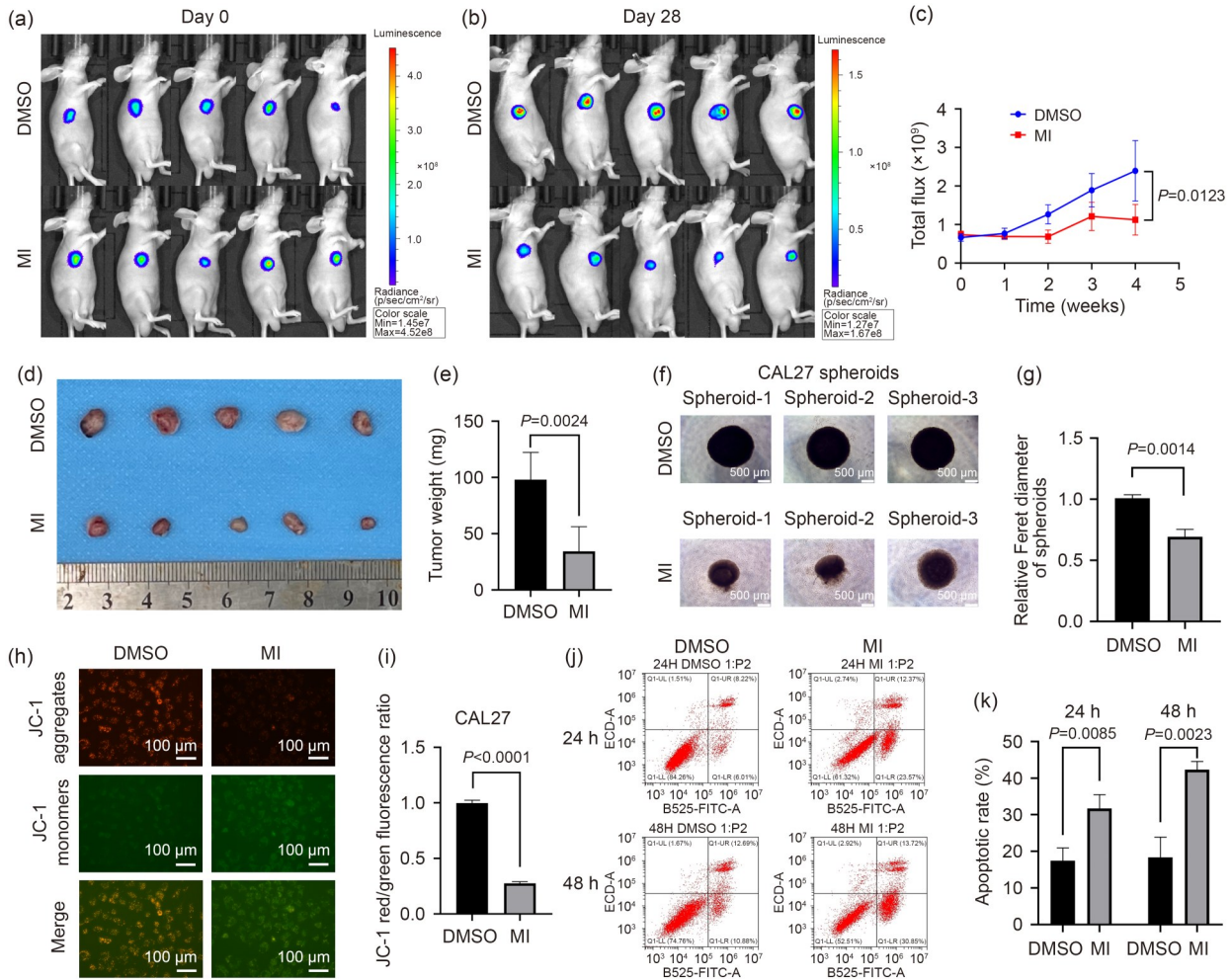


**Fig. 1** Momordicine I (MI)-induced inhibition of oral squamous cell carcinoma (OSCC) cell growth in vitro. (a, b) The cell counting kit-8 (CCK-8) assay showed that MI strongly inhibited the proliferation of the OSCC cell lines CAL27 (a) and HN4 (b) among the nine triterpenoids from bitter melon extract. (c, e) The Transwell assay showed that MI strongly inhibited the migration of OSCC cell lines CAL27 (c) and HN4 (e) among the nine triterpenoids from bitter melon extract. (d, f) The histograms show the quantification of the Transwell assay results for OSCC cell lines CAL27 (d) and HN4 (f) treated with nine triterpenoids. CAL27 and HN4 cells were treated with different triterpenoids from bitter melon extract at 25  $\mu\text{mol/L}$ . The data are represented as mean $\pm$ standard deviation (SD),  $n=3$ .  $\text{OD}_{570\text{ nm}}$ : optical density at 570 nm; DMSO: dimethyl sulfoxide; KJ: Kuguacin J; KN: Kuguacin N; KSC: Kuguaglycoside C; MII: momordicine II; MSK: momordicoside K; MSL: momordicoside L; MSX: momordicoside X; MV: momordicine V.

experimental and control groups of nude mice for one week and tested the liver and kidney function indicators. No significant differences were found between the groups (Figs. S2b–S2g). Additionally, in the spheroid culture experiments, the experimental group (MI) and the control group (DMSO) each contained three replicate spheroids. A significant inhibitory effect on the growth of spheroids derived from the OSCC cell line CAL27 was observed (Figs. 2f and 2g), suggesting that MI has the potential to inhibit the growth of OSCC cell-derived spheroids.

With evidence of the anticancer effects of MI on OSCC both in vitro and in vivo, we further investigated

its impact on the apoptosis of OSCC cells. A decline in the mitochondrial transmembrane potential is a key indicator of apoptosis. We used the 1,1',3,3'-tetraethyl-3a,9a-dihydro-1H,1'H-5,5'-bi(cyclopenta[cd]indol)-1,1'-dium iodide (JC-1) assay to measure the mitochondrial membrane potential. Treatment with 25  $\mu\text{mol/L}$  MI for 48 h significantly reduced the mitochondrial membrane potential in the OSCC cell line CAL27 compared to that of the control group (Figs. 2h and 2i). The effect of MI on OSCC apoptosis was analyzed using flow cytometry. The apoptosis rate increased in OSCC cells treated with 25  $\mu\text{mol/L}$  MI for either 24 or 48 h when compared to the control group (Figs. 2j and 2k).



**Fig. 2** Inhibition of oral squamous cell carcinomas (OSCC) cell growth in vivo and promotion of apoptosis by momordicine I (MI). (a, b) Representative images of luciferase signals of subcutaneous tumorigenesis in nude mice using IVIS<sup>®</sup> spectrum on Day 0 (a) and Day 28 (b). A total of  $5 \times 10^6$  cells were subcutaneously injected into each mouse. Day 0 was the starting day when MI (30 mg/kg) or the isovolumetric solvent dimethyl sulfoxide (DMSO) was injected into the nude mice, and Day 28 was the 28th day after CAL27 cells were injected subcutaneously. MI and DMSO represent the groups injected with MI (30 mg/kg) or the isovolumetric solvent DMSO, respectively. (c) Quantification of the photon flux resulting from subcutaneous tumorigenesis in nude mice. (d) Representative image of subcutaneous tumorigenesis in nude mice. (e) Histogram of tumor weight from subcutaneous tumorigenesis in nude mice. The weight of tumors resulting from subcutaneous tumorigenesis in nude mice treated with MI was significantly lower than that of tumors in mice of the control group treated with DMSO. (f) Effect of MI (100  $\mu$ mol/L) on the growth of spheroids of OSCC CAL27 cells after 48 h. MI significantly inhibited the growth of spheroids of OSCC CAL27 cells. (g) Quantification of Feret diameters of spheroids (f). (h) 1,1',3,3'-Tetraethyl-3a,9a-dihydro-1H,1'H-5,5'-bi(cyclopenta[cd]indol)-1,1'-diium iodide (JC-1) staining showed that mitochondrial membrane potential was downregulated in OSCC CAL27 cells treated with MI (25  $\mu$ mol/L) for 48 h. (i) Quantification of the JC-1 red/green fluorescence ratio in (h) shows a significant decrease in the mitochondrial membrane potential of OSCC CAL27 cells treated with MI. (j) Flow cytometry assay showed that apoptosis was induced in OSCC CAL27 cells treated with MI (25  $\mu$ mol/L) for 24 and 48 h. ECD-A: Phycoerythrin-Texas Red (ECD)-area signal; B525-FITC-A: bandpass 525 nm-fluorescein isothiocyanate-area signal. (k) Quantification of the apoptotic rate shown in (j) indicates a significant increase in apoptosis in OSCC CAL27 cells treated with MI (25  $\mu$ mol/L) for both 24 and 48 h. The Data are represented as mean  $\pm$  standard deviation (SD),  $n=5$  (c, e) or  $n=3$  (g, i, k).

### 3.3 Induction of ER stress in OSCC cells by MI

Our comparative analysis showed that MI was the most potent anticancer triterpenoid monomer compound against OSCC among the nine compounds isolated from

bitter melon extract. This finding piqued our interest in elucidating the detailed mechanism underlying the anticancer activity of MI in OSCC. As presented earlier, we confirmed the inhibitory effects of MI on OSCC,

both in vitro and in vivo. Based on these findings, we conducted RNA-seq analysis to investigate the signaling pathways affected by MI in OSCC cells. We treated the OSCC cell line CAL27 with 25  $\mu\text{mol/L}$  MI for 48 h to create the experimental group (MI group) and used the same cell line treated with an equivalent amount of the solvent DMSO as the control group (DMSO group). The results showed that there were 2298 differentially expressed genes between the MI and DMSO groups. Compared with the DMSO group, 940 genes were upregulated and 1358 genes were downregulated in the MI group (Figs. 3a and 3c). We used the Database for Annotation, Visualization and Integrated Discovery (DAVID) Bioinformatics Resources to perform Gene Ontology (GO) analysis of the 940 upregulated genes in the MI group. The results indicated that these genes were significantly enriched in pathways associated with ER stress (Fig. 3b). To confirm the RNA-seq findings, we measured the levels of the ER stress markers GRP78, protein kinase RNA-activated-like ER kinase (PERK), and PUMA in CAL27 cells treated with 25  $\mu\text{mol/L}$  MI at various time points (24, 48, and 72 h) using western blot and RT-qPCR techniques. The results showed that the ER stress markers GRP78, PERK, and PUMA were significantly upregulated in OSCC CAL27 cells after MI treatment at 48 and 72 h (Figs. 3d and 3e). Immunofluorescence imaging also revealed that OSCC CAL27 cells treated with MI exhibited higher expression of GRP78, a hallmark ER stress marker, than the control group (Fig. 3f). Subsequent gene set enrichment analysis (GSEA) of the ER stress-associated gene subset from the GO analysis confirmed the statistical significance of this enrichment (Figs. S3a–S3d). In addition to GO analysis, we performed Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway analysis on these 940 upregulated differentially expressed genes, which revealed significant enrichment (14 genes) in the ER stress-related pathway “Protein processing in endoplasmic reticulum.” A co-expression network was constructed using the GeneMANIA platform for these 14 genes. Network topology analysis identified *GRP78* (*HSPA5*) as a prominent hub gene based on its central position and high connectivity within the network (Figs. S3e and S3f). These data corroborated the RNA-seq and comprehensive analysis results, suggesting that MI induces ER stress in OSCC cells.

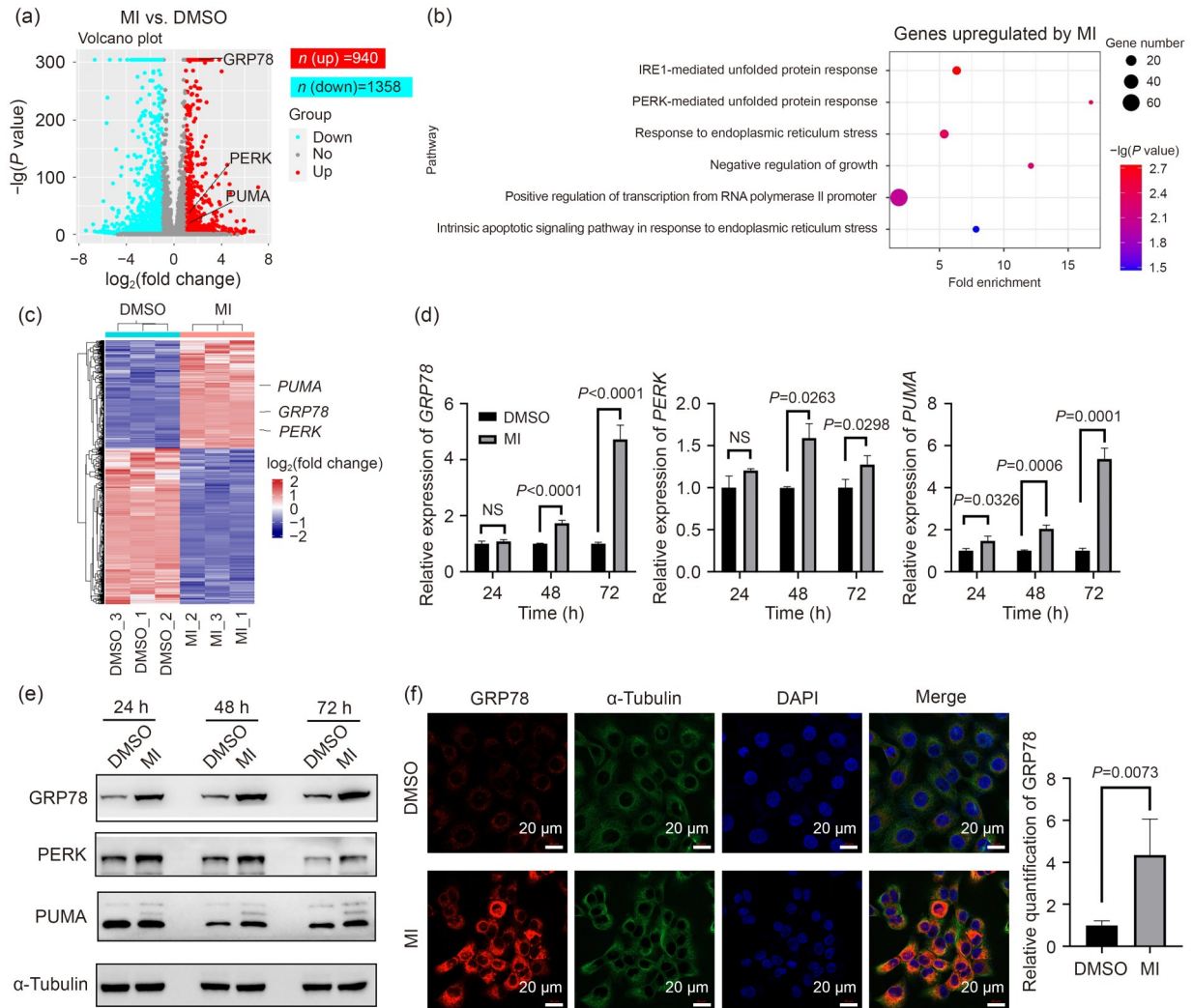
To experimentally validate the role of ER stress in MI-induced apoptosis, we pretreated OSCC cells with

the ER stress inhibitor TUDCA. Our results showed that TUDCA pretreatment significantly inhibited the MI-induced upregulation of the ER stress markers GRP78 and PERK (Fig. S4a). Furthermore, TUDCA pretreatment partially rescued MI-induced mitochondrial membrane potential depolarization (as detected by JC-1 staining) and reduced the apoptosis rate (as measured by flow cytometry), indicating that ER stress plays a crucial role in mediating MI-induced apoptosis in OSCC cells (Figs. S4b–S4h).

### 3.4 Ribosomal proteins identified as direct targets of MI

Functional in vitro and in vivo experiments showed that MI plays an anticancer role in OSCC. The RNA-seq results suggested that MI induced ER stress in OSCC cells. However, we sought to identify the direct protein targets of MI. CETSA is a robust method used in biochemistry and drug discovery to assess the binding of drugs to target proteins within living cells. This assay is based on the biophysical principle that ligand binding enhances the thermal stability of the target protein and was first described by Martinez Molina et al. (2013). We used the CETSA method to investigate the direct targets of MI. Recently, an increasing number of studies have used CETSA in conjunction with MS or WB to explore or confirm the direct target of a drug.

Numerous CETSA studies have indicated that approximately 50 °C is a suitable temperature for experimental conditions. We performed CETSA experiments at 40, 45, 50, 55, and 60 °C, using silver staining to assess protein thermal denaturation in CAL27 cells. Silver staining showed that the proteins began to denature significantly above 50 °C (Fig. S5). Therefore, we chose 50 °C as the CETSA experimental condition for MS analysis. CETSA samples from the MI and DMSO groups were prepared for MS analysis, and samples from each group were analyzed in triplicate. According to the CETSA theory, small-molecule compounds can enhance the thermal stability of proteins upon binding. Thus, MI stabilizes its direct binding proteins against thermal denaturation. Proteins with increased concentrations in the MI group compared to the control group were likely direct MI-binding proteins. We selected proteins with a >10% increase in concentration in the experimental group from each MS result. We then identified proteins consistently showing a >10% concentration increase across all three MS results. A total of 61 differentially expressed proteins were identified.

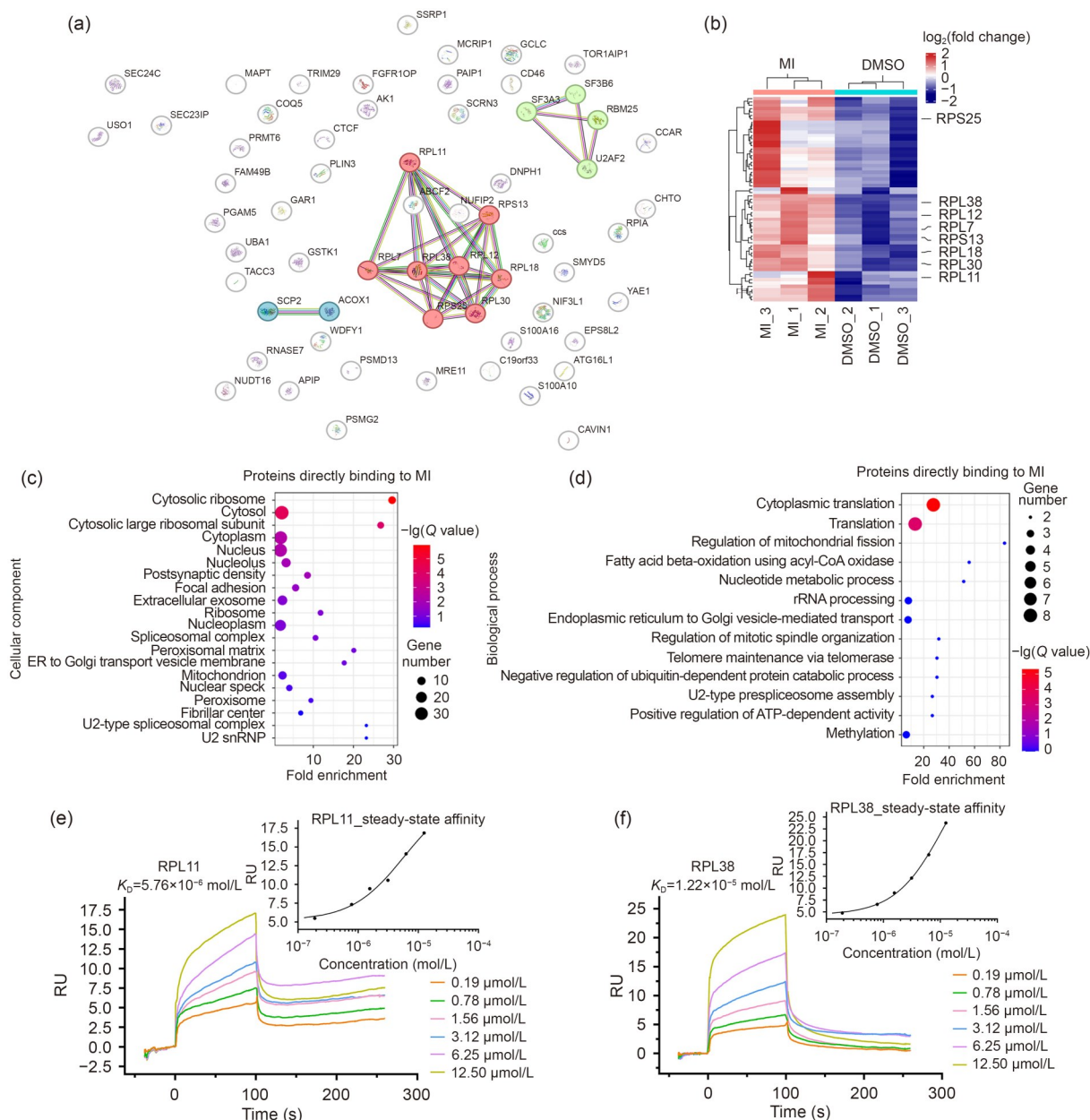


**Fig. 3** Momordicine I (MI)-induced endoplasmic reticulum (ER) stress in oral squamous cell carcinoma (OSCC) cells. (a) The differentially expressed genes are shown in a volcano plot. RNA-sequencing (RNA-seq) revealed changes in the transcriptome of OSCC CAL27 cells treated with MI. With a selection criterion of  $P < 0.05$  and fold change  $\geq 2$ , the results showed 2298 differentially expressed genes of OSCC CAL27 cells treated by MI (25 μmol/L), among which 940 were upregulated and 1358 were downregulated. (b) Gene Ontology (GO) analysis showed that the differentially expressed genes were enriched in pathways associated with ER stress. (c) Differentially expressed genes are shown in a heatmap. (d) Reverse transcription-quantitative polymerase chain reaction (RT-qPCR) showed that the ER stress markers glucose-regulated protein 78 (*GRP78*), protein kinase RNA-activated-like ER kinase (*PERK*), and p53-upregulated modulator of apoptosis (*PUMA*) were upregulated in CAL27 cells treated with MI (25 μmol/L). (e) Western blotting showed that the ER stress markers *GRP78*, *PERK*, and *PUMA* were upregulated in CAL27 cells treated with MI (25 μmol/L). (f) Immunofluorescence images showed that the ER stress marker, *GRP78*, was upregulated in CAL27 cells treated with MI (25 μmol/L). The right bar chart represents quantitative data of *GRP78* in immunofluorescence images. The data are represented as mean  $\pm$  standard deviation (SD),  $n = 3$ . IRE1: inositol-requiring enzyme 1; DAPI: 4',6-diamidino-2-phenylindole; DMSO: dimethyl sulfoxide; NS: not significant.

The density-based spatial clustering of applications with noise (DBSCAN) clustering analysis revealed that these 61 upregulated proteins were mainly ribosomal proteins, including RPL7, RPL11, RPL12, RPL18, RPL30, RPL38, RPS13, and RPS25 (Figs. 4a and 4b). GO analysis showed that the 61 upregulated proteins were

enriched in ribosomes and involved in cytoplasmic translation, the primary function of ribosomes (Figs. 4c and 4d).

We acquired commercially available ribosomal proteins (RPL11, RPL38, RPL12, and RPS13) to characterize their binding affinity with MI using SPR. The



**Fig. 4** Cellular thermal shift assay (CETSA) and surface plasmon resonance (SPR) results showing that momordicine I (MI) probably interacts directly with ribosomal proteins in oral squamous cell carcinoma (OSCC). (a) In the three CETSA experiments conducted for MI in OSCC CAL27 cells, 61 proteins exhibited over a 10% increase in expression. These proteins were subsequently analyzed using density-based spatial clustering of applications with noise (DBSCAN) clustering through the Search Tool for the Retrieval of Interacting Genes/Proteins (STRING) database. The outcomes predominantly indicated clustering around ribosomal proteins (RPL7, RPL11, RPL12, RPL18, RPL30, RPL38, RPS13, and RPS25). (b) Heatmap showing 61 upregulated proteins in the MI group compared with the control dimethyl sulfoxide (DMSO) group in the CETSA-mass spectrometry (MS) experiment. Ribosomal proteins (RPL7, RPL11, RPL12, RPL18, RPL30, RPL38, RPS13, and RPS25) are annotated on the right side of the heatmap. (c) Gene Ontology (GO) analysis revealed that the 61 upregulated proteins from the CETSA experiments conducted for MI accumulated mainly in the cellular component, “cytosolic ribosome.” (d) The 61 upregulated proteins from the CETSA experiments conducted for MI were found to participate mainly in cytoplasmic translation, the main function of ribosomes. (e) SPR results showing the interaction of RPL11 with MI. In the main plot, the *x*-axis represents time (s) and the *y*-axis represents response unit (RU). Curves correspond to different analyte concentrations, showing association and dissociation phases. The top-right inset shows steady-state affinity analysis. (f) SPR results showing the interaction of RPL38 with MI. ER: endoplasmic reticulum; snRNP: small nuclear ribonucleoprotein; CoA: coenzyme A; rRNA: ribosomal RNA; ATP: adenosine triphosphate.

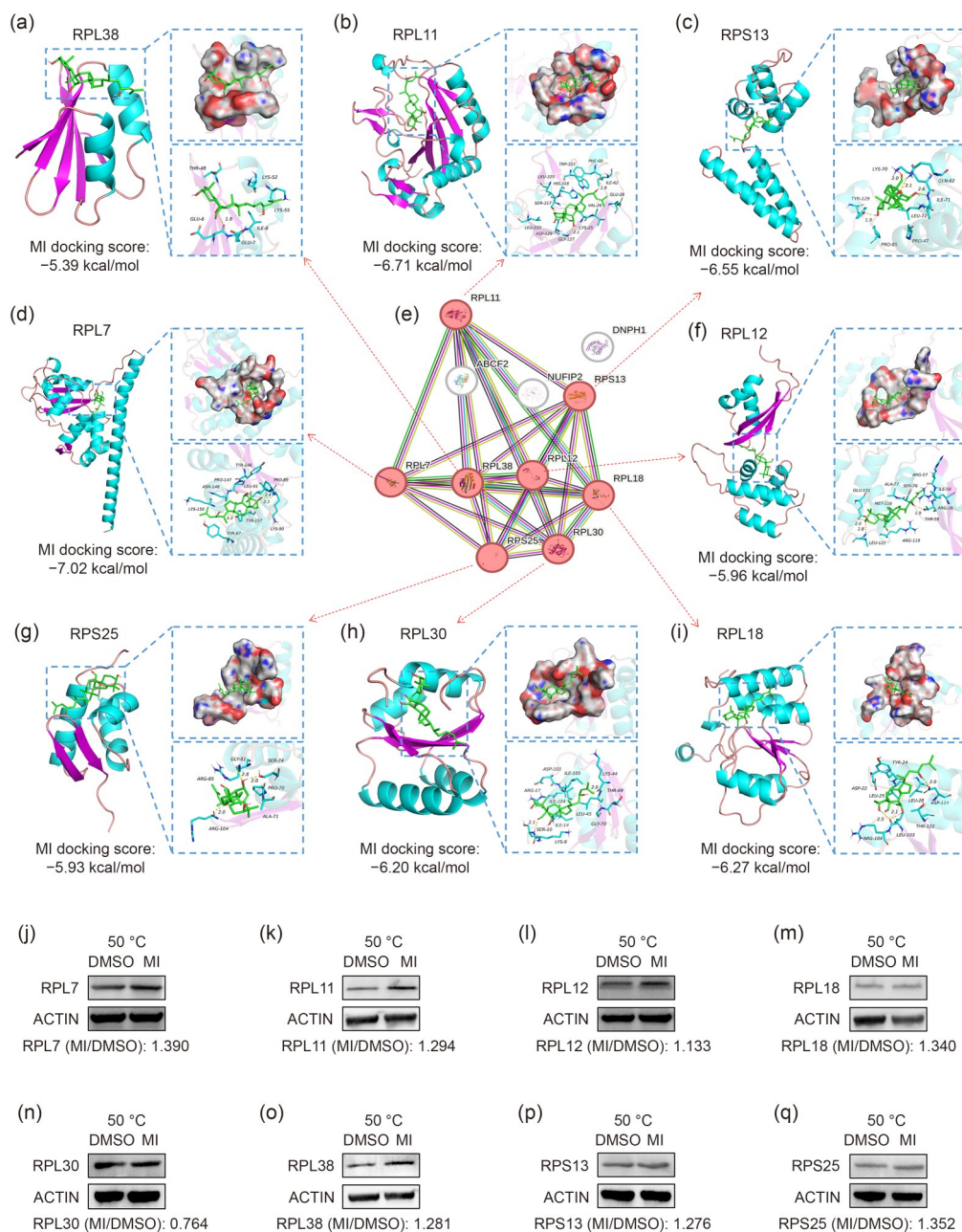
measured  $K_D$  values were  $5.76 \times 10^{-6}$  mol/L for RPL11 (Fig. 4e),  $1.22 \times 10^{-5}$  mol/L for RPL38 (Fig. 4f),  $4.25 \times 10^{-6}$  mol/L for RPL12 (Fig. S6a), and  $1.21 \times 10^{-5}$  mol/L for RPS13 (Fig. S6b), indicating moderate interaction strengths between these ribosomal proteins and MI.

The CETSA-MS results, as suggested by DBSCAN clustering analysis and GO analysis, indicated that the ribosomal proteins RPL7, RPL11, RPL12, RPL18, RPL30, RPL38, RPS13, and RPS25 were the key direct targets of MI in its anticancer role. The direct interaction between MI and these ribosomal proteins was further validated by molecular docking. The docking scores of RPL38 ( $-5.39$  kcal/mol;  $1 \text{ cal}=4.184 \text{ J}$ ), RPL7 ( $-7.02$  kcal/mol), RPL11 ( $-6.71$  kcal/mol), RPL12 ( $-5.96$  kcal/mol), RPL18 ( $-6.27$  kcal/mol), RPL30 ( $-6.20$  kcal/mol), RPS13 ( $-6.55$  kcal/mol), and RPS25 ( $-5.93$  kcal/mol) indicate their binding potential with MI (Figs. 5a–5i). These potential MI-targeting ribosomal proteins were validated by CETSA-WB. Most of them exhibited high thermal stability upon MI treatment, suggesting direct interactions with MI (Figs. 5j–5q).

To directly assess the causal role of ribosomal proteins in MI-induced ER stress and anticancer effects, we performed siRNA-mediated knockdown of *RPL7* and *RPL11* in CAL27 cells. The results showed that siRNAs *RPL7sil* and *RPL11sil* were most effective for *RPL7* and *RPL11* knockdown, respectively (Figs. S7a and S7b). Therefore, *RPL7sil* and *RPL11sil* were chosen for subsequent knockdown experiments. Crucially, WB analysis revealed that MI-induced upregulation of the ER stress markers GRP78 and PERK was significantly attenuated in *RPL7*- or *RPL11*-knockdown cells compared to the NC (negative control) group (Figs. S7c and S7f), indicating their causal role in MI-induced ER stress. While knockdown of either *RPL7* or *RPL11* alone inhibited cell proliferation, consistent with their essential ribosomal function, combinatorial treatment with MI resulted in a significantly enhanced anti-proliferative effect compared to MI treatment in control cells (negative control), as determined by two-way ANOVA (Figs. S7d, S7e, S7g, and S7h). The enhanced inhibition upon MI treatment in *RPL7*/*RPL11*-knockdown cells indicates a dual suppression of ribosomal function (knockdown followed by MI targeting), functionally identifying *RPL7* and *RPL11* as targets of MI.

## 4 Discussion

In this study, we compared the anticancer effects of nine commercially available triterpenoid monomer compounds from bitter melon extract on CAL27 and HN4 OSCC cells through CCK-8 proliferation assays, as well as Transwell migration and invasion assays. The results indicated that MI was the most effective anticancer monomer among the nine tested triterpenoid monomer compounds. This result is consistent with another recent study that highlighted the anticancer role of MI in head and neck squamous cell carcinoma (HNSCC) (Sur et al., 2021). Based on this result, we confirmed that MI from bitter melon extracts is a key monomer compound with anticancer effects. We confirmed the anticancer role of MI in vivo using subcutaneous tumor formation in nude mice. We also examined the influence of MI on the mitochondrial potential and apoptosis of OSCC cells, which had not been studied previously. Our results revealed that OSCC CAL27 cells treated with MI exhibited a loss of mitochondrial potential and an increased apoptosis rate. The ER stress inhibitor TUDCA attenuated MI-induced mitochondrial membrane potential depolarization and the apoptosis rate, showing that ER stress plays a crucial role in mediating MI-induced apoptosis in OSCC cells. These findings further validated the inhibitory effects of MI on OSCC cells. Moreover, in contrast to a previous study, we investigated the detailed role of MI in OSCC at the transcriptome level using RNA-seq analysis and identified the direct target of MI through CETSA. To investigate the impact of MI on OSCC at the whole-transcriptome level, we performed RNA-seq analysis on CAL27 cells treated with or without MI. GO analysis of the upregulated genes indicated that MI induced ER stress in the OSCC cells. This was confirmed by detecting ER stress markers, such as GRP78, PERK, and PUMA. The results of RNA-seq analysis revealed that MI induced ER stress in OSCC cells. Furthermore, we conducted CETSA-MS and identified the ribosomal proteins RPL7, RPL11, RPL12, RPL18, RPL30, RPL38, RPS13, and RPS25 as direct target proteins of MI. As the ribosome plays a crucial role in facilitating initial protein folding, the interaction between MI and ribosomal proteins likely disrupts the function of the ribosome during protein folding, thereby inducing an unfolded protein response (UPR) and ER stress. To directly assess the causal role of ribosomal



**Fig. 5** Molecular docking results of ribosomal proteins found to bind directly to momordicine I (MI) in the oral squamous cell carcinoma (OSCC) cellular thermal shift assay (CETSA) experiments validated by CETSA-western blotting (WB). (a–i) Molecular docking results for MIs with various ribosomal proteins, showing their predicted interactions and docking scores. The three-dimensional (3D) protein structures are shown alongside magnified views of the binding sites, with key interacting residues and the MI molecule highlighted in green. (e) The protein–protein interaction network of ribosomal proteins generated from the Search Tool for the Retrieval of Interacting Genes/Proteins (STRING) database, originally part of Fig. 4a. This network shows close interactions between these potential MI-targeting ribosomal proteins, suggesting their involvement in the cellular effects of MI in OSCC CAL27 cells. (j–q) CETSA-WB results of potential MI-targeting ribosomal proteins in CAL27 cells at 50 °C showed that the relative level of RPL7 (normalized to the internal control actin) in the MI group was upregulated 1.390-fold compared to the DMSO control group (j). The fold changes of other potential MI-targeting ribosomal proteins in the MI group compared to the DMSO control group were as follows: 1.294 (k, RPL11), 1.133 (l, RPL12), 1.340 (m, RPL18), 0.764 (n, RPL30), 1.281 (o, RPL38), 1.276 (p, RPS13), and 1.352 (q, RPS25). Most of these potential MI-targeting ribosomal proteins exhibited high thermal stability at 50 °C upon MI treatment, suggesting direct interactions with MI. 1 cal=4.184 J.

proteins in MI-induced ER stress and anticancer effects, we knocked down *RPL7* and *RPL11* in CAL27 cells using siRNA. MI-induced upregulation of the ER stress markers GRP78 and PERK was significantly attenuated in *RPL7*- or *RPL11*-knockdown cells, showing their causal roles in MI-induced ER stress. Knocking down either *RPL7* or *RPL11* alone inhibited cell proliferation, and combinatorial treatment with MI enhanced the anti-proliferative effect. The enhanced inhibition of *RPL7/RPL11*-knockdown cells upon MI treatment indicated dual suppression of ribosomal function, identifying *RPL7* and *RPL11* as MI targets. This apparent paradox—enhanced cytotoxicity yet blunted ER stress upon target knockdown—could be mechanistically explained by the compromised ribosomal function and consequent reduction in global protein synthesis caused by *RPL7* or *RPL11* depletion. While MI still targets ribosomal components in knockdown cells, the diminished protein synthesis capacity lowers the burden of misfolded proteins below the threshold required for robust ER stress activation. Altogether, MI induced ER stress and inhibited OSCC by targeting ribosomal proteins, demonstrating its potential therapeutic roles against OSCC.

Unlike other studies on the role of MI, we conducted a CETSA experiment and identified the direct target proteins of MI. The discovery of these direct target proteins represents the most significant innovation of our study. Specifically, we discovered that certain ribosomal proteins interacted with MI. Our study is the first to perform transcriptome RNA-seq analysis of OSCC cells treated with MI. The RNA-seq results indicated that MI induced ER stress, a finding not previously reported.

MI is a promising natural compound with anticancer potential. Recently, its role in OSCC and HNC has drawn significant attention from researchers. In a previous study, the molecular mechanism underlying the anticancer activity of MI was elucidated for the first time. MI inhibited c-Met signaling, revealing the inhibitory effect of bitter melon extract on HNC and its influence on c-Met signaling (Sur et al., 2021). Furthermore, MI has been reported to inhibit HNC growth by altering the immunosuppressive effects of tumor-infiltrating macrophages and B lymphocytes (Sur et al., 2024). That study underscored the anticancer effects of MI through immune regulation, an aspect that was not considered in our study. Investigating the anticancer

effects of MI from an immunoregulatory perspective would be valuable for future research.

In our study, we explored the molecular mechanism of MI in OSCC inhibition through transcriptome RNA-seq analysis and CETSA-MS. We discovered that MI targets ribosomal proteins (*RPL7*, *RPL11*, *RPL12*, *RPL18*, *RPL30*, *RPL38*, *RPS13*, and *RPS25*), thereby inducing ER stress in OSCC cells. These findings highlight MI's unique mechanistic pathways in OSCC, distinct from its previously reported roles in HNC. Specifically, while Sur et al. (2021) validated MI's anticancer effects in HNC through mechanistic studies of bitter melon extract, our work identified MI's direct ribosomal protein targeting as a novel mechanism in OSCC. Although our multi-methodological approach provides robust evidence, MI may exhibit additional anticancer mechanisms in OSCC that warrant further investigation.

Lee et al. (2022) used microwave-/ultrasound-assisted extraction (MAE/UAE) to identify MI as a primary cucurbitane-type triterpenoid in bitter melon and showed its antiproliferative effects on the OSCC cell line SAS. While this work pioneered the direct extraction of cucurbitane-type triterpenoids from natural sources, it did not explore the molecular mechanisms underlying the anti-OSCC activity of MI. Our approach differed in that we used commercially sourced triterpenoids rather than performing direct extraction. This strategic choice allowed us to systematically investigate MI's unique mechanism of action in OSCC inhibition, particularly through ribosomal protein targeting and ER stress induction.

We discovered various molecular mechanisms underlying the role of MI in OSCC. Beyond its anticancer effects, Li et al. (2023) demonstrated that MI could suppress phospholipase A2 group VI gene (*PLA2G6*) and diacylglycerol kinase- $\zeta$  (*DGK-\zeta*), thereby alleviating isoproterenol-induced cardiomyocyte hypertrophy, which further supports the concept of MI's multifaceted mechanisms of action. Additionally, Chen PY et al. (2018) revealed that MI inhibits high-glucose-induced fibroblast activation by activating nuclear factor erythroid 2-related factor 2 (*Nrf2*). These findings collectively highlight MI as a multifaceted compound with cross-disease mechanistic versatility.

In our study, we discovered that MI induces ER stress, a phenomenon not previously reported in any other MI studies. Numerous studies have highlighted

the role of ER stress in OSCC inhibition. Additionally, She et al. (2022) reported that 4-carbomethoxyl-10-epigyrosanoldie E, derived from the cultured soft coral *Simularia sandensis*, induced apoptosis and autophagy through reactive oxygen species (ROS) and mitochondrial dysfunction as well as ER stress in OSCC. Hsu et al. (2022) showed that Z-ligustilide induces c-Myc-dependent apoptosis by activating ER stress signaling in OSCC, which also enhances the radiosensitivity of OSCC cells. Cantharidin induces ER stress and inhibits OSCC proliferation (Xi et al., 2015).

In our study, we identified the ribosomal proteins RPL7, RPL11, RPL12, RPL18, RPL30, RPL38, RPS13, and RPS25 as direct targets of MI for the first time. Ribosomes not only are the primary sites of translation but also function as crucial organelles in protein folding (Kaiser et al., 2011; Holtkamp et al., 2015; Liu et al., 2019; Waudby et al., 2019; Ahn et al., 2022; Wales et al., 2024). For instance, RPL12 can affect the folding of the cystic fibrosis transmembrane conductance regulator (CFTR) protein (Oliver et al., 2019). RPL26 UFMylation enables the degradation of stalled nascent chains and promotes the targeting of translocation-arrested ER proteins to lysosomes for degradation, thereby preventing misfolded protein accumulation and restoring ER proteostasis (Wang et al., 2020). Protein biosynthesis is closely linked to co-translational folding, which is initiated during synthesis. This process is regulated by both the ribosomal exit tunnel architecture and intramolecular polypeptide interactions. As nascent polypeptides emerge from the tunnel, they undergo hierarchical structural transitions to attain native conformations (Wruck et al., 2017). Cellular functionality relies on proteome integrity, which necessitates precise regulation of protein synthesis and folding fidelity. Ribosomes act as central hubs for messenger RNA (mRNA) quality control and nascent chain surveillance, ensuring error-free translation and proper protein maturation (Alagar Boopathy et al., 2023).

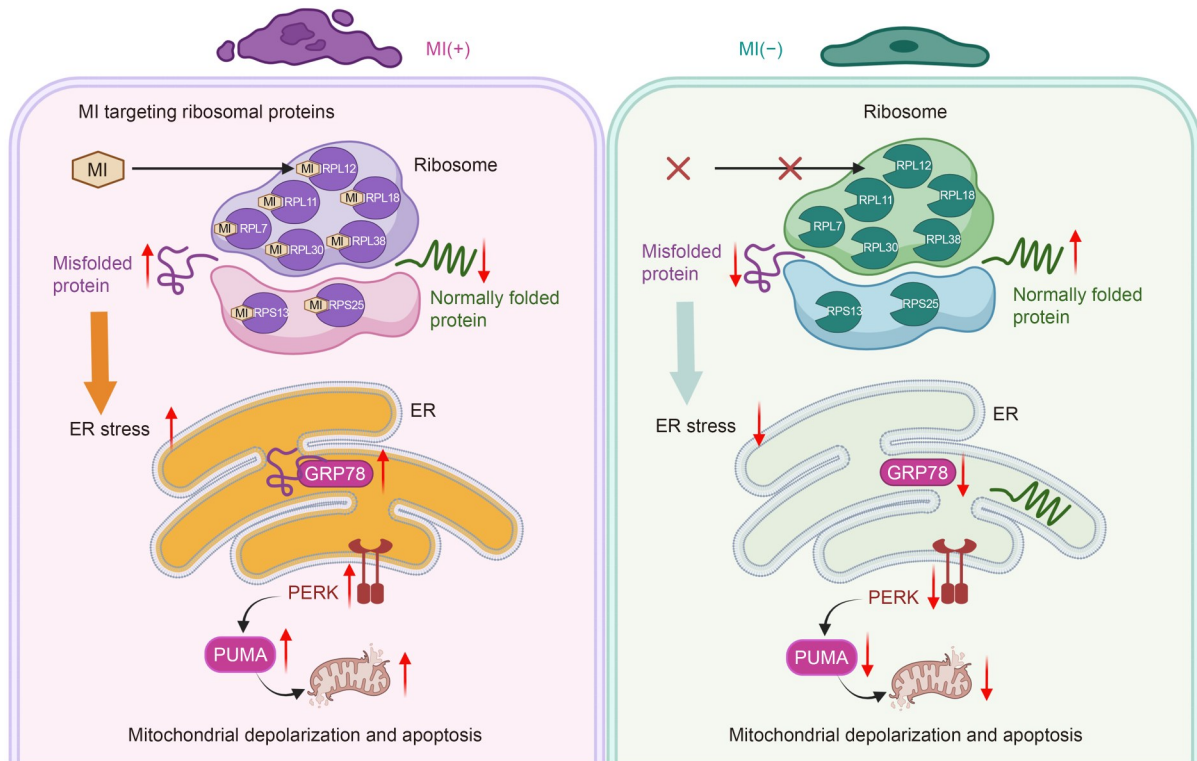
Ribosomal proteins can influence the protein folding capacity of the ER, thereby affecting the ER stress response. Dysfunctional ribosomal proteins may lead to misfolded protein accumulation in the ER, triggering ER stress. For instance, the anticancer metallodrug BOLD-100/KP1339 directly interacts with the ribosomal proteins RPL10 and RPL24, leading to ER stress and proliferation inhibition (Neuditschko et al., 2021). The ER stress sensor inositol-requiring enzyme 1 $\alpha$  (IRE1 $\alpha$ ) interacts with specific ribosomal proteins (RPL9,

RPL10A, RPS14, and RPS24), indicating a close association between ribosomes and ER stress (Acosta-Alvear et al., 2018). We propose that MI, by targeting ribosomal proteins (RPL7, RPL11, RPL12, RPL18, RPL30, RPL38, RPS13, and RPS25), disrupts ribosomal function. This interference likely impairs the protein folding capacity of ribosomes, resulting in misfolded protein accumulation—a primary driver of ER stress. Persistent ER stress ultimately activates proapoptotic pathways, thereby exerting inhibitory effects on OSCC.

Ribosomal proteins have been shown to play critical roles in cancer development and progression. RPL11 directly interacts with murine double minute 2 (MDM2), inhibiting its ubiquitin ligase activity and blocking MDM2-mediated p53 ubiquitination and degradation (Zhang et al., 2003; Sasaki et al., 2011; Ichikawa and Saitoh, 2022). Impaired ribosome biogenesis activates the p53-dependent nucleolar stress response, leading to cell cycle arrest—a conserved surveillance mechanism implicated in cancer and ribosomopathies (Fumagalli et al., 2012). RPL38 promotes gastric cancer cell proliferation and invasion while suppressing apoptosis (Ji and Zhang, 2020). The RPS13 drives gastric cancer progression through p27 downregulation and confers multidrug resistance by inhibiting drug-induced apoptosis (Shi et al., 2004; Guo et al., 2011). RPS25 interacts with MDM2 to inhibit its E3 ligase activity, thereby stabilizing p53 and enhancing its tumor-suppressive function (Zhang et al., 2013).

In this study, we found that MI induces ER stress and plays a role in inhibiting OSCC. We further identified eight ribosomal proteins that directly interact with MI. Ribosomes are organelles that play crucial roles in cells. They are responsible for protein translation and play a significant role in the initial folding of proteins. MI targets multiple ribosomal proteins, which may interfere with the normal functioning of ribosomes. This could be the mechanism by which MI induces ER stress and inhibits OSCC (Fig. 6). Based on these findings, we hypothesize that MI affects the normal function of ribosomes during protein folding, thereby causing ER stress. However, we did not further explore the individual roles of the eight ribosomal proteins directly interacting with MI in OSCC.

Drugs often act on multiple targets to achieve their therapeutic effects, and MI is no exception. As an active ingredient of the natural compound found in bitter melon, MI is attracting increasing attention from



**Fig. 6** Momordicine I (MI)-induced endoplasmic reticulum (ER) stress and oral squamous cell carcinoma (OSCC) inhibition by targeting ribosomal proteins. MI targets and interferes with multiple ribosomal proteins (RPL7, RPL11, RPL12, RPL18, RPL30, RPL38, RPS13, and RPS25) in the ribosome, leading to the production of misfolded proteins that accumulate and cause ER stress and OSCC inhibition. GRP78: glucose-regulated protein 78; PERK: protein kinase RNA-activated-like ER kinase; PUMA: p53-upregulated modulator of apoptosis. This figure was created with BioRender.com.

researchers worldwide, and its various roles in OSCC and other fields are expected to be further elucidated. Regarding the anticancer effects of MI, further studies are needed to investigate its influence on sensitivity to radiotherapy and chemotherapy, as well as its role in tumor immunity.

## 5 Conclusions

MI induced ER stress and inhibited OSCC by targeting ribosomal proteins, demonstrating its potential therapeutic roles against OSCC. The identification of ribosomal proteins as direct molecular targets of MI represents the most significant innovation of this study. While we characterized the functional contributions of RPL7 and RPL11 to MI-induced ER stress and OSCC suppression, future investigations will focus on a more systematic exploration of all identified ribosomal protein targets.

## Data availability statement

All datasets analyzed in this study are available from the authors upon request.

## Acknowledgments

This work was supported by the National Natural Science Foundation of China (No. 82203404), the Zhejiang Provincial Pioneer Goose+X Program (No. 2025C02101), and the Zhejiang Provincial Natural Science Foundation (No. LQ21H140002), China.

We would like to express our sincere gratitude to Prof. Honghe ZHANG and Dr. Yinli ZHANG for their assistance during the writing process of this article.

## Author contributions

Jianlu KONG contributed to the experiment operation, data analysis, manuscript drafting, and funding acquisition. Ziyu ZHU contributed to the experiment operation, literature review, and data collection. Yijie HU contributed to the experiment operation and literature review. Siyi ZHOU contributed to the experiment operation and data collection. Tianyi GU contributed to the experiment operation. Xiao SHEN contributed to the literature review. Huiming WANG and Mengfei YU contributed

to the supervision and editing. Yu LIU contributed to the supervision and funding acquisition. All authors have read and approved the final manuscript, and therefore, have full access to all the data in the study and take responsibility for the integrity and security of the data.

### Compliance with ethics guidelines

Jianlu KONG, Ziyu ZHU, Yijie HU, Siyi ZHOU, Tianyi GU, Xiao SHEN, Huiming WANG, Mengfei YU, and Yu LIU declare that they have no conflicts of interest.

The animal experiments were performed in accordance with the protocol approved by the Animal Care and Use Committee of Zhejiang University (ETHICS CODE: ZJU20210268). All institutional and national guidelines for the care and use of laboratory animals were followed.

### References

- Acosta-Alvear D, Karagöz GE, Fröhlich F, et al., 2018. The unfolded protein response and endoplasmic reticulum protein targeting machineries converge on the stress sensor IRE1. *eLife*, 7:e43036.  
<https://doi.org/10.7554/eLife.43036>
- Ahn M, Włodarski T, Mitropoulou A, et al., 2022. Modulating co-translational protein folding by rational design and ribosome engineering. *Nat Commun*, 13:4243.  
<https://doi.org/10.1038/s41467-022-31906-z>
- Alagar Boopathy LR, Beadle E, Garcia-Bueno Rico A, et al., 2023. Proteostasis regulation through ribosome quality control and no-go-decay. *WIREs RNA*, 14(6):e1809.  
<https://doi.org/10.1002/wrna.1809>
- Bai LY, Chiu CF, Chu PC, et al., 2016. A triterpenoid from wild bitter melon inhibits breast cancer cells. *Sci Rep*, 6:22419.  
<https://doi.org/10.1038/srep22419>
- Blot WJ, McLaughlin JK, Winn DM, et al., 1988. Smoking and drinking in relation to oral and pharyngeal cancer. *Cancer Res*, 48(11):3282-3287.
- Bray F, Ferlay J, Soerjomataram I, et al., 2018. Global cancer statistics 2018: GLOBOCAN estimates of incidence and mortality worldwide for 36 cancers in 185 countries. *CA Cancer J Clin*, 68(6):394-424.  
<https://doi.org/10.3322/caac.21492>
- Chen F, Huang GL, Huang HL, 2021. Preparation, analysis, antioxidant activities *in vivo* of phosphorylated polysaccharide from *Momordica charantia*. *Carbohydr Polym*, 252:117179.  
<https://doi.org/10.1016/j.carbpol.2020.117179>
- Chen PY, Shih NL, Hao WR, et al., 2018. Inhibitory effects of momordicine I on high-glucose-induced cell proliferation and collagen synthesis in rat cardiac fibroblasts. *Oxid Med Cell Longev*, 2018:3939714.  
<https://doi.org/10.1155/2018/3939714>
- Chen SW, Zhang Q, Guo ZM, et al., 2018. Trends in clinical features and survival of oral cavity cancer: fifty years of experience with 3362 consecutive cases from a single institution. *Cancer Manag Res*, 10:4523-4535.  
<https://doi.org/10.2147/cmar.S171251>
- Chen YJ, Chang JTC, Liao CT, et al., 2008. Head and neck cancer in the betel quid chewing area: recent advances in molecular carcinogenesis. *Cancer Sci*, 99(8):1507-1514.  
<https://doi.org/10.1111/j.1349-7006.2008.00863.x>
- Dai YW, Wu ZQ, Chen YT, et al., 2023. OCT4's role and mechanism underlying oral squamous cell carcinoma. *J Zhejiang Univ-Sci B (Biomed & Biotechnol)*, 24(9):796-806.  
<https://doi.org/10.1631/jzus.B2200602>
- Feller LL, Khammissa RR, Kramer BB, et al., 2013. Oral squamous cell carcinoma in relation to field precancerisation: pathobiology. *Cancer Cell Int*, 13:31.  
<https://doi.org/10.1186/1475-2867-13-31>
- Fumagalli S, Ivanenkov VV, Teng T, et al., 2012. Supra-induction of p53 by disruption of 40S and 60S ribosome biogenesis leads to the activation of a novel G2/M checkpoint. *Genes Dev*, 26(10):1028-1040.  
<https://doi.org/10.1101/gad.189951.112>
- Gao PF, Zhang WT, Lin YJ, et al., 2023. Luteolin suppresses oral carcinoma 3 (OC3) cell growth and migration via modulating polo-like kinase 1 (PLK1) expression and cellular energy metabolism. *J Zhejiang Univ-Sci B (Biomed & Biotechnol)*, 24(12):1151-1158.  
<https://doi.org/10.1631/jzus.B2300200>
- Guo XY, Shi YQ, Gou YW, et al., 2011. Human ribosomal protein S13 promotes gastric cancer growth through down-regulating p27<sup>Kip1</sup>. *J Cell Mol Med*, 15(2):296-306.  
<https://doi.org/10.1111/j.1582-4934.2009.00969.x>
- Hennessey PT, Westra WH, Califano JA, 2009. Human papillomavirus and head and neck squamous cell carcinoma: recent evidence and clinical implications. *J Dent Res*, 88(4):300-306.  
<https://doi.org/10.1177/0022034509333371>
- Holtkamp W, Kokic G, Jäger M, et al., 2015. Cotranslational protein folding on the ribosome monitored in real time. *Science*, 350(6264):1104-1107.  
<https://doi.org/10.1126/science.aad0344>
- Hsu RJ, Peng KY, Hsu WL, et al., 2022. Z-ligustilide induces c-Myc-dependent apoptosis via activation of ER-stress signaling in hypoxic oral cancer cells. *Front Oncol*, 12:824043.  
<https://doi.org/10.3389/fonc.2022.824043>
- Ichikawa MK, Saitoh M, 2022. Direct and indirect roles of GRWD1 in the inactivation of p53 in cancer. *J Biochem*, 171(6):601-603.  
<https://doi.org/10.1093/jb/mvac010>
- Ji HS, Zhang XY, 2020. RPL38 regulates the proliferation and apoptosis of gastric cancer via miR-374b-5p/VEGF signaling pathway. *Oncotargets Ther*, 13:6131-6141.  
<https://doi.org/10.2147/ott.S252045>
- Kaiser CM, Goldman DH, Chodera JD, et al., 2011. The ribosome modulates nascent protein folding. *Science*, 334(6063):1723-1727.  
<https://doi.org/10.1126/science.1209740>
- Kao Y, Chou CH, Huang LC, et al., 2023. Momordicine I suppresses glioma growth by promoting apoptosis and impairing mitochondrial oxidative phosphorylation. *EXCLI J*, 22:482-498.  
<https://doi.org/10.17179/excli2023-6129>
- Lee YT, Pao LH, Chen CY, et al., 2022. Microwave- and

- ultrasound-assisted extraction of cucurbitane-type triterpenoids from *Momordica charantia* L. cultivars and their antiproliferative effect on SAS human oral cancer cells. *Foods*, 11(5):729.  
<https://doi.org/10.3390/foods11050729>
- Li HM, Qiu YM, Xie MD, et al., 2023. Momordicine I alleviates isoproterenol-induced cardiomyocyte hypertrophy through suppression of PLA2G6 and DGK- $\zeta$ . *Korean J Physiol Pharmacol*, 27(1):75-84.  
<https://doi.org/10.4196/kjpp.2023.27.1.75>
- Liu KX, Maciuba K, Kaiser CM, 2019. The ribosome cooperates with a chaperone to guide multi-domain protein folding. *Mol Cell*, 74(2):310-319.e7.  
<https://doi.org/10.1016/j.molcel.2019.01.043>
- Martinez Molina D, Jafari R, Ignatushchenko M, et al., 2013. Monitoring drug target engagement in cells and tissues using the cellular thermal shift assay. *Science*, 341(6141):84-87.  
<https://doi.org/10.1126/science.1233606>
- Neuditschko B, Legin AA, Baier D, et al., 2021. Interaction with ribosomal proteins accompanies stress induction of the anticancer metalloid BOLD-100/KP1339 in the endoplasmic reticulum. *Angew Chem Int Ed*, 60(10):5063-5068.  
<https://doi.org/10.1002/anie.202015962>
- Oliver KE, Rauscher R, Mijnders M, et al., 2019. Slowing ribosome velocity restores folding and function of mutant CFTR. *J Clin Invest*, 129(12):5236-5253.  
<https://doi.org/10.1172/jci124282>
- Pitchakarn P, Suzuki S, Ogawa K, et al., 2012. Kuguacin J, a triterpenoid from *Momordica charantia* leaf, modulates the progression of androgen-independent human prostate cancer cell line, PC3. *Food Chem Toxicol*, 50(3-4):840-847.  
<https://doi.org/10.1016/j.fct.2012.01.009>
- Pitchakarn P, Umsumarn S, Mapoung S, et al., 2017. Kuguacin J isolated from bitter melon leaves modulates paclitaxel sensitivity in drug-resistant human ovarian cancer cells. *J Nat Med*, 71(4):693-702.  
<https://doi.org/10.1007/s11418-017-1099-0>
- Sasaki M, Kawahara K, Nishio M, et al., 2011. Regulation of the MDM2-P53 pathway and tumor growth by PICT1 via nucleolar RPL11. *Nat Med*, 17(8):944-951.  
<https://doi.org/10.1038/nm.2392>
- She YY, Lin JJ, Su JH, et al., 2022. 4-Carbomethoxy-10-epigyrostanoldie E extracted from cultured soft coral *Sinularia sandensis* induced apoptosis and autophagy via ROS and mitochondrial dysfunction and ER stress in oral cancer cells. *Oxid Med Cell Longev*, 2022:3017807.  
<https://doi.org/10.1155/2022/3017807>
- Shi YQ, Zhai HH, Wang X, et al., 2004. Ribosomal proteins S13 and L23 promote multidrug resistance in gastric cancer cells by suppressing drug-induced apoptosis. *Exp Cell Res*, 296(2):337-346.  
<https://doi.org/10.1016/j.yexcr.2004.02.009>
- Sur S, Ray RB, 2021. Diverse roles of bitter melon (*Momordica charantia*) in prevention of oral cancer. *J Cancer Metastasis Treat*, 7:12.  
<https://doi.org/10.20517/2394-4722.2020.126>
- Sur S, Steele R, Isbell TS, et al., 2021. Momordicine-I, a bitter melon bioactive metabolite, displays anti-tumor activity in head and neck cancer involving c-Met and downstream signaling. *Cancers*, 13(6):1432.  
<https://doi.org/10.3390/cancers13061432>
- Sur S, Bhartiya P, Steele R, et al., 2024. Momordicine-I suppresses head and neck cancer growth by reprogramming immunosuppressive effect of the tumor-infiltrating macrophages and B lymphocytes. *Mol Cancer Ther*, 23(5):672-682.  
<https://doi.org/10.1158/1535-7163.Mct-23-0718>
- Wales TE, Pajak A, Roeselová A, et al., 2024. Resolving chaperone-assisted protein folding on the ribosome at the peptide level. *Nat Struct Mol Biol*, 31(12):1888-1897.  
<https://doi.org/10.1038/s41594-024-01355-x>
- Wang H, Khor TO, Shu LM, et al., 2012. Plants vs. cancer: a review on natural phytochemicals in preventing and treating cancers and their druggability. *Anticancer Agents Med Chem*, 12(10):1281-1305.  
<https://doi.org/10.2174/187152012803833026>
- Wang LH, Xu Y, Rogers H, et al., 2020. UFMylation of RPL26 links translocation-associated quality control to endoplasmic reticulum protein homeostasis. *Cell Res*, 30:5-20.  
<https://doi.org/10.1038/s41422-019-0236-6>
- Waudby CA, Dobson CM, Christodoulou J, 2019. Nature and regulation of protein folding on the ribosome. *Trends Biochem Sci*, 44(11):914-926.  
<https://doi.org/10.1016/j.tibs.2019.06.008>
- Wruck F, Katranidis A, Nierhaus KH, et al., 2017. Translation and folding of single proteins in real time. *Proc Natl Acad Sci USA*, 114(22):E4399-E4407.  
<https://doi.org/10.1073/pnas.1617873114>
- Xi Y, Garshott DM, Brownell AL, et al., 2015. Cantharidins induce ER stress and a terminal unfolded protein response in OSCC. *J Dent Res*, 94(2):320-329.  
<https://doi.org/10.1177/0022034514559376>
- Yang M, Luo QQ, Chen X, et al., 2021. Bitter melon derived extracellular vesicles enhance the therapeutic effects and reduce the drug resistance of 5-fluorouracil on oral squamous cell carcinoma. *J Nanobiotechnol*, 19:259.  
<https://doi.org/10.1186/s12951-021-00995-1>
- Yue JY, Sun YY, Xu J, et al., 2019. Cucurbitane triterpenoids from the fruit of *Momordica charantia* L. and their anti-hepatic fibrosis and anti-hepatoma activities. *Phytochemistry*, 157:21-27.  
<https://doi.org/10.1016/j.phytochem.2018.10.009>
- Zhang X, Wang W, Wang H, et al., 2013. Identification of ribosomal protein S25 (RPS25)-MDM2-p53 regulatory feedback loop. *Oncogene*, 32(22):2782-2791.  
<https://doi.org/10.1038/onc.2012.289>
- Zhang YP, Wolf GW, Bhat K, et al., 2003. Ribosomal protein L11 negatively regulates oncoprotein MDM2 and mediates a p53-dependent ribosomal-stress checkpoint pathway. *Mol Cell Biol*, 23(23):8902-8912.  
<https://doi.org/10.1128/mcb.23.23.8902-8912.2003>

#### Supplementary information

Tables S1-S3; Figs. S1-S7